

Thursday, August 29, 2019

# WILDCATS!

**RELATIONSHIPS \* RIGOR \* RELEVANCE**

**EVEN Day schedule:**

<b>Period 1:</b>	<b>7:00 – 8:00am</b>
<b>Tutorial:</b>	<b>8:00 – 8:20am</b>
<b>Period 2/3:</b>	<b>8:25 – 10:13am</b>
<b>Brunch:</b>	<b>10:13 – 10:28am</b>
<b>Period 4/5:</b>	<b>10:35 – 12:15pm</b>
<b>Lunch:</b>	<b>12:15 – 12:55pm</b>
<b>Period 6/7:</b>	<b>1:05 – 2:45pm</b>

**AOD: MR. WILSON**

**YOU**  
ARE  
**STRONGER**  
→ than you ←  
**THINK**

## Clubs/Sports/ASB/Library

### Announcements

#### Class Officers

Any freshman interested in running for a class office please attend a mandatory meeting today at brunch in ASB room

Career Visions has moved to the Career Center. Are you 16 or older and looking for work? Come see what Career Visions can do for you. Site Representative Mrs. Ritchie is available on most Mondays, Thursdays, and Fridays. Visit [cvworks.org](http://cvworks.org) for more information about Career Visions.

#### Library

Check out the cool benches next to the charging station in the library lobby. Remember to return your damage report August 30th, this Friday.

## **SENIOR SUNRISE!**

Senior Sunrise is Friday Aug. 30!! Bring your blankets, lawn chairs and come on out to the football field grass area to watch the sunrise on your senior year!!! Gates will open at 5:45 am. Bagels and doughnuts will be served.

## **CSF Applications are due on September 5 & 6**

You must turn in your application IN Person to room 303 at 8AM or Brunch on September 5 or Lunch on September 6!

All members, current and new, must apply to CSF EVERY SEMESTER!!

Students will need:

1. The completed application (print and use the course list to complete your application).  
You can find this on the CSF website: <https://mrssolarez.weebly.com/csf.html>
2. A copy of your grades from Spring 2019 semester.

After your application has been accepted, please pay the \$5 dues to the ASB Webstore by September 13!

**Hip Hop Clinic and Tryouts** - There will be a Hip Hop Clinic this Friday, August 30 at lunch in the Dance Room for anyone interested in trying out for the Hip Hop team. The tryout date is Thursday, Sept. 5 at lunch in the Dance Room.

**The Wildcat Wellness Center** is open from 8:00 to 3:30 for quiet reflection. The Center will be closed today at lunch. Just a reminder to those of you interested in helping to plan activities in the Center, the Steering Committee is meeting in the Center today at lunch, so the Center will be closed. Please join us every morning for Mindfulness Meditation from 8:10 to 8:25. Yoga starts next week at 8 a.m. on late start Wednesday. Angelita Weber, our yoga instructor, will also be hosting the first of our lunch time speaking series. She will be talking about "Wellness and Strategies to Stay Well" We hope you will stop by Wednesday at lunch. Look for the calendar events for September posted around the campus.

## **Sports**



Freshman Football vs. Los Osos 4:00pm @ West Ranch

