

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 12/03/2018																
HIGH SCHOOL CYCLE 3-L	Total	2000														
Spicy Chicken Tenders	3 pieces	500	260	25	390	3.00	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	15.0	17.0	15.0	2.50	0.00
BREADED BEEF FINGERS	4 EA	1000	361	46	330	2.06	2.78	41.2	103	1.24	*N/A*	14.43	18.56	24.74	7.22	*N/A*
GRILLED CHICKEN SANDWICH	1 EA	500	280	50	530	3.00	2.52	100.0	0	0.0	*N/A*	21.0	28.0	9.5	2.50	0.00
MASHED POTATOES-SIMPLOT	1/2 CUP	500	90	0	380	0.00	0.36	20.0	0	30.0	*N/A*	2.0	17.0	1.5	0.00	0.00
GREEN BEANS (CUT)-ALLENS	1/2 CUP	1000	35	0	380	3.00	1.80	40.0	500	2.4	*N/A*	2.0	7.0	0.0	0.00	0.00
PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	1000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
BAKED CHIPS-VARIETY	1BAG	2000	145	0	225	2.00	0.54	55.0	50	0.9	*N/A*	2.25	22.0	2.87	1.13	*0.00
GRAVY, MIX-FAT FREE-MORRI SON	1 tbsp	1000	30	0	243	0.00	0.00	21.7	0	0.0	*0	1.01	6.05	0.0	0.00	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	4 EACH	1000	40	0	400	0.00	0.00	0.0	400	0.0	*N/A*	0.0	12.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSI NG PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			707	48	1407	7.72	*3.97	*342.4	*895	*24.43	*6 *3.2%	28.03 15.8%	91.50 51.7%	23.35 29.7%	6.46 8.2%	*0.00 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

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Victoria I.S.D.

Base Menu Spreadsheet

Portion Values - Detailed

Dec 3, 2018 thru Dec 7, 2018

HIGH SCHOOL CYCLE 3-LUNCH

Generated on: 11/28/2018 3:25:53 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 12/04/2018																
HIGH SCHOOL CYCLE 3-L PIZZA POCKETS	Total SERVINGS	2000														
WG MOZZARELLA STICKS (RICH'S)	5 EA	500	364	*67	*418	*2.21	*3.26	*162.3	*175	*2.07	*0	*27.11	*29.98	*14.54	*5.84	*0.00
HAM / CHEESE CROISSANT	1 EACH	100	312	45	1107	3.00	8.60	210.0	770	0.0	*N/A*	20.34	35.34	13.34	7.17	0.00
BROCCOLI: frozen, boiled	1/2 CUP	2000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	1000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
SALAD,TOSSED: no dressing	1 cup	1000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
PEARS WITH CHERRIES	1/2 CUP	2000	35	0	2	0.87	*0.16	*0.0	*0	*0.52	*N/A*	*N/A*	8.72	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GARLIC BREAD:SYSO FOOD S:RICH	1SLICE	500	173	10	346	1.99	1.43	80.3	118	0.0	*0	4.02	27.78	5.81	2.43	*0.15
PIZZA SAUCE; LABATT FOOD SERVI	1/8 CUP	500	22	0	180	1.80	0.65	0.0	450	8.1	*N/A*	1.8	5.4	0.0	0.00	*N/A*
RANCH DRESSING	1/8 CUP	500	35	*6	252	*0.00	*0.00	*17.0	*27	*0.03	*1	0.47	3.52	2.17	0.18	0.01
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			528	*35	*718	*10.98	*4.02	*451.4	*7738	*183.88	*17	*27.25	*81.47	*13.14	*5.00	*0.04
% of Calories											*13.0%	*20.6%	*61.7%	*22.4%	*8.5%	*0.1%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 12/05/2018																
HIGH SCHOOL CYCLE 3-L	Total	2000														
BEANS & FRANKS	.75 CUP	300	278	34	1105	5.01	4.37	93.7	103	*4.15	*11	11.38	28.71	14.15	4.86	*0.00
HAMBURGER	SERVING	800	250	40	470	3.00	3.60	120.0	100	0.0	*N/A*	21.0	28.0	6.5	2.50	0.00
Chef Salad W/Chicken& Crackers	1 ea	500	511	66	1279	6.15	6.23	270.1	24359	43.8	*6	29.94	60.25	17.27	5.49	*1.70
PEAS: frozen,boiled	1/2 CUP	1000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
SWEET POTATO FRIES STRAI	1/2 C	1000	140	0	160	3.00	0.72	40.0	1000	1.2	*N/A*	1.0	20.0	6.0	0.00	0.00
GHT-SI																
JUICE, VARIETY FRUIT P.C.- VIT	CONTAIN ER	1500	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
ROLL-COUNTRY HOME BAKERS	ROLL	1000	150	0	270	3.00	1.80	40.0	0	0.0	*N/A*	5.0	30.0	2.0	0.00	0.00
CONDIMENT, KETCHUP PACK	4 EACH	1000	40	0	400	0.00	0.00	0.0	400	0.0	*N/A*	0.0	12.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
CONDIMENTS, SALAD DRESSI	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
NG PAC																
MILK - Variety	HALF PINT	1000	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			665	41	1247	10.68	*6.15	308.0	8087	*47.45	*16	27.36	110.49	14.53	3.42	*0.43
% of Calories											*9.8%	16.5%	66.4%	19.7%	4.6%	*0.6%
Nutrient Guideline			750-850		1420										<10.00	

