



January 2019

Happy New Year!



Monday
INSIDE

GALAXY PIZZA
C 300 F12 SF 4 CHO 33

KIOSK

MINI CHEESE BURGERS
C 287 F 8.1 SF 3 CHO 34.3

Tuesday
INSIDE

FRENCH BREAD PIZZA
C 310 F 12 SF 4.5 CHO 34

KIOSK

**ORIENTAL CHICKEN

Wednesday
INSIDE

STUDENT'S CHOICE
*SEE CHART →

KIOSK

CALZONE
C 410 F 16 SF 7 CHO 47

Thursday
INSIDE

COOK'S CHOICE
*SEE CHART →

KIOSK

CHICKEN TENDERS
C 250 F 10 SF 1.5 CHO 15

Friday
INSIDE

SPICY CHICKEN SANDWICH
C 350 F 13 SF 2.5 CHO 42

KIOSK

GREEN CHILI & CHEESE
FLAQUITO
C 338 F 10.5 SF 5.5 CHO 31



Choice Of: 1% White Milk, Nonfat Chocolate Milk & Strawberry Milk Offered with every meal.

*All grains served are Whole Grain Rich (WGR)

1/21/19: DR. MARTIN L. KING, JR. Day- No School



OFFERED DAILY INSIDE:

YOGURT/GRANOLA
C 290 F 4 SF 1.7 CHO 57

PB & J
C 300 F 17 SF 3 CHO 32

***Student's Choice:**

- 1/9/19 Chicken Fajita
C 212 F 5.98 SF 1.8 CHO 24.6
- 1/16/19 Chili Cheese Fries
C 262 F 10.9 SF 3.68 CHO 29.37
- 1/23/19 Build your own Burrito
C 279 F 8.98 SF 4.59 CHO 34.35
- 1/30/19 Mozzarella Sticks
C 300 F 12 SF 7 CHO 36

***Cook's Choice:**

- 1/10/19 Queso Blanco Nachos
C 258 F 17 SF 6.3 CHO 18
- 1/17/19 Chicken Tacos
C 212 F 4.48 SF .8 CHO 18
- 1/24/19 Pork Rib B Que Sandwich & Tater Tots
C 311 F 9.6 SF 2.4 CHO 38.1
C 120 F 7 SF 1 CHO 14
- 1/31/19 Hot Dog & Tater Tots
C 240 F 10.5 SF 2.5 CHO 26
C 120 F 7 SF 1 CHO 14

- ✓ Lunch is \$2.25
- ✓ Breakfast is Free to everyone.
- ✓ Please pay meals daily or in advance at:
www.K12PaymentCenter.com
- ✓ Questions: (951)928-2758
Email: jjones@nuview.k12.ca.us

You may apply for
free or reduced priced meals at:
www.lunchapplication.com



**Orange Chicken C 268 F 3.88 SF .68 CHO 43.39
**Spicy Sichuan Chicken C 198 F 2.88 SF .68 CHO 28.39

ALL LUNCHES INCLUDE SALAD BAR
C=Calories, F=Fat, SF=Saturated Fat, CHO=Carbohydrates
Menu subject to change without notice