Launch Your Future

Little Flower
Catholic High School for Girls
Welcome to Little Flower Catholic High School for Girls!

As Little Flower Catholic High School for Girls approaches its 80th anniversary in 2019, our academic program, co-curricular activities, fine arts and sports opportunities, coupled with the call to service rooted in Gospel values, exceeds the criteria of a premium 21st Century education. With robust and ever-growing curricular options, instructional delivery infused with technology and collaborative experiences, and guided by our patroness, St. Thérèse of Lisieux, the sisterhood experienced by each Little Flower student is a rich recipe for life success. The graduates of the Class of 2018 who continued to post-secondary education were awarded $24 million in scholarships, with enrollment to many prominent universities around the country, from the University of Pennsylvania and Drexel University to the University of California at Berkley.

Little Flower Catholic High School’s vigorous programs are supported by:

- Curricular experiences that are equal parts collaborative, creative, global in scope, interdisciplinary and technologically appropriate
- Daily scheduling, learning spaces and technology that support meaningful learning
- A professional learning community of faculty that provides the time and resources for teachers to grow in their knowledge of innovative, research-based methods
- An alumnae network unparalleled in its dedication and devotion to Little Flower with its donations of time, talent, and financial support
- Robust tuition assistance in the form of merit scholarship and need-based award
- Wide and varied opportunities for a full high school experience through 60+ activities and clubs and 14 varsity sports
- An expectation that each Little Flower student does not operate in a world of one, but is one in the world through her commitment to faith and service, modeling the example of our patroness, St. Thérèse, whose little way makes big differences

The search for the best value in an all-girls, Catholic, independent, academically-accredited school stops here. Look no Further. Launch your Future at Little Flower!

In gratitude –

Jeane McNamara, President
Little Flower Catholic High School for Girls
“Saint Thérèse has guided me all through my years at Little Flower. My love for community service has been heavily impacted by her “little ways”. Every time I help someone or give my time for a service, I think of Saint Thérèse. She is my patron saint in and out of the Little Flower hallways.”
- Ericka Ekobeni, ’19

“I have felt the influence of Saint Thérèse each day. In classes and co-curriculars, I am always encouraged to follow her example by helping others and showing little acts of kindness just as she did. Through events held by the Community Service Corps and the Student Government Association, I can often follow in her footsteps by helping those in need. I feel a great sense of joy knowing I am part of a school community which centers its focus around helping me to grow in faith and receive the best possible Catholic education.”
- Haley Waring, ’19

“We wanted our daughter to have teachers who would push her out of her comfort zone, and inspire her, all in the same breath. We wanted a school with the highest rate of Advanced Placement scoring in the Archdiocese. We wanted a roster of teachers who love what they do. We wanted a student community who had an appreciation for its past generations of students and educators, but also looked to create new traditions for future students. We wanted a place that represented the real world, with real diversity. Little Flower is that and more.”
- The Budd Family, Maura ’20

“It is very hard in today’s world to find a safe and challenging academic environment for our children. Little Flower provides an environment that addresses my whole child, academically, socially, spiritually and athletically. Teachers and staff get to know the students personally which allows them to teach the child where they are emotionally as well as academically. My daughters have found much more than a school. They have found a home where they thrive and feel a sense of belonging.”
- Kristie Dugan, Class of ’92, Parent Maura ’19, Sarah ’21
The college and career settings of the 21st century require women who are educated to be equal parts analytic and empathetic. Coursework at every level of instruction requires a learner who can think and work both independently and collaboratively at the highest level.

Our students are expected to pursue a course of study that will continually reinforce acquisition of knowledge at the highest levels, with a mind toward preparation for a learning terrain that is defined by tomorrow’s limitless boundaries of technology and innovation. Specialized academic programs target supported learning to achieve academic success. The Success Classroom and “Double Shot” Math and “Double Shot” Critical Reading scheduling enhances core curriculum with additional opportunities for application.

