

SCHOOL LUNCH MENU

St. Joseph Hill Academy

Welcome
Back to school!



September
2019



Choose your sides
and make it a meal!

- Vegetable of the day
- Roasted potatoes
- French fries
- Mixed salad
- Mashed potatoes
- Onion rings
- Rice of the day
- Beans of the day

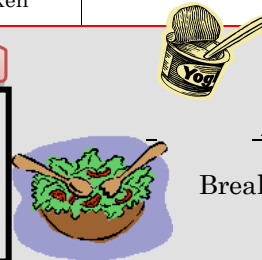
Fresh fruit of the day
(Apple, Orange, Pear)

 **FOUR SEASONS**
food service management

Mon	Tue	Wed	Thu	Fri
2 Labor Day	3 Join The Meal Plan & Save 5-10%	4 <u>Vegetarian option</u> <u>available daily and</u> <u>made to order</u>	5 <u>No H.S.</u> Chicken fritter Mac & cheese wedges Hot dog Chicken wrap	6 Chicken Panini Pizza Pasta w/vodka sauce Mozzarella sticks Chicken nuggets
9 Bacon cheeseburger Vegetable lo mein Popcorn chicken Chicken cutlet bruschetta Potato Knish	10 Roast beef Panini Cheese Ravioli Chicken tenders Mini Tacos Sausage & peppers	11 Rigatoni w/ broccoli, Chicken quesadillas Taco bowl Mac & cheese wedges Harvest Turkey Wrap	12 Hamburger/cheeseburger Grilled chicken Caesar wrap Penne Alfredo Chicken parm Pizza nugget bites	13 Pasta w/Vodka sauce Pizza Mozzarella sticks Mediterranean chicken pita Chicken nuggets
16 Spaghetti w/meatballs Chicken Tenders Chinese beef & broccoli Black bean burger Meatball hero	17 Pasta marinara Chicken marsala Turkey, bacon & cheese Panini Steak quesadillas Pizza roll	18 Grilled chicken club Beef taco Pasta primavera Popcorn chicken Potatoes & eggs sub	19 Hamburger/cheeseburger Baked ziti Buffalo chicken wrap Chicken parm Onion rings	20 Pasta w/Vodka sauce Pizza Mozzarella sticks Chicken nuggets Eggplant, fresh mozzarella & roasted peppers
23 <u>Breakfast for lunch</u> Macaroni & cheese Chicken hummus wrap Popcorn chicken wrap Buffalo wings French toast/ eggs & bacon	24 Chicken tenders Tortellini Alfredo w/peas Ham & Swiss Panini Philly cheese steak Baked breaded chicken	25 Stuffed shells Chicken quesadillas Breaded chicken wrap Chicken Francese Rice ball	26 Roasted turkey breast Popcorn chicken Meatball Panini Mac & cheese wedges Hot dog	27 Chicken Panini Pizza Pasta w/vodka sauce Mozzarella sticks Chicken nuggets Frittata

30 Grilled chicken cutlet bowl
Pepper steak gyro
Chicken Tenders
Spaghetti, garlic & oil
Grilled cheese

Featuring
All New
Salad Bar!



Available Daily

Breakfast, Yogurt, Salads, Sandwiches



Boar's Head
Brand
Deli Meats

Gluten free, no msg,
No trans fats or fillers

