

# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

**Menu Name:** FINLEY BREAKFAST

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Friday - 02/01/2019

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001449 Cinnamon Roll	cinnamon roll	39	229	180	16	37.48	5.00
990024 Mini Powdered Donuts	3oz	61	270	230	21	41.00	4.00
001331 Apple Slices in Bag	2oz bag	65	30	0	6	6.80	*N/A*
001126 Apple Juice	4oz SERVING	49	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	37	60	0	12	13.00	*N/A*
000589 White Milk	each	28	100	125	12	12.00	8.00
000588 Chocolate Milk	each	63	110	100	18	19.00	8.00
Weighted Daily Average			423	311	48	71.05	*11.67
% of Calories					45.4%	67.2%	*11.0%
Weekly Nutrient Guideline			400 - 550	600			

### Monday - 02/04/2019

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001461 Cinnamon Toast Crunch	Each	41	230	320	17	44.00	3.00
000799 French Toast	3 sticks	59	375	330	30	66.95	6.99

# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

Sticks w/Syrup							
001331 Apple Slices in Bag	2oz bag	65	30	0	6	6.80	*N/A*
001126 Apple Juice	4oz SERVING	71	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	22	60	0	12	13.00	*N/A*
000589 White Milk	each	33	100	125	12	12.00	8.00
000588 Chocolate Milk	each	44	110	100	18	19.00	8.00
Weighted Daily Average			472	414	52	87.09	*11.51
% of Calories					44.1%	73.8%	*9.8%
Weekly Nutrient Guideline			400 - 550	600			

Tuesday - 02/05/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990045 Cereal, Marshmallow Mateys	2oz	39	210	380	23	47.00	4.00
001457 Sausage & Biscuit	sandwich	61	263	536	3	28.40	12.10
000215 Sliced Pears	1/2CUP	61	85	15	15	19.96	1.00
001126 Apple Juice	4oz SERVING	33	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	44	60	0	12	13.00	*N/A*
000589 White Milk	each	31	100	125	12	12.00	8.00

# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000588 Chocolate Milk	each	61	110	100	18	19.00	8.00
Weighted Daily Average			438	586	44	73.48	*16.91
% of Calories					40.2%	67.1%	*15.4%
Weekly Nutrient Guideline			400 - 550	600			

### Wednesday - 02/06/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990028 Cocoa Puffs	Bowl	20	190	260	10	40.00	5.00
001494 Hachie Breakfast	1 Each	80	233	592	2	26.41	16.12
001448 Applesauce Cup	Each	61	50	0	12	14.00	0.00
001126 Apple Juice	4oz SERVING	22	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	77	60	0	12	13.00	*N/A*
000589 White Milk	each	59	100	125	12	12.00	8.00
000588 Chocolate Milk	each	31	110	100	18	19.00	8.00
Weighted Daily Average			408	632	35	63.73	*21.10
% of Calories					34.3%	62.5%	*20.7%
Weekly Nutrient Guideline			400 - 550	600			

### Thursday - 02/07/2019

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000810 Lucky Charms	EACH	20	203	320	15	41.50	5.04
001442 Hot Cakes w/Sausage	Serving	80	250	265	24	75.00	8.00
000103 Mandarin Oranges	1/2 cup	61	93	10	22	23.44	0.98
001126 Apple Juice	4oz SERVING	41	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	55	60	0	12	13.00	*N/A*
000589 White Milk	each	29	100	125	12	12.00	8.00
000588 Chocolate Milk	each	68	110	100	18	19.00	8.00
Weighted Daily Average			459	388	63	111.89	*15.76
% of Calories					54.9%	97.5%	*13.7%
Weekly Nutrient Guideline			400 - 550	600			

**Friday - 02/08/2019**

**Reimbursable Meal Total 100**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001449 Cinnamon Roll	cinnamon roll	41	229	180	16	37.48	5.00
001455 Glazed Donut	Each	59	326	300	18	41.34	*5.00
001331 Apple Slices in Bag	2oz bag	65	30	0	6	6.80	*N/A*
001126 Apple Juice	4oz SERVING	49	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	37	60	0	12	13.00	*N/A*

# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

000589 White Milk	each	28	100	125	12	12.00	8.00
000588 Chocolate Milk	each	63	110	100	18	19.00	8.00
Weighted Daily Average			455	351	47	71.18	*12.28
% of Calories					41.3%	62.6%	*10.8%
Weekly Nutrient Guideline			400 - 550	600			

