

**ACERO K-8 LunchSmart Menu**

|   | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|--|
| <b>Spotlight Fruit of the Week: Fresh Pears</b> |  |  | <b>May 1</b><br>Bosco Stick* with Marinara Dipping Sauce<br>Broccoli Florets<br>Pineapple      | <b>May 2</b><br>Chili con Carne with Mini Cornbread Loaf*<br>Oven-Baked Potato<br>Wedges<br>Applesauce     | <b>May 3</b><br>Teriyaki Chicken<br>Brown Rice*<br>Broccoli Florets<br>Honey Oat Goldfish Cracker*<br>Pears                  |
| <b>Spotlight Fruit of the Week: Grapes</b>      | <b>May 6</b><br>Popcorn Chicken Bowl with Mashed Potatoes & Corn* & Honey Wheat Dinner Roll*<br>Peaches                  | <b>May 7</b><br>All-Beef Hot Dog on a Bun*<br>Oven-Baked Spiral-Cut French Fries<br>M&M Cookie*<br>Mixed Fruit   | <b>May 8</b><br>Orange Chicken<br>Brown Rice*<br>Sliced Carrots<br>Pineapple                   | <b>May 9</b><br>Rotini* with Homemade Meat Sauce<br>Broccoli Florets<br>Applesauce                         | <b>May 10</b><br>Chicken Fajita Rice Bowl* with Garnish Cup, Salsa & Sour Cream<br>Pears                                     |
| <b>Spotlight Fruit of the Week: Bananas</b>     | <b>May 13</b><br>BBQ Chicken Sandwich*<br>Parsley Redskin Potatoes<br>Peaches  | <b>May 14</b><br>Lemony Chicken Pasta* with Spinach Craisin Salad<br>Sunbelievable Slushie<br>Mixed Fruit<br> | <b>May 15</b><br>Chicken Caesar Wrap*<br>Black Beans<br>Pineapple                              | <b>May 16</b><br>Build-Your-Own Crunchy Beef Tacos* with Garnish Cup & Salsa<br>Baby Carrots<br>Applesauce | <b>May 17</b><br>Toasted Cheese Sandwich* with Tomato Soup & Cheddar Goldfish Crackers*<br>California Blend Veggies<br>Pears |
| <b>Spotlight Fruit of the Week: Fresh Pears</b> | <b>May 20</b><br>Chicken Parmesan Sandwich on a Bun*<br>California Blend Veggies<br>Peaches                              | <b>May 21</b><br>Beef Burrito Bowl* with Black Beans, Corn, Garnish Cup & Salsa<br>Mixed Fruit   | <b>May 22</b><br>Beef Sloppy Joe on a Bun*<br>Baby Carrots<br>Pineapple                        | <b>May 23</b><br>Handcrafted Mac & Cheese* with Honey Wheat Dinner Roll*<br>Green Peas<br>Applesauce       | <b>May 24</b><br><b>No Classes</b>   |
| <b>Spotlight Fruit of the Week: Grapes</b>      | <b>May 27</b><br><b>No School</b><br> | <b>May 28</b><br>BBQ Rib Sandwich on a Bun* <sup>A</sup><br>Corn<br>Mixed Fruit  | <b>May 29</b><br>Grilled Chicken Sandwich* with Lettuce & Tomato<br>Refried Beans<br>Pineapple | <b>May 30</b><br>Spaghetti* with Turkey Meatballs & Marinara<br>Broccoli Florets<br>Applesauce             | <b>May 31</b><br>French Toast Sticks* with Syrup & Turkey Sausage<br>Baby Carrots<br>Pears                                   |



**Available Each Day: Salad, Fresh Fruit, Sunbutter & Jelly Sandwich\* with Yogurt Cup, Milk (1% & Skim White Plus Fat-Free Chocolate)**

**Additional Fresh Entrées Offered Daily**

**Monday** – All-American Cheeseburger on a Bun\*  
**Tuesday** – Chicken Nuggets\* with Twisted Breadstick\* & BBQ Dipping Sauce  
**Wednesday** – Super Nachos\* & Salsa\*  
**Thursday** – Breaded Chicken Sandwich\*  
**Friday** – Pizza\* (pepperoni French bread, cheese personal pan, and Big Daddy’s cheesy pizza rotate each week)

\*=Item contains whole grains / ^=Item contains pork / L=Locally sourced  
Milk served with lunch contains no artificial growth hormones or antibiotics  
Menu is subject to change based on availability and quality of food items

**Color Me Active**

Did you know that May is National Physical Fitness and Sports Month? Regular physical activity is important because it keeps your body working the way it should. Most health professionals suggest that kids and teens get at least one hour of physical activity each day. Get started by doing something you enjoy such as playing sports, skateboarding, dancing, jumping rope, and running. If you enjoy something, you are more likely to stick with it. Start small. Changes such as taking the stairs instead of the elevator can even make a difference.

We made it! Our **Culinary Explorations** journey along Route 66 ends in **Santa Monica, California**. Did you know Santa Monica experiences more than 300 days of sunshine every year? We will relax and reminisce about our trip as we savor a breezy and delicious lunch featuring lemony chicken pasta and spinach craisin salad. We hope you enjoyed our cross-country tour.