Thu - 12/06/2018																
HIGH SCHOOL CYCLE 3-L	Total	2000														
CHILI CON CARNE W/ BEANS	1/2 CUP	1000	178	43	170	2.15	2.79	42.4	545	6.63	*3	14.14	8.23	9.97	3.70	*0.55
BEAN &CHEESE BURRITO/KID	1 EACH	500	260	5	410	7.00	2.70	100.0	100	1.2	*N/A*	12.0	37.0	9.0	2.00	0.00
SMART																
CHICKEN FAJITAS	1 EACH	500	388	60	553	3.05	2.47	90.1	349	6.65	*11	23.59	38.83	15.27	3.27	*0.03
SPANISH RICE	1 CUP	1000	267	*0	*183	*1.98	*1.43	*7.6	*65	*4.37	*0	*5.6	*46.73	*8.1	*1.55	*0.00
REFRIED BEANS	1/2 CUP	500	239	2	723	10.60	3.45	157.8	25	1.61	*2	13.63	35.23	5.43	1.29	*0.00
SPINACH SALAD*	1 CUP	1000	160	*0	*26	*1.28	*1.54	*37.1	*2817	*25.35	*6	*1.08	*8.05	*13.71	*0.02	*0.00
PEACHES, SLICED-WORLD H	1/2 CUP	1000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
ORIZONS																
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	1000	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
CORNBREAD	1 each	1000	250	27	169	1.28	1.91	63.3	160	0.52	*5	6.08	36.11	8.78	1.30	*0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			840	*58	*912	*11.40	*6.42	*375.0	*2419	*40.70	*22 *10.4%	*34.17 *16.3%	*116.32 *55.4%	*28.67 *30.7%	*5.42 *5.8%	*0.28 *0.3%
Nutrient Guideline			750-850		1420										<10.00	

Fri - 12/07/2018																
	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
HIGH SCHOOL CYCLE 3-L	Total	2000														
HOT DOG ON A BUN:turkey hot	1 EACH	500	261	25	772	2.42	1.81	100.7	0	*0.0	*N/A*	9.84	20.98	15.02	4.90	0.00
MACARONI AND CHEESE	2/3 CUP	300	321	33	961	0.80	0.86	615.3	1665	0.93	*9	22.95	30.52	12.2	6.89	*0.00
BREADED CHICKEN SANDWICH	SANDWIC	800	400	30	760	4.00	3.60	120.0	0	1.2	*N/A*	18.0	38.0	19.5	5.00	0.00
FRENCH FRIES	SERVING	1000	120	0	20	2.00	0.36	0.0	0	6.0	*N/A*	2.0	20.0	3.5	1.00	0.00
CARROTS:frozen, boiled	1/2 CUP	1000	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
FRUIT COCKTAIL-LIBBY'S-GLAZIER	1/2 CUP	2000	69	0	7	1.21	0.35	7.3	252	2.3	17	0.48	18.07	0.08	0.01	0.00
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK	4 EACH	1000	40	0	400	0.00	0.00	0.0	400	0.0	*N/A*	0.0	12.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average % of Calories			598	29	1060	8.13	3.26	398.4	7362	*25.46	*31 *20.8%	22.71 15.2%	92.40 61.8%	17.18 25.9%	5.31 8.0%	*0.00 *0.0%
Nutrient Guideline			750-850		1420										<10.00	

