



The Week in Mead Athletics



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Home of the PANTHERS

Week of September 2, 2019

Happy First Day of School Panthers. Ready or not, Here We Go!

Here's to a Fantastic Start and a Great Year for all!

Fall Sports 'kicked off' August 21 with the first **Football** practice and Monday, August 26 was the official start date for the rest of our fall sports – **Boys & Girls Cross Country, Girls Soccer, Slow Pitch Softball and Volleyball.**

We have 407 student-athletes out for fall sports, playing on 6 varsity teams and 12 sub-varsity squads!

This summer, many current and future Mead Panthers participated in one or more of our camp opportunities and a few former and current Panthers were recognized for their achievements. *We're going to share a few this week, and we might miss someone. So, if that's the case, shoot me an email with the story and we will add the accomplishment to next week's edition.*

- In March, former Mead Track Star, **Amanda Chan** became Vanguard University's first ever, **Women's National Champion**, winning the High Jump at 5'7.25" (a school record) at the 39th Annual NAIA Indoor Track & Field Championships. Recently, Vanguard University recognized her record jump, as **#1 in a list of Top Ten Vanguard Moments.**

- **Jason Tebbets** – was recognized in August by the National Wrestling Coaches Association as the **2019 NWCA High School Boys Assistant Coach of the Year for the state of Washington.**

- **Girls Golf Coach, Keith Ross** finished in a **Tie for 1st** in his flight at the **Wandermere Amateur** August 4th.

- **Lindsey Russell**, former Panther and current Community Colleges of Spokane Volleyball Sophomore was named the **2019 Adidas Volleyball Athlete of the Week & NWAC Volleyball Athlete of the Week** for week 1. She is also on the **AVCA 2019 Two-Year College Pre-Season Players to Watch** list.

- **Lindsey**, her sisters, **McKenna** and **Allison** along with **Jordan Shoff** all return to for their 2nd year at CCS after going 40-0 and capturing the NWAC Title last season!



GSL SPORTS PASSES are on sale now! Passes purchased by Mead Employees in the business office are \$50. Passes can also be purchased online at NorthwestTickets.com for \$70.

Thursday, we get things rollin' on the fields and in the gyms with Frosh, JV and C **Football** games and V, JV and 9th **Volleyball** Jamborees at various sites.

Varsity Football plays their season opener against Post Falls, this Friday, September 6 at Whitworth's Pine Bowl. Kickoff is set for 5:00 pm. Tickets are \$5 – Students / \$7 – Adults.

Mead Students who show have purchased their ASB Card are admitted free.

Make plans for travel to and from the game, as parking on campus will be limited.

THE 19TH ANNUAL CAT SCRAMBLE GOLF TOURNAMENT IS SATURDAY, SEPTEMBER 14 @ WANDERMERE GOLF COURSE. THERE ARE STILL MORNING TEE-TIMES AVAILABLE.

9/3 – 9/7

For team schedules, rosters & more – go to the GSL WEBSITE @ greaterspokaneleague.org

VOLLEYBALL

Thur. – Jamboree @ Ferris 5:00

FOOTBALL

Fri. – v. Post Falls @ Whitworth Pine Bowl 5:00

SOCCER

9/10 – @ East Valley 6:00

SOFTBALL

9/10 – v. Cheney 4:00

SOCCER

9/11 – v. Coeur d'Alene 4:00

VOLLEYBALL

9/12 – v. Coeur d'Alene 7:00

SOFTBALL

9/12 – @ East Valley 4:00 & 5:30

FOOTBALL

9/13 – @ Coeur d'Alene 7:00

SOCCER

9/13 – @ Puyallup 3:00

9/14 – @ Curtis 12:00

BOYS & GIRLS XC

9/14 – @ Shadle Park – Highlander Invitational 9:30 am

ACADEMICS

TEAMWORK

COACHABLE

TRUST

EXCELLENCE

