

High School
2019

Bring on the NEW YEAR!



January 3-4

Monday	Tuesday	Wednesday	Thursday	Friday
WG Pancakes Waffles Sliced Strawberries	Sweet Bread Cereal Orange Juice	Pancake on Stick Waffle Blue Strawberry Cup	WG Donut Holes Cereal Applesauce	Sausage Biscuit Orange Juice
365th day! 	2019 Happy New Year!	Teachers Workday 	Chicken Nuggets Hopping John Soup Steamed Rice Carrot/Celery Cup Green Salad Peaches	Wing Basket Pizza Corn Garden Salad Baked Fries Blueberry Crisp Roll

January 7-11

Monday	Tuesday	Wednesday	Thursday	Friday
Pork w/ Peppers Corn Nuggets Sweet Potatoes Steamed Broccoli House Salad Applesauce Roll	Chicken F /Gravy Pork Sandwich Mashed Potatoes Sweet Peas Green Salad Biscuit Seasonal Fruit	Spaghetti/ Garlic Stick Corn Nuggets Green Salad Corn Green Beans Peaches	Turkey Deli Sub Tomato Soup Glazed Carrots Green Salad Fresh Fruit	Pepperoni Pizza Chicken Wings Corn Garden Salad Baked Fries Cherry Crisp

January 14-18

Roasted Thai Pork Mashed Potatoes Peas Broccoli Applesauce	Beefy Pasta Pulled Pork Leafy Green Salad Corn String Beans Peaches	Nachos w/ Meat Baked Potatoes Garden Salad Black Bean Medley Fresh Fruit	Chicken Nuggets Veggie Soup Steamed Veggie Rice Carrot/Celery Cup Green Salad Peaches	Wing Basket Pizza Corn Garden Salad Baked Fries Blueberry Crisp Roll
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January 21-25

Martin Luther King Holiday 	Asian Chicken Pork Sandwich Mashed Potatoes Sweet Peas Green Salad Biscuit Seasonal Fruit	Spaghetti/ Garlic Stick Corn Nuggets Green Salad Corn Green Beans Peaches	Turkey Deli Sub Tomato Soup Glazed Carrots Green Salad Fresh Fruit	Pepperoni Pizza Wing Basket Corn Garden Salad Baked Fries Cherry Crisp
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January 28 -31

Pork w/ Peppers Corn Nuggets Sweet Potatoes Steamed Broccoli House Salad Applesauce Roll	Chicken F /Gravy Pork Sandwich Mashed Potatoes Sweet Peas Green Salad Biscuit Seasonal Fruit	Spaghetti/ Garlic Stick Corn Nuggets Green Salad Corn Green Beans Peaches	Teachers Workday 	Wing Basket Pizza Corn Garden Salad Baked Fries Blueberry Crisp Roll
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Offered Daily

100% Fruit /Juice

Milk (Unflavored/Flavored 1% or -Skim)

Salads offered daily when available.

Menus are subject to change due to product availability.

Contact your school cafeteria manager for more information about the menu.

USDA is an equal opportunity provider and employer.