### Monday - 02/11/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001461 Cinnamon Toast Crunch	Each	41	230	320	17	44.00	3.00
001515 Muffin, Double Chocolate Chip	4oz muffin	59	370	240	32	60.00	7.00
001331 Apple Slices in Bag	2oz bag	65	30	0	6	6.80	*N/A*
001126 Apple Juice	4oz SERVING	71	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	22	60	0	12	13.00	*N/A*
000589 White Milk	each	33	100	125	12	12.00	8.00
000588 Chocolate Milk	each	44	110	100	18	19.00	8.00
Weighted Daily Average			469	362	53	82.98	*11.52
% of Calories					45.2%	70.8%	*9.8%
Weekly Nutrient Guideline			400 - 550	600			

### Tuesday - 02/12/2019

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990045 Cereal, Marshmallow Mateys	2oz	45	210	380	23	47.00	4.00
001068 Pancake on a Stick w/Syrup	1 Each	55	320	411	29	49.04	6.01
000215 Sliced Pears	1/2CUP	61	85	15	15	19.96	1.00
001126 Apple Juice	4oz SERVING	33	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	44	60	0	12	13.00	*N/A*
000589 White Milk	each	31	100	125	12	12.00	8.00
000588 Chocolate Milk	each	61	110	100	18	19.00	8.00
Weighted Daily Average			467	507	60	85.95	*13.07
% of Calories					51.4%	73.6%	*11.2%
Weekly Nutrient Guideline			400 - 550	600			

### Wednesday - 02/13/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990028 Cocoa Puffs	Bowl	29	190	260	10	40.00	5.00
000869 Breakfast Pizza	slice	71	210	430	9	25.01	10.01
001448 Applesauce Cup	Each	61	50	0	12	14.00	0.00
001126 Apple Juice	4oz SERVING	22	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	77	60	0	12	13.00	*N/A*
000589 White Milk	each	59	100	125	12	12.00	8.00

# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

000588 Chocolate Milk	each	31	110	100	18	19.00	8.00
Weighted Daily Average			387	487	41	63.96	*15.75
% of Calories					42.4%	66.1%	*16.3%
Weekly Nutrient Guideline			400 - 550	600			

### Thursday - 02/14/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000810 Lucky Charms	EACH	38	203	320	15	41.50	5.04
001457 Sausage & Biscuit	sandwich	62	263	536	3	28.40	12.10
000103 Mandarin Oranges	1/2 cup	61	93	10	22	23.44	0.98
001126 Apple Juice	4oz SERVING	41	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	55	60	0	12	13.00	*N/A*
000589 White Milk	each	29	100	125	12	12.00	8.00
000588 Chocolate Milk	each	68	110	100	18	19.00	8.00
Weighted Daily Average			458	566	48	76.97	*17.77
% of Calories					41.9%	67.2%	*15.5%
Weekly Nutrient Guideline			400 - 550	600			

### Friday - 02/15/2019

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001449 Cinnamon Roll	cinnamon roll	39	229	180	16	37.48	5.00
990024 Mini Powdered Donuts	3oz	61	270	230	21	41.00	4.00
001331 Apple Slices in Bag	2oz bag	65	30	0	6	6.80	*N/A*
001126 Apple Juice	4oz SERVING	49	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	37	60	0	12	13.00	*N/A*
000589 White Milk	each	28	100	125	12	12.00	8.00
000588 Chocolate Milk	each	63	110	100	18	19.00	8.00
Weighted Daily Average			423	311	48	71.05	*11.67
% of Calories					45.4%	67.2%	*11.0%
Weekly Nutrient Guideline			400 - 550	600			

### Monday - 02/18/2019

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000145 NO SCHOOL TODAY							
Weighted Daily Average			0	0	0	0.00	0.00
% of Calories					0%	0%	0%
Weekly Nutrient Guideline			400 - 550	600			

### Tuesday - 02/19/2019

### Reimbursable Meal Total 100



# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990045 Cereal, Marshmallow Mateys	2oz	39	210	380	23	47.00	4.00
001457 Sausage & Biscuit	sandwich	61	263	536	3	28.40	12.10
000215 Sliced Pears	1/2CUP	61	85	15	15	19.96	1.00
001126 Apple Juice	4oz SERVING	33	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	44	60	0	12	13.00	*N/A*
000589 White Milk	each	31	100	125	12	12.00	8.00
000588 Chocolate Milk	each	61	110	100	18	19.00	8.00
Weighted Daily Average			438	586	44	73.48	*16.91
% of Calories					40.2%	67.1%	*15.4%
Weekly Nutrient Guideline			400 - 550	600			

### Wednesday - 02/20/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990028 Cocoa Puffs	Bowl	20	190	260	10	40.00	5.00
001494 Hachie Breakfast	1 Each	80	233	592	2	26.41	16.12
001448 Applesauce Cup	Each	61	50	0	12	14.00	0.00
001126 Apple Juice	4oz SERVING	22	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	77	60	0	12	13.00	*N/A*

# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

000589 White Milk	each	59	100	125	12	12.00	8.00
000588 Chocolate Milk	each	31	110	100	18	19.00	8.00
Weighted Daily Average			408	632	35	63.73	*21.10
% of Calories					34.3%	62.5%	*20.7%
Weekly Nutrient Guideline			400 - 550	600			

### Thursday - 02/21/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000810 Lucky Charms	EACH	20	203	320	15	41.50	5.04
001442 Hot Cakes w/Sausage	Serving	80	250	265	24	75.00	8.00
000103 Mandarin Oranges	1/2 cup	61	93	10	22	23.44	0.98
001126 Apple Juice	4oz SERVING	41	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	55	60	0	12	13.00	*N/A*
000589 White Milk	each	29	100	125	12	12.00	8.00
000588 Chocolate Milk	each	68	110	100	18	19.00	8.00
Weighted Daily Average			459	388	63	111.89	*15.76
% of Calories					54.9%	97.5%	*13.7%
Weekly Nutrient Guideline			400 - 550	600			

### Friday - 02/22/2019

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001449 Cinnamon Roll	cinnamon roll	41	229	180	16	37.48	5.00
001455 Glazed Donut	Each	59	326	300	18	41.34	*5.00
001331 Apple Slices in Bag	2oz bag	65	30	0	6	6.80	*N/A*
001126 Apple Juice	4oz SERVING	49	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	37	60	0	12	13.00	*N/A*
000589 White Milk	each	28	100	125	12	12.00	8.00
000588 Chocolate Milk	each	63	110	100	18	19.00	8.00
Weighted Daily Average			455	351	47	71.18	*12.28
% of Calories					41.3%	62.6%	*10.8%
Weekly Nutrient Guideline			400 - 550	600			

### Monday - 02/25/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
001461 Cinnamon Toast Crunch	Each	41	230	320	17	44.00	3.00
001515 Muffin, Double Chocolate Chip	4oz muffin	59	370	240	32	60.00	7.00
001331 Apple Slices in Bag	2oz bag	65	30	0	6	6.80	*N/A*
001126 Apple Juice	4oz SERVING	71	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	22	60	0	12	13.00	*N/A*
000589 White Milk	each	33	100	125	12	12.00	8.00

# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

000588 Chocolate Milk	each	44	110	100	18	19.00	8.00
Weighted Daily Average			469	362	53	82.98	*11.52
% of Calories					45.2%	70.8%	*9.8%
Weekly Nutrient Guideline			400 - 550	600			

### Tuesday - 02/26/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990045 Cereal, Marshmallow Mateys	2oz	45	210	380	23	47.00	4.00
001068 Pancake on a Stick w/Syrup	1 Each	55	320	411	29	49.04	6.01
000215 Sliced Pears	1/2CUP	61	85	15	15	19.96	1.00
001126 Apple Juice	4oz SERVING	33	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	44	60	0	12	13.00	*N/A*
000589 White Milk	each	31	100	125	12	12.00	8.00
000588 Chocolate Milk	each	61	110	100	18	19.00	8.00
Weighted Daily Average			467	507	60	85.95	*13.07
% of Calories					51.4%	73.6%	*11.2%
Weekly Nutrient Guideline			400 - 550	600			

### Wednesday - 02/27/2019

Reimbursable Meal Total 100

# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
990028 Cocoa Puffs	Bowl	29	190	260	10	40.00	5.00
000869 Breakfast Pizza	slice	71	210	430	9	25.01	10.01
001448 Applesauce Cup	Each	61	50	0	12	14.00	0.00
001126 Apple Juice	4oz SERVING	22	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	77	60	0	12	13.00	*N/A*
000589 White Milk	each	59	100	125	12	12.00	8.00
000588 Chocolate Milk	each	31	110	100	18	19.00	8.00
Weighted Daily Average			387	487	41	63.96	*15.75
% of Calories					42.4%	66.1%	*16.3%
Weekly Nutrient Guideline			400 - 550	600			

Thursday - 02/28/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Sugars (g)	Carb (g)	Protn (g)
000810 Lucky Charms	EACH	38	203	320	15	41.50	5.04
001457 Sausage & Biscuit	sandwich	62	263	536	3	28.40	12.10
000103 Mandarin Oranges	1/2 cup	61	93	10	22	23.44	0.98
001126 Apple Juice	4oz SERVING	41	60	5	12	14.00	0.00
000733 Orange Juice	4oz SERVING	55	60	0	12	13.00	*N/A*
000589 White Milk	each	29	100	125	12	12.00	8.00

# Base Menu Spreadsheet

## Portion Values

Feb 1, 2019 thru Feb 28, 2019

000588 Chocolate Milk	each	68	110	100	18	19.00	8.00
Weighted Daily Average			458	566	48	76.97	*17.77
% of Calories					41.9%	67.2%	*15.5%
Weekly Nutrient Guideline			400 - 550	600			

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**