Weighted Average			668	*42	*1069	*9.78	*4.76	*375.0	*5300	*64.38	*18 *24.7%	*27.90 *16.7%	*98.44 *59.0%	*19.37 *26.1%	*5.12 *6.9%	*0.15 *0.2%
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Victoria I.S.D.

Base Menu Spreadsheet

Portion Values - Detailed

Dec 3, 2018 thru Dec 7, 2018

HIGH SCHOOL CYCLE 3-LUNCH

Generated on: 11/28/2018 3:25:53 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	668		Weekly Target	750 - 850	% of Target	89%	Miss Data	Shortfall	Overage	Error Messages (if any)							
Cholesterol (mg)	42					Missing		82		Correction Required - Calories are Low							
Sodium 1 (mg)	1069			1420		Missing											
Sodium 2 (mg)	1069			1080		Missing											
Fiber (g)	9.78					Missing											
Iron (mg)	4.76					Missing											
Calcium (mg)	375.0					Missing											
Vitamin A (IU)	5300					Missing											
Sugars (g)	18	11.00%				Missing											
Vitamin C (mg)	64.38					Missing											
Protein (g)	27.90	16.72%				Missing											
Carbohydrate (g)	98.44	58.97%				Missing											
Total Fat (g)	19.37	26.11%				Missing											
Saturated Fat (g)	5.12	6.90%		<10.00%		Missing											
Trans Fat ¹ (g)	0.15	0.20%				Missing											

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 12/10/2018																
HIGH SCHOOL CYCLE 4-L	Total	2000														
SWEET & SOUR CHICKEN	SV	500	291	0	724	1.71	3.18	86.5	763	5.94	*N/A*	18.61	31.72	9.72	0.56	*0.05
CORN DOG:Turkey Jumbo State F	1 EACH	500	280	31	660	2.00	1.80	80.0	0	18.0	*N/A*	9.0	31.0	13.0	3.50	0.00
WG Chkn Egg Roll	2 EA	500	301	70	521	4.01	2.16	*N/A*	1002	*N/A*	*N/A*	18.03	34.06	10.02	3.00	0.00
SEASONED RICE	1 cup	1000	136	0	403	0.05	0.88	0.9	125	7.62	*0	2.02	23.47	2.73	0.49	*0.00
Oriental Vegetable Blend	1/2 cup	1000	0	0	0	0.02	0.01	0.3	4	0.16	*N/A*	*N/A*	0.06	0.0	0.00	0.00
CHERRY TOMATO W/CELERY STICK	1/2 Cup	1000	110	0	54	3.48	*0.06	*12.0	*135	*0.93	*0	3.21	18.89	3.05	0.01	*0.00
PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	1000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	1500	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	4 EACH	300	40	0	400	0.00	0.00	0.0	400	0.0	*N/A*	0.0	12.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			534	31	945	5.99	*2.73	*257.6	*1046	*29.05	*9	*21.76	83.30	12.73	2.50	*0.01
% of Calories											*6.5%	*16.3%	62.4%	21.5%	4.2%	*0.0%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 12/11/2018																
HIGH SCHOOL CYCLE 4-L	Total	2000														
SPAGHETTI AND MEAT SAUCE	1 CUP	500	348	52	501	2.58	4.22	55.4	264	5.46	*4	20.93	37.37	12.37	4.56	*0.66
CHEESE PIZZA MINIS, WG	1 EA	800	230	10	480	4.00	2.70	0.0	200	0.0	*N/A*	15.0	30.0	7.0	2.50	0.00
FRENCH BREAD PIZZA	1 Ea	500	330	20	600	3.00	0.00	0.0	0	0.0	*N/A*	17.0	30.0	15.0	6.00	0.00
BROCCOLI: frozen, boiled	1/2 CUP	1000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	1000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
SALAD,TOSSED: no dressing	1 cup	1000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
APRICOTS,CND,EX LT SYRUP PK,W/	1/2 CUP	1000	111	0	5	3.63	0.68	22.7	2883	9.07	*N/A*	1.36	28.35	0.23	0.02	0.00
Strawberry Goodie	2/3 c	1000	372	20	308	3.31	1.85	23.4	258	51.54	*0	3.23	77.11	7.93	4.67	*0.00
GARLIC BREAD:SYSCO FOOD S:RICH	1SLICE	1500	173	10	346	1.99	1.43	80.3	118	0.0	*0	4.02	27.78	5.81	2.43	*0.15
RANCH DRESSING	1/8 CUP	1000	35	*6	252	*0.00	*0.00	*17.0	*27	*0.03	*1	0.47	3.52	2.17	0.18	0.01
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			806	*48	1253	*12.02	*5.60	*338.1	*8476	*61.56	*6	31.77	131.68	20.74	8.49	*0.29
% of Calories											*3.1%	15.8%	65.4%	23.2%	9.5%	*0.3%
Nutrient Guideline			750-850		1420										<10.00	