Beginning with the Class of 2023, students identified as having the metrics of high academic potential, as measured on the High School Placement Test, may be invited to participate in Advanced Placement and other high-end coursework as early as freshman year. Partnership agreements with the Jesuit Virtual Learning Academy and local colleges allow eligible students to take Dual Enrollment coursework on site at Little Flower and receive college credit for a nominal fee. Guidance Services offers a well articulated continuum from entry to exit in College and Personal Counseling. This support includes robust Standardized Test Preparation opportunities embedded throughout the curriculum.
**Little Flower at a Glance**

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>91%</td>
<td>Student body who receives some type of merit or need based awards.</td>
</tr>
<tr>
<td>70%</td>
<td>Faculty who hold Master’s degrees in their area of concentration.</td>
</tr>
<tr>
<td>3</td>
<td>Ivy League matriculations</td>
</tr>
<tr>
<td>14</td>
<td>Number of sports: Varsity/JV teams in basketball, bowling, cheerleading, field hockey, golf, lacrosse, soccer, softball, swimming, tennis, track (indoor/outdoor and cross country), and volleyball. Little Flower is the reigning Catholic League and PIAA District 12 champion in golf, and 30 of our athletes received All-Catholic recognition.</td>
</tr>
<tr>
<td>8</td>
<td>Performing Arts Productions throughout the school year.</td>
</tr>
<tr>
<td>100%</td>
<td>More than $24,000,000 or $174,276 average per graduate in scholarships awarded to the Class of 2018.</td>
</tr>
<tr>
<td>6</td>
<td>All-Catholic Musicians</td>
</tr>
<tr>
<td>100%</td>
<td>Little Flower celebrates our diversity. We have a mix of ethnicities – 50% Caucasian, 22% Hispanic, 22% African-American, and 6% Asian – and a mix of religions – 79% Catholic and 21% non-Catholic.</td>
</tr>
<tr>
<td>15</td>
<td>During the 2017-2018 school year, number of students who participated in the US Navy’s Sea Perch Underwater Robotics Competition. Our team placed 6th out of 27 teams!</td>
</tr>
<tr>
<td>22</td>
<td>Number of Advanced Placement classes accessed by Little Flower. A passing grade on the AP exam (optional) taken at the end of the year earns the student college credit for that subject.</td>
</tr>
<tr>
<td>6</td>
<td>Number of students who take college courses during their senior year at local Catholic colleges free-of-charge provided by the Diocesan Scholars Program.</td>
</tr>
</tbody>
</table>

More than 60 Number of activities and clubs. In order to enable all students to participate in the Activities Program, Little Flower offers a special Activities Schedule twice-a-month on Thursdays. On these days, the homeroom period is extended to 40 minutes, during which students may participate in activities of their choice.
Athletics

Little Flower Sentinels provide a sense of spirit, pride, determination, and competition to the school community. We offer 14 sports over three seasons at the Varsity and Junior Varsity level:

- Basketball
- Bowling
- Cheerleading
- Cross Country
- Field Hockey
- Golf
- Indoor Track
- Lacrosse
- Outdoor Track
- Soccer
- Softball
- Swimming
- Tennis
- Volleyball
Activities and Community Service

What better way to show your Little Flower spirit than to get involved? Little Flower has both after-school activities and clubs that get together during extended homeroom meetings once a month. Here’s a sample of our dozens of activities and clubs:

- African American Culture Club
- Community Service Corps
- Garland (Yearbook)
- Green Thumb Club
- Las Flores Club
- Literary Garland
- Little Flower Ambassadors
- Mathletes
- Mock Trial
- Model UN
- National Honor Society
- Sea Perch (Robotics) Club
- Sewing for Beginners Club
- Social Media Club
- Student Government Association
- Theresian (School Newspaper)

Fine Arts

Little Flower has a dedicated Fine Arts Building where students can take classes in art studio, graphic design, vocal music, and instrumental music. Related activities include:

- Concert Choir
- Flowerettes
- Orchestra
- Pep Band
- School Musical
- Stage Crew
- Tri-M Music Honor Society
- Art Club
Leadership

The level of expectation and preparation inherent in a Little Flower education, by comparison to others, is unparalleled. Students leave Little Flower confident, college-ready, mission-driven and ready to serve. From the first step into Little Flower, one senses immediately the warmth and loving embrace of a school that wants nothing more than to have students fulfill their God-given potential in all dimensions: academically, spiritually, as servant leaders, and as strong and empowered women.

