


MARCH BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
<p>4</p> <ul style="list-style-type: none"> • Multigrain Cheerios • Educational Snacks • Fresh Fruit • Choice of Milk • <u>Orange Juice</u> 	<p>5</p> <ul style="list-style-type: none"> • HOT French Toast Sticks • Fresh Fruits • Choice of Milk 	<p>6</p> <ul style="list-style-type: none"> • Yogurt • Educational Snack • Fresh Fruit • Choice of Milk • <u>Pineapple Juice</u> 	<p>7</p> <ul style="list-style-type: none"> • HOT Sausage & Cheddar Biscuit • Fresh Fruits • Choice of Milk 	<p>8</p> <ul style="list-style-type: none"> • Zee Zees Berry Apple Crisp Bar (DF) • Fresh Fruit • <u>Orange Juice</u>
<p>11</p> <ul style="list-style-type: none"> • Yogurt • HONEY Grahams • Fresh Fruit • Choice of Milk • <u>Orange Juice</u> 	<p>12</p> <ul style="list-style-type: none"> • HOT Omelet w/Cheese • Whole Grain Roll • Fresh Fruits • Choice of Milk 	<p>13</p> <ul style="list-style-type: none"> • String Cheese • Cinnamon Grahams • Fresh Fruit • Choice of Milk • <u>Pineapple Juice</u> 	<p>14</p> <ul style="list-style-type: none"> • Hot Cheesy Bagel Sandwich • Fresh Fruits • Choice of Milk 	<p>15</p> <p>SCHOOL CLOSED</p>
<p>18</p> <ul style="list-style-type: none"> • Cheerios • Animal Crackers • Fresh Fruit • Choice of Milk • <u>Orange Juice</u> 	<p>19</p> <ul style="list-style-type: none"> • Blueberry Burst Whole Grain Bagel • Cream Cheese • Fresh Fruits • Choice of Milk 	<p>20</p> <ul style="list-style-type: none"> • Yogurt • Honey Grahams • Fresh Fruit • Choice of Milk • <u>Pineapple Juice</u> 	<p>21</p> <ul style="list-style-type: none"> • HOT Classic Egg and Cheese Brekwich (English Muffin) • Fresh Fruits • Choice of Milk 	<p>22</p> <ul style="list-style-type: none"> • Cinnamon Raisin Bagel • Fresh Fruit • Choice of Milk • <u>Orange Juice</u>
<p>25</p> <ul style="list-style-type: none"> • Corn Chex • Giant Cinnamon Goldfish Grahams • Fresh Fruit • Choice of Milk • <u>Orange Juice</u> 	<p>26</p> <ul style="list-style-type: none"> • French Toast Muffin • Fresh Fruits • Choice of Milk 	<p>27</p> <ul style="list-style-type: none"> • Plain Whole Wheat Bagel • Cinnamon Grahams • Fresh Fruit • <u>Pineapple Juice</u> 	<p>28</p> <ul style="list-style-type: none"> • HOT Pancakes w/ Syrup • Fresh Fruits • Choice of Milk 	<p>29</p> <ul style="list-style-type: none"> • Blueberry Burst Whole Grain Bagel • Fresh Fruit • Choice of Milk • <u>Orange Juice</u>

CELEBRATE NATIONAL SCHOOL BREAKFAST WEEK!



DID YOU KNOW?

Studies show that students who eat breakfast have improved attention and memory, which leads to higher reading and math scores!

Breakfast: choice of 1% or fat-free milk; two pieces of fresh fruit served daily except when fruit juice is offered.

MARCH LUNCH

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

					<p>1</p> <ul style="list-style-type: none"> • Flame Broiled Beef Cheeseburger • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Green Peas
<ul style="list-style-type: none"> • Kickin Chicken Melt Sandwich • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Steamed Corn <p>4</p>	<ul style="list-style-type: none"> • BBQ Beef Flatbread Melt • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Seasoned Green Beans <p>5</p>	<ul style="list-style-type: none"> • Chili Citrus Drumstick with Rice (DF) • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Edamame ○ Steamed Corn <p>6</p>	<ul style="list-style-type: none"> • Pepper Jack Cheeseburger • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Chopped Lettuce and Sliced Tomatoes <p>7</p>	<ul style="list-style-type: none"> • Cheese Pizza with a Grain Crust (VG) • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Glazed Carrots <p>8</p>	
<ul style="list-style-type: none"> • The Revolution Hot Dog (DF) • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Seasoned Green Beans <p>11</p>	<ul style="list-style-type: none"> • Chicken Bites • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Glazed Carrots <p>12</p>	<ul style="list-style-type: none"> • Santa Fe Chili Chicken and Black Bean Wrap • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Pinto Beans ○ Steamed Corn <p>13</p>	<ul style="list-style-type: none"> • Breakfast for Lunch: Pancakes w/ Maple Turkey Sausage & Omelet • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Chopped Lettuce and Sliced Tomatoes <p>14</p>	<p>15</p> <p>SCHOOL CLOSED</p>	
<ul style="list-style-type: none"> • Pepperoni Pizza • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Seasoned Green Bean <p>18</p>	<ul style="list-style-type: none"> • Hot Turkey and Cheese Flatbread Sandwich • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Steamed Corn <p>19</p>	<ul style="list-style-type: none"> • Spicy Garlic-Soy Noodles with Popcorn Chicken • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Edamame ○ Diced Carrots <p>20</p>	<ul style="list-style-type: none"> • Italian Calzoni (VG) • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Chopped Lettuce and Sliced Tomatoes with RANCH <p>21</p>	<p>22</p> <ul style="list-style-type: none"> • Hawaiian Meatballs with Island Style Rice • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Orangy Carrots 	
<ul style="list-style-type: none"> • The Revolution Hot Dog (DF) • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Island Glazed Carrots <p>25</p>	<ul style="list-style-type: none"> • Grilled Chicken Bites with BBQ Bean Sauce (DF) • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Seasoned Green Beans <p>26</p>	<ul style="list-style-type: none"> • Creamy Pasta Alfredo • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Garbanzo, Edamame, & Shredded Carrots <p>27</p>	<ul style="list-style-type: none"> • Buffalo Chicken Pizza • Choice of Milk <ul style="list-style-type: none"> ○ Chopped Lettuce and Sliced Tomatoes with RANCH <p>28</p>	<p>29</p> <ul style="list-style-type: none"> • Crispy Chicken Sandwich (DF) • Fresh Fruit • Choice of Milk <ul style="list-style-type: none"> ○ Green Peas 	

DID YOU KNOW?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our website at revolutionfoods.com

Supper: choice of 1% or fat free milk; fresh fruit available daily.

Vegetarian (V) options available daily – if not listed on the menu, available upon request.