Wed - 12/12/2018																
HIGH SCHOOL CYCLE 4-L	Total	2000														
CHEESEBURGER POCKET	1 each	500	491	*140	846	*0.85	3.73	158.6	*226	*0.48	*0	41.09	15.34	28.09	11.95	*0.17
BAKED POTATO EXTRA CHEESE	1 EACH	500	438	51	544	4.44	2.26	564.9	913	19.4	*2	21.46	44.85	19.12	10.57	*0.00
CHEF SALAD-HAM W/ CROUTONS	SERVING	500	219	37	961	5.21	3.44	268.8	16993	40.39	*3	13.97	16.56	9.67	6.38	*0.00
CARROTS:frozen, boiled	1/2 CUP	1000	27	0	43	2.41	0.39	25.5	12357	1.68	3	0.42	5.64	0.5	0.09	0.00
PEAS: frozen,boiled	1/2 CUP	1000	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
JUICE, VARIETY FRUIT P.C.- VIT	CONTAINER	1500	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CHOCOLATE CHIP COOKIES	1 EACH	2000	128	13	87	0.47	0.61	9.5	118	0.01	*9	1.44	16.18	6.76	2.34	*0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			662	*76	878	*7.30	*4.05	475.9	*11987	*42.52	*20	30.40	85.22	22.19	10.10	*0.04
% of Calories											*12.0%	18.4%	51.5%	30.2%	13.7%	*0.1%
Nutrient Guideline			750-850		1420										<10.00	

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Victoria I.S.D.