The return on investment (ROI) of a Little Flower education is without dispute. The Class of 2018 shared in excess of $24 million dollars in merit scholarships, averaging over $174,276 per graduate. Students were admitted to a wide range of highly selective schools, including the University of Pennsylvania and the University of California at Berkeley.

Many Little Flower students are first generation to attend college or university, so the rich opportunities presented by the multiple college and university offerings in the immediate Philadelphia area are often popular choices among Little Flower grads and provide substantial opportunities for these students to fulfill college and career aspirations.

Members of the Class of 2018 were accepted to many colleges and universities, including:

- Arcadia University
- Boston College
- Chestnut Hill College
- Delaware State University
- Drexel University
- Duquesne University
- Fordham University
- Franklin & Marshall College
- Georgetown University
- Gwynedd Mercy University
- Johns Hopkins University
- La Salle University
- Loyola University Chicago
- New York University
- Old Dominion University
- Pennsylvania State University
- Rutgers University - Camden
- Saint Joseph’s University
- Seton Hall University
- Shippensburg University of Pennsylvania
- Swarthmore College
- Temple University
- The Ohio State University
- The University of Alabama
- The University of Scranton
- Tuskegee University
- University of California, Berkeley
- University of Pennsylvania
- Villanova University
- West Chester University of Pennsylvania
- Widener University
Our sisterhood is strong with more than 35,000 graduates. Little Flower leads the Archdiocese in alumnae donations.

"Thank you, Little Flower and loving sisters, for caring so deeply for your girls. You send us into “the world” well-nurtured, and knowing we are never alone. It is my hope that my experience along with a heart full of gratitude will be shared by the current and future Little Flower students as well."

"Several of us have had the opportunity to visit Little Flower in the past few years. We curiously observed the girls during the normal routine of a day. We saw clearly that the proud traditions and values that shaped us, are still there, embodied in yet another generation. LF is an oasis for the area, as well you know. It also continues to be a Godsend for the caliber of women it defines."

Stewardship

The generosity of our alumnae and other donors, coupled with external sources of tuition assistance help us make a Little Flower education as affordable as possible.
Making Little Flower Affordable

The return on investment of a Little Flower Catholic High School for Girls education provides a preparatory school education at diocesan tuition prices.

There are multiple ways to make a Little Flower Catholic High School education affordable. 91% of Little Flower students received some level of merit or need-based financial aid. Multiple scholarship opportunities are offered, and tuition assistance is available.

Steps to Enroll

1. Complete an Application for Admission found on our website.

2. Provide a copy of the final 7th grade report card or the most recent 8th grade report card.

3. Beginning with the Class of 2023, all applicants are required to take the High School Placement Test (HSPT).

4. We will communicate acceptance decision by mail.

5. The prospective student and family should complete registration and submit required fee.

4-year Academic Scholarships: based on placement in the annual Scholarship Examination

Fine Arts Scholarships: 4-year partial scholarships in Art, Instrumental and Vocal Music

4-year Saint Thérèse Partial Scholarships: students nominated by their school who are then considered based on excellence in service, leadership and academic effort

Legacy Grant: $4000 ($1000 per year) for all daughters of Little Flower graduates

Tuition Lottery: $4000 ($1000 per year) grant for all incoming 9th grader registrations

Need-Based Financial Aid

Scholarships/Grants from External Sources

Making Little Flower Affordable

The return on investment of a Little Flower Catholic High School for Girls education provides a preparatory school education at diocesan tuition prices.

There are multiple ways to make a Little Flower Catholic High School education affordable. 91% of Little Flower students received some level of merit or need-based financial aid. Multiple scholarship opportunities are offered, and tuition assistance is available.

Steps to Enroll

1. Complete an Application for Admission found on our website.

2. Provide a copy of the final 7th grade report card or the most recent 8th grade report card.

3. Beginning with the Class of 2023, all applicants are required to take the High School Placement Test (HSPT).

4. We will communicate acceptance decision by mail.

5. The prospective student and family should complete registration and submit required fee.
LOOK NO FURTHER than Little Flower
Catholic High School for Girls