

# MAY 2018

## Brown Primary Breakfast Menu

Good Eats at:

Special Announcements  
**FRUIT,**  
**100 % FRUIT JUICE**  
**AND**  
**WHITE MILK**  
**OFFERED**  
**DAILY**



TEXAS DEPARTMENT OF AGRICULTURE  
 COMMISSIONER SID MILLER

**'YOU ART WHAT YOU EAT'**  
 ART CONTEST  
 CREATE & ENTER!  
 ENDS MAY 15!  
[squaremeals.org/artcontest](http://squaremeals.org/artcontest)

MON	TUE	WED	THUR	FRI
	PANCAKE ON STICK 1	CEREAL 2	YOGURT CUPS W/GRAHAM CRACKERS 3	FRENCH TOAST 4
BREAKFAST TACOS 7	PIGS N BLANKET 8	PANCAKES 9	BREAKFAST PIZZA 10	CINNAMON ROLLS PASTRIES FOR PARENTS 11
DONUT HOLES 14	POPART 15	CINNAMON TOAST 16	CEREAL BAR OR CEREAL 17	SAUSAGE AND BISCUIT 18
MINI CORNDOGS 21	PANCAKE ON STICK 22	CEREAL 23	YOGURT CUPS W/GRAHAM CRACKERS 24	FRENCH TOAST 25
BREAKFAST TACO 28	PIGS N BLANKET 29	PANCAKES 30	BREAKFAST PIZZA 31	

**SUMMER MEALS FOR KIDS**  
 No Cost For Kids 18 and Younger

STARTING JUNE 1  
 For A Meal Near You  
 Call 211 or Text  
 FOODTX to 877-671

+200  
 +100  
 +50



Fun facts on back!



# IBiLUESIERRIES

Bobby Blueberry here. Plump, juicy and sweet, my brothers and I grow together on bushes in small clusters or groups. Each one of us is about the size of a marble and round in shape. We are pale greenish at first, then turn reddish-blue, and then dark blue when ready to eat. We mostly bloom any time between May and August. We're super easy to eat because you have to wash us but you don't need to peel us or remove a pit (a large seed in the center).



## Launch IP>4D

BLUEBERRY GROWING REGION



East Texas

## .Joke o-r the MON JHI

Q: What do you call blueberries playing the guitar?

*utsses wo j'v' :v*

### INGREDIENTS

1/2 cup vegetable oil • 1 cup sugar • 2 eggs • 1/2 cup milk, low-fat • 1 teaspoon vanilla • 2 cups flour • 2 teaspoons baking powder • 1/2 teaspoon salt • 2 cups blueberries (fresh or frozen)

### PREPARATION

1. Preheat the oven to 375 degrees.
2. Grease the muffin pans.
3. In a large mixing bowl, stir the oil and sugar until creamy.
4. Add eggs, milk and vanilla. Mix until blended.
5. In a medium mixing bowl, stir together the flour, baking powder, and salt.
6. Add the flour mix to the oil and sugar in the large bowl. Stir together.
7. Stir the blueberries into the batter.
8. Fill each muffin cup 2/3 full with batter.
9. Bake for 25 to 30 minutes.

Recipes courtesy of: [www.whatscooking.fns.usda.gov](http://www.whatscooking.fns.usda.gov)



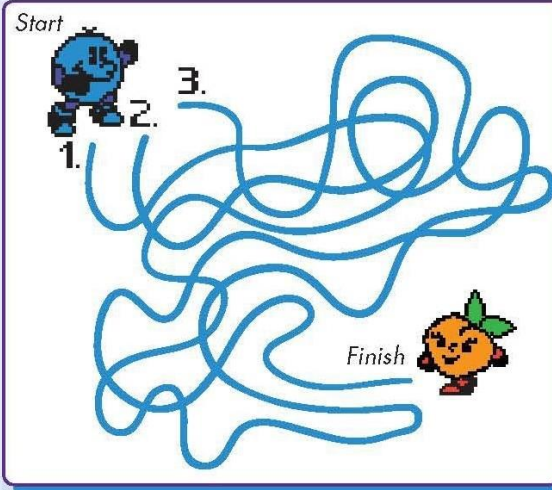
## BLUEberry MUFFINS

## The sweet liiFIC

The darker our color, the sweeter we taste, so we go great in muffins, pies and other desserts. You may even find us on your breakfast cereal or in pancakes.

## MAZE

Help Bobby Blueberry meet up with Polly Peach in June.



## Fun f4C1r

Every year, almost 20,000 people come to the Annual Texas Blueberry Festival in Nacogdoches, Texas.