

CRISP COUNTY HIGH SCHOOL MARCH 2019 MENU

**ALL BREAKFAST and LUNCH OFFERED DAILY AT
NO CHARGE FOR ALL STUDENTS ALL YEAR-
This is 1 meal per student**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 WAFFLES & HAM / FRUIT or JUICE <hr/> LUNCH ENTREES CORNDOGS/ MANAGER CHOICE PIZZA <hr/> LUNCH VEGETABLES /LETTUCE & TOMATO BAKED BEANS / CORN/SANDWICH FIXINGS FRUIT
4 HAM CROISSANTS/ FRUIT or JUICE <hr/> LUNCH ENTREES CHICKEN NUGGETS or PHILLY CHEESE STEAK SANDWICH or SALAD <hr/> LUNCH VEGETABLES/ SIDES MAC N CHEESE/ GREEN PEAS / MIXED FRUIT/TANGERINE	5 MUFFIN & SAUSAGE/ FRUIT or JUICE <hr/> LUNCH ENTREES TACO SALAD or FISH SANDWICH or SALAD <hr/> LUNCH VEGETABLES CALIOFRNIA BLEND VEGETABLES/ CORN/ LETTUCE/TOMATOES/ PEACHES/ APPLES	6 SAUSAGE & TOAST/ FRUIT <hr/> LUNCH ENTREES LUNCH ENTREES STEAK NUGGETS TURKEY SUB or SALAD <hr/> LUNCH VEGETABLES MASHED POTATO LIMA BEAN NEW BISCUIT SANDWICH FIXINGS PINEAPPLE/BANANA/ STRAWBERRIES	7 BREAKFAST PIZZA/ FRUIT or JUICE <hr/> LUNCH ENTREES BRUNSWICK STEW W/GRILLED CHEESE SANDWICH/CORNBREAD or SALAD <hr/> LUNCH VEGETABLES BAKED BEAN FRIED OKRA /PEACHES/ ORANGES	8 CHEESE EGGS & TOAST/FRUIT or JUICE <hr/> LUNCH ENTREES BBQ SANDWICH PIZZA <hr/> LUNCH VEGETABLES FRIES SIDESALAD JUICE OR FROZEN JUICE BAR
11 PANCAKE PUP/SYRUP JUICE/MILK <hr/> LUNCH ENTREES CHICKEN FAJITA SAUSAGE DOGS SALAD BAR PBJ SANDWICH <hr/> SIDE SALAD SWEET POTATO FRIES MIXEDFRUIT TANGERINE JUICE/MILK	12 HAM CROISSANT FRUIT or JUICE <hr/> LUNCH ENTREES BEEF TIP over RICE or GRILLED CHICKEN SANDWICH or SALAD <hr/> LUNCH VEGETABLES SWEET PEAS/S/SANDWICH FIXINGS PEACHES/ APPLES	13 STEER AND BARROW DAY NO SCHOOL TEACHER PLANNING	14 BREAKFAST PIZZA /FRUIT or JUICE <hr/> LUNCH ENTREES CHICKEN NACHOS or SLOPPY JOE or SALAD <hr/> LUNCH VEGETABLES BAKED BEANS /CORN /ORANGES/ PLUMS OR APPLESAUCE	15 PANCAKES & HAM/FRUIT or JUICE <hr/> LUNCH ENTREES CHEESEBURGER MANAGER CHOICE PIZZA CHEF SALAD <hr/> LUNCH VEGETABLES FRIES SANDWICH FIXIN JUICE OR FROZEN JUICE BAR
18 FRENCH TOAST STICKS/ FRUIT or JUICE <hr/> LUNCH ENTREES TERIYAKI CHICKEN w/ RICE and ROLL or MEATBALL SUB or SALAD <hr/> LUNCH VEGETABLES SWEET PEAS and STEAMED CARROTS/ CARROT & CELERY STICKS w/ RANCH/MIXEDFRUIT/ TANGERINE	19 MUFFIN and SAUSAGE / FRUIT or JUICE <hr/> LUNCH ENTREES VEGETABLE SOUP W/ GRILLED CHEESE SANDWICH or COMBO SUB or SALAD <hr/> LUNCH VEGETABLES SANDWICH FIXINGS/SIDE SALAD/ SWEET POTATO FRIES/ APPLES/PEACHES	20 NEW CHICKEN BISCUIT / FRUIT or JUICE <hr/> LUNCH ENTREES PORK BURRITO or BREADED CHICKEN SANDWICH or SALAD <hr/> LUNCH VEGETABLES CORN/LETTUCE/TOMATO GREEN BEANS PINEAPPLES/BANANA/ STRAWBERRIES	21 BREAKFAST PIZZA/ FRUIT or JUICE <hr/> LUNCH ENTREES HAMBURGER STEAK W/ GRAVY OR SANDWICH WRAP or SALAD <hr/> LUNCH VEGETABLES LIMA BEANS/ MASHED POTATOES/ROLLS FRUIT	22 WAFFLES & HAM / FRUIT or JUICE <hr/> LUNCH ENTREES CORNDOGS/ MANAGER CHOICE PIZZA <hr/> LUNCH VEGETABLES BAKED BEANS /SUNCHIPS SIDE SALAD JUICE OR FROZEN JUICE BAR
25 SPRING BREAK NO SCHOOL	26 SPRING BREAK NO SCHOOL	27 SPRING BREAK NO SCHOOL	28 SPRING BREAK NO SCHOOL	1 SPRING BREAK NO SCHOOL

LINES 1-3 will have the hot entrée and vegetables **OR** sandwich choice and vegetables. Also check out our fresh fruit for your meals. PIZZA on MONDAYS and FRIDAYS

Extra items below will cost these amounts:
 Gatorade 1.00
 Bottled water 1.00
 CHIPS/COOKIES \$.50-1.00
THESE ITEMS ARE INCLUDED IN MEALS BUT CAN ALSO BE BOUGHT SEPERATELY OR IN ADDITION TO THE ONE MEAL

Sandwich/Pizza- 1.50
 Entrée-1.50(NOT SALAD)
 Milk .50
 Fruit/Juice .50

Money must be in student's account or student must have cash at time of sale

Money can also be put in account for student at each school cafeteria or go ONLINE to put money into accounts for extra items at

<https://www2.mypaymentsplus.com/welcome>
OFFERED EVERY DAY ON LINE 4 are 3 MEAL CHOICES

PIZZA MEAL, as with all meals, **REQUIRES 1/2 CUP FRUIT OR VEGETABLE**

BREAKFAST-

THERE IS A GRAB N GO BREAKFAST CHOICE DAILY. It has 2 Cereal Bars and a Fruit that can go in your bookbag for later. No eating in the classrooms. Take it with you if you have a club activity.



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HAVE YOU TRIED THE NEW BISCUIT FOT BREAKFAST ?



**"Start Your Engines With School Breakfast
National School Breakfast Week - March 4-8, 2019
Breakfast is the most important meal of the day.**

What Should I Eat?

- fruit
- vegetables
- grains (make at least half your grains whole grains)
- protein (meat, poultry, fish, eggs, dry beans, nuts, and seeds)
- dairy products (low-fat or fat-free milk, cheese, and yogurt)