



# Collegewood Elementary School

*A California Gold Ribbon School*

Mary Wendland

Principal



Laura O'Donnell  
Elementary Learning Specialist

Tamie Liptak  
Administrative Assistant

Gaby Manganiello  
Office Assistant

---

## Wellness Policy

Dear Collegewood Families,

In an effort to ensure that the Wellness Policy for the Walnut Valley Unified School District is recognized as a Collegewood Elementary school policy we are providing detailed information regarding classroom parties and celebrations.

Classroom celebrations will be allowed four times a year: Halloween, Winter break, Valentine's Day, and End of the year. *California Education Code, Title 5 Section 1501*

California Health and Safety Code: Department of Health Services, *California Uniform Retail Food Facilities Law dated April, 1994-* No food prepared or stored in a private home shall be used, stored, served, offered for sale, or given away in a school food facility.

In an effort to comply with the new federal USDA guidelines for healthy eating, Collegewood Elementary encourages parents/guardians or other volunteers to support nutritional quality when selecting foods/snacks for the classroom celebrations. Classroom celebrations should include healthy snacks and may include **one** food or beverage that does not meet nutritional standards.

Student birthday celebrations with snacks will not be permitted. Snacks, cupcakes etc... will not be delivered to classrooms for any reason. This is in an effort to follow nutritional guidelines of the Wellness Policy and ensure the safety of students who may have an allergy due to certain foods. If you would like to acknowledge your child's special day, you may provide a happy birthday pencil to the classroom, donate a book or physical education equipment in your child's honor .

For more information about the Health and Wellness policies please visit our district website at [www.wvusd.k12.ca.us](http://www.wvusd.k12.ca.us) and visit our food services department or you may wish to visit [www.choosemyplate.gov](http://www.choosemyplate.gov) for more information on the federal guidelines. Thank you for adhering to the WVUSD Health and Wellness policy.

Fondly,

Mary Wendland, EdD