Base Menu Spreadsheet

Portion Values - Detailed

Dec 10, 2018 thru Dec 14, 2018

HIGH SCHOOL CYCLE 4-LUNCH

Generated on: 11/28/2018 3:26:21 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 12/13/2018																
HIGH SCHOOL CYCLE 4-L	Total	2000														
NACHOS WITH GROUND BEEF	1/3 cup	500	309	38	560	0.93	1.22	218.9	812	*0.39	*1	15.98	14.72	20.68	8.45	*0.40
TACO SALAD-VISD	SERVINGS	500	413	*73	*714	*2.87	*3.37	*226.9	*2530	*12.45	*3	*24.89	*25.68	*22.95	*7.52	*0.00
TAMALES, PORK: LABATT FOOD	4 EACH	300	532	42	1039	10.21	0.00	0.0	394	0.0	*N/A*	21.28	51.19	28.94	6.53	0.30
SPANISH RICE	1 CUP	1000	267	*0	*183	*1.98	*1.43	*7.6	*65	*4.37	*0	*5.6	*46.73	*8.1	*1.55	*0.00
PINTO BEANS: cooked	1/2 CUP	1000	145	*0	*26	*6.39	*2.08	*51.2	*0	*2.86	*1	*8.93	*26.03	*0.51	*0.10	*0.00
MEXICAN PLATE SALAD	1/2 CUP	500	9	0	280	0.98	0.55	233.1	1138	5.77	*1	0.37	1.84	0.07	0.01	*0.00
PICO DE GALLO	1/3 c	500	18	*0	*3	*0.77	*0.31	*7.8	*515	*44.13	*2	*0.7	*3.4	*0.39	*0.06	*0.00
PEACHES, SLICED-WORLD H	1/2 CUP	1000	70	0	10	1.00	0.36	20.0	100	1.2	*N/A*	1.0	17.0	0.0	0.00	0.00
ORIZONS																
FRUIT,FRESH ASSORTED	1 EACH	1000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, PICANTE PACKET	1 EACH	500	5	0	140	0.00	0.00	0.0	0	1.2	*N/A*	0.0	1.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			632	*40	*831	*8.80	*3.44	*407.0	*1709	*29.91	*8	*29.00	*86.41	*20.53	*6.28	*0.15
% of Calories											*5.0%	*18.4%	*54.7%	*29.2%	*8.9%	*0.2%
Nutrient Guideline			750-850		1420										<10.00	

Fri - 12/14/2018																
HIGH SCHOOL CYCLE 4-L	Total	2000														
Broccoli Cheese Soup	6 oz	500	204	37	594	1.00	0.00	390.0	445	11.0	*N/A*	13.0	14.0	11.0	6.00	0.00
CHICKEN NUGGETS-GLAZIER-TYSON	5 PIECES	800	230	30	560	2.00	1.80	40.0	0	0.0	*N/A*	12.0	15.0	14.0	3.50	*N/A*
BREADED BEEF FINGERS	4 EA	500	361	46	330	2.06	2.78	41.2	103	1.24	*N/A*	14.43	18.56	24.74	7.22	*N/A*
TATER TOTS,FRZ,PREP SIMPL OT	1/2 cup	1000	227	0	400	2.67	0.48	0.0	0	6.4	*N/A*	2.67	25.33	13.33	2.00	0.00
GREEN BEANS (CUT)-ALLENS	1/2 CUP	1000	35	0	380	3.00	1.80	40.0	500	2.4	*N/A*	2.0	7.0	0.0	0.00	0.00
CANDIED APPLES	1/4 cup	1000	42	0	19	1.27	0.07	3.3	29	2.44	9	0.44	10.86	0.09	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK ET-SYSC	4 EACH	1000	40	0	400	0.00	0.00	0.0	400	0.0	*N/A*	0.0	12.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
DELI SANDWICH	1 each	500	234	43	947	3.00	2.37	*153.7	196	0.48	*N/A*	22.28	22.79	7.57	2.63	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			617	50	1450	8.17	3.70	*396.7	1132	*27.50	*16 *10.2%	27.70 18.0%	77.43 50.2%	24.11 35.2%	6.86 10.0%	*0.00 *0.0%
Nutrient Guideline			750-850		1420											<10.00

Weighted Average			650	*49	*1071	*8.46	*3.90	*375.1	*4870	*38.11	*12 *16.2%	*28.12 *17.3%	*92.81 *57.1%	*20.06 *27.8%	*6.85 *9.5%	*0.10 *0.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	650		750 - 850	87%		100		Correction Required - Calories are Low
Cholesterol (mg)	49				Missing			
Sodium 1 (mg)	1071		1420		Missing			
Sodium 2 (mg)	1071		1080		Missing			
Fiber (g)	8.46				Missing			
Iron (mg)	3.90				Missing			
Calcium (mg)	375.1				Missing			
Vitamin A (IU)	4870				Missing			
Sugars (g)	12	7.19%			Missing			
Vitamin C (mg)	38.11				Missing			
Protein (g)	28.12	17.30%			Missing			
Carbohydrate (g)	92.81	57.09%			Missing			
Total Fat (g)	20.06	27.76%			Missing			
Saturated Fat (g)	6.85	9.48%	<10.00%		Missing			
Trans Fat ¹ (g)	0.10	0.14%			Missing			

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Victoria I.S.D.

