

VALLEY VISTA HIGH SCHOOL MENU 2018-2019



HOME OF THE EAGLES

Superintendent
Dr. Clint Harwick

Administrator
Food and Nutrition Services
Lauren Teng

14325 Goldenwest St. Building 1
Westminster, CA 92683
(714) 894-1698



Breakfast Express

*Breakfast is available in the morning
before school.*

Full Pay: \$2.00 Reduced: \$0.30



*Free to eligible students.
Not all entrees offered daily.
Students must take a fruit or
vegetable with their entrée.*

- ◆ Bagel with Sausage, Egg & Cheese (T & Th)
- ◆ Breakfast Sandwich with Bacon, Egg & Cheese (T & Th)
- ◆ Breakfast Pizza (M, W, F)
- ◆ Cereal w/ Milk
- ◆ Mini Donuts, 6pk
Chocolate or Powdered
- ◆ Pop Tarts
Strawberry and Cinnamon
- ◆ Benefit Bar
Assorted Flavors
- ◆ Bagel/ Cream Cheese
- ◆ Muffin 4oz.
Chocolate Chip, Blueberry, Banana Nut
- ◆ Uncrustables
Grape & Strawberry
- ◆ Glazed Breakfast Bun

*Students must use their I.D. cards to
get a meal, regardless of eligibility.*

Snacks

*Outside carts are located throughout
the campus*

Baked Chips		\$1.00
Granola Bar		\$0.75
Yogurt, 8oz.		\$1.00
Burrito		\$2.00
Pizza Slice		\$2.50
Beef Tornado		\$1.00
Brownie		\$.75
Cookie, 1.5oz.		\$0.50
Ice Cream		\$1.00-\$3.00



Side Orders

Fresh Fruit	\$0.75
Fruit with Gelatin (T & Th)	\$0.75
Green Salad, 8oz. cup (T)	\$0.75
Salad Dressing, 1oz.	\$0.25
Carrot Sticks	\$0.75
Assorted Veggies/Potatoes	\$0.75
Hummus (W)	\$0.75
Edamame (T)	\$0.75
Dried Fruit Mix	\$0.75

Beverages



100% Juice, 4oz.	\$0.40
Milk, 8oz.	\$0.50
Water, Bottled, 20oz.	\$1.00
Gatorade G2, 12oz.	\$1.00

This institution is an Equal Opportunity Provider.

Lunch Combos

The following lunch combos are available in all areas. Combo meals include one entrée, fruit and/or vegetable & optional 1/2 pint milk/juice.

Full Pay: \$3.50-\$4.00 Reduced: \$0.40

Free to eligible students.
Not all entrees offered daily.
Students must take a fruit or vegetable with their entrée.

House Specialties

Mondays

Chicken Mashed Potato Bowl	\$3.75
Breaded Chicken Leg	\$3.75
Teriyaki Chicken Rice Bowl	\$3.75

Tuesdays

Orange or Honey Fire	
Chicken Rice Bowl	\$3.75

Wednesdays

Chicken Mashed Potato Bowl	\$3.75
Breaded Chicken Leg	\$3.75
Teriyaki Chicken Rice Bowl	\$3.75
Spaghetti with Meatballs	\$3.75
Pulled Pork Sandwich	\$3.75

Thursdays

Orange or Honey Fire	
Chicken Rice Bowl	\$3.75

Fridays

Breaded Chicken Leg	\$3.75
Teriyaki Chicken Rice Bowl	\$3.75
Roast Turkey with Gravy	\$3.75

Daily Grill



Our burgers are made with 100% Real Beef

Cheeseburger	\$3.75
Western Cheeseburger	\$3.75
Ultimate Cheeseburger (F)	\$3.75
Spicy Chicken Burger	\$3.75
Chicken Patty Burger	\$3.75
White Meat Chicken Nuggets	\$3.75
Pizza Slice	\$3.75

Cheese, Pepperoni or Veggie



Fiesta Express



Bean & Cheese Burrito (vegetarian)	\$3.50
Chili Cheese Nachos	\$3.75
Spicy Cheese Nachos	\$3.75

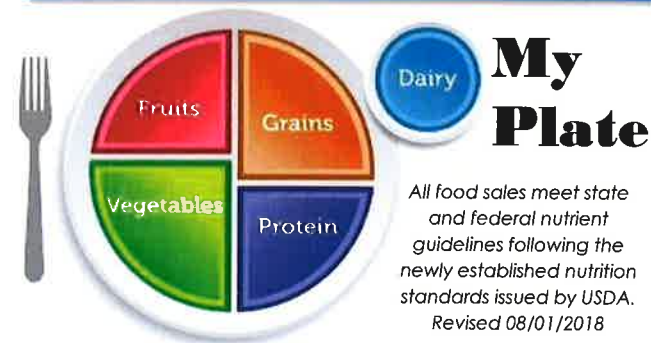
* MENU SELECTION MAY VARY FROM SCHOOL TO SCHOOL.
** Prices & menu are subject to change at any time.
*** All adult sales are subject to sales tax.

Deli Fresh



Chicken Caesar Salad	\$3.75
Vegetarian Salad	\$3.75
Oriental Salad (Th)	\$3.75
Grab & Go Hummus Box (Vegetarian)	\$3.75
Grab & Go Protein Pack	\$3.75
PB&J Uncrustables	\$3.75
Tuna Salad on Wheat (M, W, F)	\$3.75
Turkey Ham & Cheese Bagel	\$3.75
Turkey Sandwich on Wheat	\$3.75
Turkey Ham & Cheese on Wheat	\$3.75
Bagel and Yogurt	\$3.75

For a complete meal, students must select at least 3 colors from My Plate, one of which must be from the veggie or fruit group. Refer to the "Combo Breakfast or Lunch" sign for assistance. Students will be sent back to choose any missing fruit, veggie, or other component.



All food sales meet state and federal nutrient guidelines following the newly established nutrition standards issued by USDA. Revised 08/01/2018