



AUGUST 2018 - North Newton - Summer Food Service Program - Breakfast / Lunch Menu

Newton-Conover City Schools

Newton-Conover School Nutrition Department will operate a Summer Food Service Program open site, located at North Newton Elementary. **Children age 18 and under, and those who have a mental or physical disability that are 19 and over who participate in a public or private non-profit school program** are eligible to participate.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breakfast Breakfast Pizza - 3.31 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz Lunch Country Ckn & Biscuit - 4.2 oz Deli Sandwich - 4.33 oz Steamed Broccoli - 1/2 c Mixed Fruit - 1/2 c Milk - 8 fl oz	2 Breakfast Fr Tst Sticks w/syrup - 3.2 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz Lunch Hamburger - 4 oz Deli Sandwich - 4.33 oz Baked Beans - 1/2 c Sliced Peaches - 1/2 c Milk - 8 fl oz	3 Breakfast Muffin, Assorted IW - 3.1 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz Lunch Pepperoni Pizza - 4.48 oz Deli Sandwich - 4.33 oz Glazed Carrots - 1/2 c Sliced Pears - 1/2 c Milk - 8 fl oz
		6 Breakfast Sausage Biscuit - 3.45 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz Lunch Ckn & Chz Quesadilla - 3.5 oz Deli Sandwich - 4.33 oz Sweet Potato Fries - 1/2 c Applesauce - 1/2 c Milk - 8 fl oz	7 Breakfast Fr Tst Sticks w/syrup - 3.2 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz Lunch Chicken/Rice & gvy w/roll - 8 oz Deli Sandwich - 4.33 oz Glazed Carrots - 1/2 c Baked Apples - 1/2 c Milk - 8 fl oz	8 Breakfast Dutch Wffle w/syrup - 2.92 oz Cereal, Assorted - 1 oz Toast w/jelly - 1 oz Lrg Cinnamon Grahams - 0.9 oz Fruit - 1/2 c or Juice - 4 fl oz Milk - 8 fl oz Lunch Soft Taco - 3.5 oz Deli Sandwich - 4.33 oz Pinto Beans - 1/2 c Sliced Peaches - 1/2 c Milk - 8 fl oz



Serving Times (Monday through Friday) - **Breakfast - 7:45 to 9:30** **Lunch - 11:45 to 1:00**

USDA is an equal opportunity provider and employer¹