

July 2019

June '19							August '19						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1					1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31
						30							

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 NO HAPPY	2 SKILLS 4TH STAY	3 TRAINING OF SAFE!!!	4 THIS JULY!	5 WEEK	6
7	8 Skills Training & Conditioning 7:30am-9am	9	10 Skills Training & Conditioning 7:30am-9am	11	12 Skills Training & Conditioning 7:30am-9am	13
14	15 Skills Training & Conditioning 7:30am-9am	16	17 Skills Training & Conditioning 7:30am-9am	18	19 NO SKILLS TRAINING ENJOY YOUR WEEKEND!	20
21	22 Skills Training & Conditioning 7:30am-9am	23	24 Skills Training & Conditioning 7:30am-9am	25	26 Skills Training & Conditioning 7:30am-9am	27
28	29 Skills Training & Conditioning 7:30am-9am	30	31 Skills Training & Conditioning 7:30am-9am LAST DAY	1	2	3
4	5	Notes				