Base Menu Spreadsheet

Portion Values - Detailed

Dec 17, 2018 thru Dec 19, 2018

HIGH SCHOOL CYCLE 1-LUNCH

Generated on: 11/28/2018 3:26:51 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 12/17/2018																
HIGH SCHOOL CYCLE 1-L	Total	2000														
CHICKEN FRIED STEAK SANDWICH	SANDWIC	500	491	45	793	4.02	5.42	100.6	0	0.0	*N/A*	23.06	54.26	22.53	8.01	*0.00
HOT DOG ON A BUN:turkey hot	1 EACH	500	261	25	772	2.42	1.81	100.7	0	*0.0	*N/A*	9.84	20.98	15.02	4.90	0.00
TURKEY WRAP	1 each	500	375	63	1240	1.73	3.65	271.1	516	3.11	*1	26.57	23.68	14.88	4.90	*0.17
MASHED POTATOES-SIMPLOT	1/2 CUP	800	90	0	380	0.00	0.36	20.0	0	30.0	*N/A*	2.0	17.0	1.5	0.00	0.00
SPINACH: frozen,boiled	1/2 CUP	800	32	0	92	3.52	1.86	145.4	11458	2.09	0	3.81	4.56	0.83	0.15	0.00
PINEAPPLE TIDBITS-WORLD H ORIZO	1/2 CUP	2000	80	0	0	1.00	0.00	0.0	0	9.0	*N/A*	0.0	19.0	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
BAKED CHIPS-VARIETY	1BAG	500	145	0	225	2.00	0.54	55.0	50	0.9	*N/A*	2.25	22.0	2.87	1.13	*0.00
CONDIMENT, KETCHUP PACK ET-SYSC	4 EACH	1000	40	0	400	0.00	0.00	0.0	400	0.0	*N/A*	0.0	12.0	0.0	0.00	0.00
CONDIMENT,MUSTARD PACK ET-SYSCO	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
CONDIMENTS, SALAD DRESSING PAC	1 EACH	500	35	0	85	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	3.0	0.00	0.00
MILK - Variety	HALF PINT	1000	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			588	37	1264	7.34	4.24	326.8	5326	*41.22	*12	22.47	87.95	16.14	5.09	*0.04
% of Calories											*8.0%	15.3%	59.9%	24.7%	7.8%	*0.1%
Nutrient Guideline			750-850		1420										<10.00	

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Victoria I.S.D.

