
	Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.					Milk choices: 1% White Milk Fat Free White Milk Lactose Free Milk Chocolate Milk
Monday	Tuesday	Wednesday	Thursday	Friday	Avg Nutrients Target	
Sausage Biscuit	Pizza Bagel	Biscuit /Grits	French Toast Sticks	Morning Sausage Roll	Calories.. 721	
Poptart	Cereal Bar	Eggs/ Sausage	Syrup Cereal / honey Grahams	Honey Bun	Cholesterol...46 mg	
Tater Tots	Fresh Fruit	Honey Bun		Fresh Fruit	Sodium. 829 mg	
Fresh Fruit	Juice	Fresh Fruit	Fresh Fruit	Juice	Sugar 60.1	
Juice		Juice	Juice		Carbohydrates 127.3	
Chicken Biscuit	Pizza Sausage	Biscuit / Sausage Link	Pancake Pup	Pancake	Calories... 868	
Cereal Bar	Mini Donut	Poptart	Cereal	Poptart	Cholesterol...26 mg	
Honey Grahams	Fresh Fruit	Fresh Fruit	Honey Grahams	Fresh Fruit	Sodium.875 mg	
Tater Tots	Juice	Juice	Fresh Fruit	Juice	Sugar 83.6 g	
Juice / Fresh Fruit			Juice		Carbohydrates 157.6g	
Breakfast is a two week rotation						
Low fat and fat free white milk offered Daily.			Menu subject to change based on availability.			
Georgia Grown	Local wellness policy at www.gocats.org/ schoolnutrition				Local Grown	