

Mountain Shadows Middle School

October 2019 Breakfast Menu

Monday

- Cinnamon Bun or Honey Bun
- Assorted Cereals



Tuesday

- Mini Breakfast Bites or Pan Dulce
- Assorted Cereals

Wednesday

- Double Chocolate Muffin
- Assorted Cereals

Thursday

- Mini Pancakes or Mini Waffles
- Assorted Cereals

Friday

- Dunkin Stix
- Assorted Cereals

Lunch Application Reminders:

- One must be filled out annually.
 - Everyone pays until letter of approval is received.
 - One lunch application per household.
 - Lunch is \$2.25
 - Breakfast is free to everyone.
- Questions: (951) 928-2758

Make payments conveniently online at:

www.k12paymentcenter.com

Please complete a lunch application online at:

www.lunchapplication.com

Or pick one up at your students school.

Choice of Milk: 1% Milk, Nonfat Chocolate Milk and Strawberry Milk offered with each breakfast.

Fresh fruit and juice offered with each breakfast.

All grains served are Whole Grain Rich

MENU SUBJECT TO CHANGE WITHOUT NOTICE

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