

# K-12 Lunch Menu

# June 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <b>Manager's Choice Entree</b> <b>Mini Corndogs</b> Steamed Green Peas Manager's Choice Vegetable Diced Peas Manager's Choice Fresh Fruit	4 <b>Chicken Tenders w/Roll</b> <b>Beef Teriyaki Nuggets</b> <b>w/Roll</b> Broccoli Cheese Soup Manager's Choice Vegetable Mixed Fruit Cocktail Fresh Pear	5 <b>Manager's Choice Entree</b> <b>Chicken Quesadilla</b> Manager's Choice Vegetable Green Beans Sliced Peaches Fresh Orange	6 <b>Chicken Fillet Sandwich</b> <b>Manager's Choice Entree</b> Broccoli with Cheese Glazed Carrots Fruit Sorbet Fresh Apple	7 <b>PBJ Sandwich</b> <b>Individual Pepperoni</b> <b>Pizza</b> Steamed Corn Manager's Choice Vegetable Mixed Berry Fruit Cup Manager's Choice Fresh Fruit

**Notes:**

- \*One of the Manager's Choice vegetable must be a bean this week.
- \*You need to use up all fresh fruit on hand. The final day you should put out whatever you may have left. If you have remaining fresh fruit you need to let your Supervisor know so we can try to use it. Your goal should be to have no fresh fruit left so don't over order you can always put some extra canned fruit out.
- \*When ordering try to use commodity products we have on hand.
- \*Use up any stock of items that will not be on the menu next school year.
- \*Do not over order A La Carte items that have shorter expiration dates (chips and etc.) If you have a lot left that will be going out of date contact your supervisor prior to the last week so we can look at doing a special, if necessary.
- \*Individual Pepperoni Pizza are wrapped. You may add them on other days if you feel you have enough (this is mainly for high schools that will have lower participation).
- \*Remember you can always add to the menu but not take away. (Example: if you have yogurt left to use make munchables and add it to the menu)

**Lunch Meal Prices**

Reduced.....\$.40  
 Paid.....\$2.75-3.00

A reimbursable lunch consists of 1 item from each of the 5 groups\*:  
 1) Meat/Meat Alternate  
 2) Grain  
 3) Vegetable/Side  
 4) Fruit  
 5) Milk

Students may choose not to take 2 of the groups, however, they must take at least 3 of the 5 groups one must be a fruit or vegetable serving .

\*Menu items are subject to change based off of product availability.

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Free & Reduced Meal applications can be completed online at:  
[www.lunchapplication.com](http://www.lunchapplication.com)

Manage and monitor your student's account at:  
[www.k12paymentcenter.com](http://www.k12paymentcenter.com)  
 \*Independently run from the School Nutrition Program.

If your student has special dietary needs a 2018-19 Modified Diet Order Form must be completed.

ALLERGENS: Please be aware that Child Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the School Nutrition Office, at 336-242-5635.