

EDINBURG CONSOLIDATED INDEPENDENT SCHOOL DISTRICT

EMERGENCY PLAN FOR SEIZURES

Guide for Non-Licensed School Personnel

Seizures develop when a limited, confined population of nerve cells fire their impulses abnormally on one hemisphere of the brain. There are 2 types of seizures.

1. Simple Focal: Occur while student is conscious
2. Complex Focal: Occurs and causes impaired levels of consciousness

PREVENTIVE MEASURES:

- Ask parent to notify school of any changes in medication or medical condition.
- Have doctor provide restrictions for activities (climbing high places, swimming,...)
- Teacher will notify substitute teacher of student's Emergency Plan
- Discuss with the parent and student about informing the teacher and/or student taking safety measures if an aura occurs.

IF YOU SEE ANY OF THE FOLLOWING:

- Muscle tensing and alternately contracting and relaxing
- Muscle twitching
- Speech disturbance, or inability to speak
- Abrupt changes in vision, hearing, or balance
- Paleness or flushing of the face
- Motionless stare
- A sudden stop of activity
- Involuntary movement of eyes, head or other parts of the body
- Change in level of consciousness
- Falling down without a reason

DO THIS:

- Call the office for assistance and ask for the nurse to go to where the child is at
- Assure the student's safety and move objects away that may cause injury
- Do not walk student to clinic
- Monitor student level of consciousness. If the student is not already on the floor and the student becomes unconscious, gently lower student to the floor and place on their side.
- **Do not** attempt to hold down or restrain the student.
- **Do not** attempt to place any object in their mouth.
- Take necessary action to prevent the student from hitting head and injuring self
- Document time and duration of seizure activity.
- If the student has emergency seizure medication, administer as directed and call 911.
- **Contact parent as soon as possible.**

IF SEIZURE LASTS MORE THAN 5 MINUTES OR IF THEY REOCCUR, CALL 911