



# Breakfast Menu

## October, 2018

### More info...

Students must select a minimum of 3 food items to make a meal.

### Milk Choice:

1% Fat free or Fat Free Chocolate

### More info...

A parent/guardian of any student with a food allergy should feel free to contact the Food Service Director at: (708)-484-5773

**01**  
 Strawberry NG Bar  
 String Cheese  
 Fruit Juice  
 Fresh Apple

**02**  
 Cheerios  
 Strawberry Banana Yogurt  
 Apple Juice  
 Fresh Banana

**03**  
 Cinnamon Raisin Bagel  
 Cream Cheese  
 Orange Juice  
 Fresh pear

**04**  
 Blueberry Muffin  
 Strawberry Banana Yogurt  
 Fruit Juice  
 Fresh Banana

**05**  
 Cinnamon Chex Cereal  
 String Cheese  
 Apple Juice  
 Fresh Orange

**08**  
 No School

**09**  
 No School

**10**  
 Half Cheese Sandwich  
 Orange Juice  
 Fresh Pear

**11**  
 Strawberry Banana Yogurt  
 Graham Cracker  
 Fruit Juice  
 Fresh Banana

**12**  
 Banana Muffin  
 String Cheese  
 Apple Juice  
 Fresh Orange

**15**  
 Frosted Mini Wheat  
 String Cheese  
 Fruit Juice  
 Fresh Apple

**16**  
 Mini Strawberry Cheese Bagel  
 Apple Juice  
 Fresh Banana

**17**  
 Half Sun-Butter Sandwich  
 Orange Juice  
 Fresh Pear

**18**  
 Bagel w/ Cream Cheese  
 Fruit Juice  
 Fresh Banana

**19**  
 Blueberry NG Bar  
 String Cheese  
 Apple Juice  
 Fresh Orange

**22**  
 Cinnamon Chex Bowl  
 String Cheese  
 Fruit Juice  
 Fresh Apple

**23**  
 Cinnamon Raisin Bagel w/Cream Cheese  
 Apple Juice  
 Fresh Banana

**24**  
 Half Cheese Sandwich  
 Orange Juice  
 Fresh Pear

**25**  
 Strawberry Banana Yogurt  
 Graham Cracker  
 Fruit Juice  
 Fresh Banana

**26**  
 Banana Muffin  
 String Cheese  
 Apple Juice  
 Fresh Orange

**29**  
 Frosted Mini Wheat  
 String Cheese  
 Fruit Juice  
 Fresh Apple

**30**  
 Mini Cinnamon Creamy Bagel  
 Apple Juice  
 Fresh Banana

**31**  
 Blueberry Muffin  
 String Cheese  
 Orange Juice  
 Fresh Pear



This institution is an equal opportunity provider.