

# THINK

# [TX]

## Elsie Robertson Middle School

### August 19th - 23rd

Our menus are aligned with the USDA's Healthier U.S. School Challenge.

A meal includes an entrée, fruit and vegetable selection.

## CHOOSE TO EAT WELL



**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** Low-fat or fat-free milk is included with all meals.

### Everyday Choice

*Chicken Nuggets w/ Roll*



- M** Cheese Lasagna Roll Up
- T** Chicken Potato Bowl
- W** General Tso Chicken w/ Fried Rice
- T** Korean BBQ Pork
- F** Chicken Parmesan

### Everyday Choice

*Hamburger or Cheeseburger*



- M** Corn Dog
- T** BBQ Rib Sandwich
- W** Gyro Sandwich
- T** Spicy Chicken Sandwich
- F** Grilled Chicken Bacon Club

### Everyday Choice

*Cheese or Pepperoni Pizza*



- M** Taco Pizza
- T** Supreme Pizza
- W** Meatlovers Pizza
- T** BBQ Chicken Pizza
- F** Buffalo Chicken Pizza



- M** Beef & Cheese Nachos
- T** Chicken Enchilada Bake
- W** Smothered Bean & Cheese Burrito
- T** Green Chili Chicken Tamales
- F** Taco Loco Salad

## FAST TAKES

*All subs & sandwiches are made on whole grain sub rolls and bread*

- M** Turkey Cranberry Flatbread
- T** Tuna Salad Sandwich
- W** Crispy Chicken Wrap
- T** Turkey Breast & Cheese Sub
- F** Sunbutter & Jelly Sandwich

**LOCAL**

**CLEAN**

**FRESH**

**VEGETARIAN**

We use menu identifiers in the café to help students recognize **Local, Clean, Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates options that are made from scratch.

*This institution is an equal opportunity provider.*

# THINK

# [TX]

## Elsie Robertson Middle School

### August 26th - 30th

Our menus are aligned with the USAs Healthier U.S. School Challenge.

A meal includes an entrée, fruit and vegetable selection.

## CHOOSE TO EAT WELL



**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

We feature an inviting variety of fresh garden salad greens, vegetables, and fruits. **Locally-grown items are offered whenever seasonally-available.** Low-fat or fat-free milk is included with all meals.

### Everyday Choice

*Chicken Nuggets w/ Roll*



- M** Spaghetti w/ Meatballs
- T** Chicken Teriyaki w/ Fried Rice
- W** Macaroni & Cheese w/ Roll
- T** Cajun Turkey Roast
- F** BBQ Chicken w/ Cornbread

### Everyday Choice

*Hamburger or Cheeseburger*



- M** Chili Hot Dog
- T** Chicken Philly Sub
- W** Gyro Sandwich
- T** Spicy Chicken Sandwich
- F** Catfish Po' Boy

### Everyday Choice

*Cheese or Pepperoni Pizza*



- M** Taco Pizza
- T** Supreme Pizza
- W** Pulled Pork Pizza
- T** BBQ Chicken Pizza
- F** Buffalo Chicken Pizza



- M** Chicken & Cheese Nachos
- T** Beef Enchiliadas
- W** Pulled Pork Tacos
- T** Beef Tamales w/ Chili & Chips
- F** Taco Loco Salad

## FAST TAKES

*All subs & sandwiches are made on whole grain sub rolls and bread*

- M** Turkey Bacon Wrap
- T** Turkey Apple Cheddar Pita Pocket
- W** Fruit & Cheese Yogurt Plate
- T** Turkey Ham & Cheese Sub
- F** Tuna Salad Sandwich

- LOCAL**
- CLEAN**
- FRESH**
- VEGETARIAN**

We use menu identifiers in the café to help students recognize **Local, Clean, Fresh** and **Vegetarian** options. **Local** designates options made with locally-grown and produced ingredients. **Clean** designates options with a short ingredient list and/or no artificial additives. **Fresh** designates options that are made from scratch.

*This institution is an equal opportunity provider.*

# THINK [TX]

## CHOOSE TO EAT WELL



### WHAT IS THINK [TX]?

Think [TX] is Socom's commitment to communicating to our students, parents, administration and communities that we are your partners in nurturing students by empowering them to think about their nutritional choices and choose to eat well.

The project is designed to get individuals (of all ages) to STOP and THINK Texas! Think about the unique qualities associated with the state and our foodservice programs. This includes, whenever possible, to feature items that are made from scratch, selections with a short ingredient list and/or no artificial additives and to use locally-grown and produced ingredients. Think [TX] visualizes our promise to promote student achievement while improving the quality of life and overall well-being of the students, families and communities we serve.

### WHAT DO THE ICONS MEAN?

A major focus of Think [TX] is to help students make nutritionally sound choices. To assist in this effort, we have created three color-coded graphic icons to correlate with the key initiatives we are emphasizing throughout our Texas accounts. In addition to a distinct color, each icon features a simple graphic and key word that visually communicates the meaning of the icon.



Food options that utilize locally-grown or produced ingredients.



Food options that are made from scratch.



Food options with a short ingredient list and/or no artificial additives.

### Welcome Back!

\*\*Menu subject to change without notice

