



# Edna Cowboy and Cowgirl Track and Field Meet Schedule of Events



March 7<sup>th</sup> 2019

**2:00** - Scratch Meeting – (Weight room)

**3:00** - Field Events (Varsity - 4 throws, jumps, JV – 3 throws, jumps, No finals)

Girls

Shot – VG, JVG (Ring #1)  
Discus –JVG, VG (Ring #1)  
H.J. – JVG, JVB  
P.V. – (After JVB) VG, JVG  
L.J. – JVB, JVG (Pit #1)  
L.J. – VB, VG (Pit#3)

Boys

Shot – JVB, VB (Ring #2)  
Discus – VB, JVB (Ring #2)  
H.J. – (After JVB) VG, VB  
P.V. – VB, JVB  
T.J. – JVG, JVB (Pit #2)  
T.J. – VG, VB (Pit #4)

**3:30** - 3200 M Run- JVG, JVB, VG, VB

**6:00** – Running Events

4x100 M Relay – JVG, JVB, VG, VB  
800 M Dash – JVG, JVB, VG, VB  
100 M Hurdles – JVG, VG  
110 M Hurdles – JVB, VB  
100 M Dash – JVG, JVB, VG, VB  
800 M Relay – JVG, JVB, VG, VB  
400 M Dash – JVG, JVB, VG, VB  
300 M Hurdles – JVG, JVB, VG, VB  
200 M Dash – JVG, JVB, VG, VB  
1600 M Run – JVG, JVB, VG, VB  
4x400 M Relay – JVG, JVB, VG, VB

*Final results will be emailed to coaches and medals may be picked up at the completion of the meet from the press box. Team trophies will be awarded at the conclusion of the meet.*

4 X 100 Meter Relay  
4 X 200 Meter Relay  
4 X 400 Meter Relay

Yellow Triangles  
Red Triangles/4<sup>th</sup> leg Yellow Triangles  
Black Triangles

**Hurdles:**

South to North 110 HH Black arrow, 100 H Yellow arrow  
North to South 110 HH Black arrow, 100 H Yellow arrow  
300 H Red arrow