

APRIL 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Tamale in Red Sauce Greek Yogurt & Granola *** Chopped Romaine Apple & Eve Fruitable Juice Cilantro Peaches or Other Canned Fruit	2 Orange Chicken & Rice Chicken Ranch Salad *** Lunch Bunch Grapes Cucumbers and Tajin Apple & Eve Fruitable Juice Tangerines or Other Canned Fruit	3 Pepperoni* and Cheese Pizza *** Caesar Salad Mini Sweet Bell Peppers Carrots 100% Strawberry Frozen Cup	4 Chicken Drumstick Tater Tots Asian Chicken Salad *** Orange Smiles Jicama and Tajin Apple Slices Potato Dish Cookie or Brownie Day	5 Cheeseburger Chicken Caesar Salad *** Ocean Spray Dried Cranberries Caesar Salad Pinto Bean Salad 100% Berry Fruit Pop
8 Bean & Cheese Pupusa Curtido Greek Yogurt & Granola *** Chopped Romaine Apple & Eve Fruitable Juice Cilantro Peaches or Other Canned Fruit	9 Chicken Tenders Chicken Ranch Salad *** Lunch Bunch Grapes Cucumbers and Tajin Apple & Eve Fruitable Juice Tangerines or Other Canned Fruit	10 Pepperoni* and Cheese Pizza *** Caesar Salad Mini Sweet Bell Peppers Carrots 100% Strawberry Frozen Cup	11 Mac N Cheese Asian Chicken Salad *** Orange Smiles or Jicama and Tajin Apple Slices Cookie or Brownie Day	12 Breaded Chicken on a Bun Chicken Caesar Salad *** Ocean Spray Dried Cranberries Caesar Salad Pinto Bean Salad 100% Berry Fruit Pop
15 Ground Beef Taco Greek Yogurt & Granola *** Chopped Romaine Apple & Eve Fruitable Juice Cilantro Peaches or Other Canned Fruit	16 Asian Beef & Rice Chicken Ranch Salad *** Lunch Bunch Grapes Cucumbers and Tajin Apple & Eve Fruitable Juice Tangerines or Other Canned Fruit	17 Pepperoni* and Cheese Pizza *** Caesar Salad Mini Sweet Bell Peppers Carrots 100% Strawberry Frozen Cup	18 Chicken Nuggets Asian Chicken Salad *** Orange Smiles Jicama and Tajin Apple Slices Potato Dish Cookie or Brownie Day	19 Local Holiday No School



29 Carnitas Taco* Greek Yogurt & Granola *** Chopped Romaine Apple & Eve Fruitable Juice Cilantro Peaches or Other Canned Fruit	30 Orange Chicken & Rice Chicken Ranch Salad *** Lunch Bunch Grapes Cucumbers and Tajin Apple & Eve Fruitable Juice Tangerines or Other Canned Fruit	Milk offered with every meal! We offer the following low fat or non fat milk products: 1% White, Non-fat Chocolate, Lactaid, Soy Milk.	La leche ofrecida con ¡cada comida! Ofrecemos los siguientes productos lácteos bajos en grasa o sin grasa: 1% de chocolate blanco, sin grasa, lactosa, leche de soja.
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Meal Pricing and Charge Policy:

See inside of front cover

Meal Applications:

Refer to page 3

Updated menus will be posted on our website, yourchew.com, as well as nutrient analysis.

Póliza de precios y cargos de comida: vea el interior de la portada.

Aplicaciones de comida: consulte la página tres. El menú está sujeto a cambios.

Los menús actualizados se publicarán en nuestro sitio web, yourchew.com, así como el análisis de nutrientes.

Additional Entrée Choices

Opciones adicionales

Mon/Lunes: Grilled Cheese

Tues/Martes: Sunflower Seeds & Granola Bar

Wed/Miercoles: Cheese Pizza

Thurs/Jueves: Garlic Cheese Bread

Fri/Viernes: Morning Star
Black Bean Burger

Additional Protein/ Proteína adicional

Mozzarella String Cheese or Sunflower Seeds (Varies day to day)

Light Mozzarella String Cheese o semillas de girasol (Varia día a día)

Additional Whole Grain/ Grano Entero Adicional

Mon/Lunes: Organic Annie Grahams

Tues/Martes: Back to Basics
Wheat Crackers

Wed/Miercoles: Crackers

Thurs/Jueves: Cookie Day

Fri/Viernes: Pepperidge Farms
Goldfish Pretzels