Base Menu Spreadsheet

Portion Values - Detailed

Dec 17, 2018 thru Dec 19, 2018

HIGH SCHOOL CYCLE 1-LUNCH

Generated on: 11/28/2018 3:26:51 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 12/18/2018																
HIGH SCHOOL CYCLE 1-L	Total	2000														
LASAGNA WITH GROUND BEEF	SERVINGS	1000	282	39	326	2.60	2.96	301.4	849	9.43	*3	18.68	27.87	10.24	5.58	*0.25
HAM / CHEESE CROISSANT	1 EACH	300	312	45	1107	3.00	8.60	210.0	770	0.0	*N/A*	20.34	35.34	13.34	7.17	0.00
WG MOZZARELLA STICKS (RI CH'S)	5 EA	500	400	25	450	2.50	2.00	458.0	428	458.0	*N/A*	20.0	35.0	20.0	7.50	0.00
BROCCOLI: frozen, boiled	1/2 CUP	1000	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.02	0.00
CORN: canned, yellow	1/2 CUP	500	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
SALAD,TOSSED: no dressing	1 cup	1000	45	0	26	3.73	1.36	54.2	11988	19.94	5	2.36	9.54	0.53	0.08	0.00
PEARS WITH CHERRIES	1/2 CUP	1000	35	0	2	0.87	*0.16	*0.0	*0	*0.52	*N/A*	*N/A*	8.72	0.0	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
GARLIC BREAD:SYSO FOOD S:RICH	1SLICE	1000	173	10	346	1.99	1.43	80.3	118	0.0	*0	4.02	27.78	5.81	2.43	*0.15
PIZZA SAUCE; LABATT FOOD SERVI	1/8 CUP	800	22	0	180	1.80	0.65	0.0	450	8.1	*N/A*	1.8	5.4	0.0	0.00	*N/A*
MILK - Variety	HALF PINT	1500	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			587	43	866	10.57	*5.58	*551.1	*7781	*170.09	*17	*29.91	86.16	16.44	7.47	*0.20
% of Calories											*11.5%	*20.4%	58.7%	25.2%	11.5%	*0.3%
Nutrient Guideline			750-850		1420										<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 12/19/2018																
HIGH SCHOOL CYCLE 1-L	Total	2000														
CHILI BEEF MAC	1CUP SE	500	350	*77	880	*1.48	2.96	197.2	*530	*12.7	*1	25.16	25.19	16.07	7.15	*0.18
SUNBUTTER&JELLY W/ STRIN	1 SAND	500	463	13	573	6.94	4.84	643.2	201	0.0	*3	18.98	48.85	22.48	5.51	0.02
G CHEE	WICH															
Chef Salad W/Chicken& Crackers	1 ea	300	511	66	1279	6.15	6.23	270.1	24359	43.8	*6	29.94	60.25	17.27	5.49	*1.70
PEAS: frozen,boiled	1/2 CUP	1500	62	0	58	3.60	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	0.00
SWEET POTATO FRIES STRAI	1/2 C	500	140	0	160	3.00	0.72	40.0	1000	1.2	*N/A*	1.0	20.0	6.0	0.00	0.00
GHT-SI																
JUICE, VARIETY FRUIT P.C.- VIT	CONTAIN	2000	105	0	16	0.00	*0.18	0.0	0	*17.25	*N/A*	0.0	25.5	0.0	0.00	0.00
	ER															
FRUIT,FRESH ASSORTED	1 EACH	2000	60	0	1	2.39	0.19	13.8	277	17.98	11	0.71	15.59	0.21	0.05	0.00
CONDIMENT, KETCHUP PACK	4 EACH	500	40	0	400	0.00	0.00	0.0	400	0.0	*N/A*	0.0	12.0	0.0	0.00	0.00
ET-SYSC																
CONDIMENT,MUSTARD PACK	1 EACH	500	0	0	70	0.00	1.08	40.0	100	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
ET-SYSCO																
MILK - Variety	HALF PINT	1800	103	7	157	0.00	0.06	210.0	200	*0.8	*N/A*	8.0	16.0	0.83	0.50	0.00
Weighted Daily Average			630	*38	913	*8.87	*4.67	487.9	*5928	*51.94	*16	26.78	99.60	14.85	4.51	*0.30
% of Calories											*10.1%	17.0%	63.2%	21.2%	6.4%	*0.4%
Nutrient Guideline			750-850		1420										<10.00	
Weighted Average			602	*39	1015	*8.92	*4.83	*455.3	*6345	*87.75	*15	*26.38	91.24	15.81	5.69	*0.18
											*22.2%	*17.5%	60.6%	23.6%	8.5%	*0.3%

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¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Victoria I.S.D.

Base Menu Spreadsheet

Portion Values - Detailed

Dec 17, 2018 thru Dec 19, 2018

HIGH SCHOOL CYCLE 1-LUNCH

Generated on: 11/28/2018 3:26:51 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	602		750 - 850		80%			148		Error Messages (if any) Correction Required - Calories are Low							
Cholesterol (mg)	39					Missing											
Sodium 1 (mg)	1015			1420													
Sodium 2 (mg)	1015			1080													
Fiber (g)	8.92					Missing											
Iron (mg)	4.83					Missing											
Calcium (mg)	455.3					Missing											
Vitamin A (IU)	6345					Missing											
Sugars (g)	15	9.86%				Missing											
Vitamin C (mg)	87.75					Missing											
Protein (g)	26.38	17.54%				Missing											
Carbohydrate (g)	91.24	60.65%															
Total Fat (g)	15.81	23.65%															
Saturated Fat (g)	5.69	8.51%		<10.00%													
Trans Fat ¹ (g)	0.18	0.27%				Missing											

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