

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
Aug- Sep Clubhouse Lunch Week 1 Day 2 - ServingDate: 09/03/2019					
Chicken Quesadilla - CAR2153 (1 each quesa)	10	381.61	8.53	0.00	789.15
Chicken Quesadilla - CAR1725 (1 each quesa)	10	341.61	6.53	0.00	589.15
Cheese Pizza - CAR1390 (1 slice regu)	20	399.50	6.99	0.00	439.45
Pepperoni Pizza - CAR1547 (1 slice regu)	20	432.31	8.09	0.00	550.02
American Sub - CAR1156 (1 sandwich)	20	346.13	6.31	0.00	869.04
Beef Tacos - CAR1439 (2 tacos)	20	310.36	6.50	0.03	220.54
String Cheese Mozzarella - CAR1211 (1 ea.)	20	80.00	4.00	0.00	200.00
Spanish Rice - CAR1575 (1/2 c.)	20	156.88	0.00	0.00	297.33
Diced Pears in Pear Juice - CAR1238 (1/2 c.)	50	60.00	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	25	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3)	25	45.12	0.01	0.00	0.00
Refried Beans - CAR1137 (1/2 c.)	50	127.35	0.00	0.00	573.06
Mixed Salad Greens - SR1080 (1 c.)	50	11.15	0.02	0.00	23.13
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 1 Day 3 - ServingDate: 09/04/2019					
Beef Rib on a Hoagie - CAR1042 (1 burger)	25	400.00	5.00	0.00	1130.00
Orange Chicken - CAR1104 (12 ea.)	25	319.99	2.50	0.00	514.98

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Aug- Sep Clubhouse Lunch Week 1 Day 3 - ServingDate: 09/04/2019					
Cheese Quesadilla - CAR2154 (1 each quesadilla)	10	430.00	13.50	0.00	819.99
Cheese Quesadilla - CAR2018 (1 each quesadilla)	10	430.00	11.50	0.00	799.99
Quesadilla - CAR1487 (1 each quesadilla)	5	362.25	7.59	0.00	655.25
Chicken Corn Dog - CAR1452 (1 corn dog)	25	240.00	2.50	0.00	390.00
Steamed Brown Rice - SR1098 (1/2 c.)	25	117.19	0.00	0.00	2.03
Peaches in Pear Juice - CAR1235 (1/2 c.)	20	50.01	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	35	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3))	45	45.12	0.01	0.00	0.00
Caesar Side Salad - CAR1139 (1 c.)	20	169.83	3.27	0.00	477.57
Baby Carrots - SR1016 (1/2 c.)	50	25.40	0.02	0.00	56.61
Corn - CAR1359 (1/2 c.)	30	65.00	0.00	0.00	151.67
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 1 Day 4 - ServingDate: 09/05/2019					
Chicken Nuggets - CAR1555 (5 ea.)	12	258.27	2.48	0.00	397.33
Cheese Pizza - CAR1390 (1 slice regu)	8	399.50	6.99	0.00	439.45
Pepperoni Pizza - CAR1547 (1 slice regu)	8	432.31	8.09	0.00	550.02
American Sub - CAR1156 (1 sandwich)	25	346.13	6.31	0.00	869.04
Peanut Butter & Jelly Sandwich - CAR2155 (1 sandwich)	45	301.54	2.51	0.00	301.54

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
Aug- Sep Clubhouse Lunch Week 1 Day 4 - ServingDate: 09/05/2019					
String Cheese Mozzarella - CAR1211 (1 ea.)	45	80.00	4.00	0.00	200.00
Dinner Roll - CAR1021 (1 roll.)	12	160.00	0.00	0.00	270.00
Fruit Cocktail in Pear Juice - CAR1561 (1/2 c.)	50	65.00	0.00	0.00	10.83
Diced Pears in Pear Juice - CAR1238 (1/2 c.)	10	60.00	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	20	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3)	20	45.12	0.01	0.00	0.00
Mixed Salad Greens - SR1080 (1 c.)	45	11.15	0.02	0.00	23.13
Green Beans - CAR1013 (1/2 c.)	45	21.67	0.00	0.00	314.17
Tater Tots - CAR1373 (1/2 c.)	12	129.77	1.00	0.00	309.45
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 1 Day 5 - ServingDate: 09/06/2019					
Cheesy Italian Dunkers - CAR1152 (2 ea.)	25	300.00	6.00	0.00	490.00
Hot Ham (Turkey) & American Cheese on Sliced Bread - CAR1745 (1 sandwich)	25	300.00	6.00	0.00	940.00
Chicken Corn Dog - CAR1452 (1 corn dog)	25	240.00	2.50	0.00	390.00
String Cheese Mozzarella - CAR1211 (1 ea.)	25	80.00	4.00	0.00	200.00
Teriyaki Beef Dippers - CAR1018 (4 ea.)	25	160.00	3.50	0.50	440.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
Aug- Sep Clubhouse Lunch Week 1 Day 5 - ServingDate: 09/06/2019					
Steamed Brown Rice - SR1098 (1/2 c.)	25	117.19	0.00	0.00	2.03
Peaches in Pear Juice - CAR1235 (1/2 c.)	70	50.01	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	20	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3))	10	45.12	0.01	0.00	0.00
Black Beans - CAR1030 (1/2 c.)	50	117.76	0.00	0.00	137.39
Caesar Side Salad - CAR1139 (1 c.)	25	169.83	3.27	0.00	477.57
Carrots - CAR1428 (1/2 c.)	25	34.01	0.00	0.00	54.16
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 2 Day 1 - ServingDate: 09/09/2019					
Buffalo Chicken Wrap - CAR2000 (1 wrap)	13	528.08	7.26	0.00	1582.20
Buffalo Wrap - CAR1999 (1 wrap)	12	498.08	6.26	0.00	1372.20
Cheeseburger - CAR1080 (1 ea.)	25	355.56	8.78	0.00	461.19
Italian Pasta Bake - CAR1503 (2 #6 scoop)	13	410.76	7.09	0.00	568.48
Italian Pasta Bake - CAR2084 (2 #6 scoop)	12	426.26	7.34	0.00	786.95
Protein Pack with Sunflower Seeds - CAR1159 (1 pkg.)	25	561.00	5.04	0.00	597.38
Fruit Cocktail in Pear Juice - CAR1561 (1/2 c.)	40	65.00	0.00	0.00	10.83
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	30	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3))	30	45.12	0.01	0.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
Aug- Sep Clubhouse Lunch Week 2 Day 1 - ServingDate: 09/09/2019					
Blanched Broccoli Florets - SR1272 (1/2 c.)	20	10.84	0.01	0.00	10.75
Caesar Side Salad - CAR1139 (1 c.)	30	169.83	3.27	0.00	477.57
Carrotes - CAR1429 (1/2 c.)	25	25.07	0.00	0.00	195.00
Tater Tots - CAR1373 (1/2 c.)	25	129.77	1.00	0.00	309.45
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 2 Day 2 - ServingDate: 09/10/2019					
Chicken Quesadilla - CAR2153 (1 each quesadilla)	13	381.61	8.53	0.00	789.15
Chicken Quesadilla - CAR1725 (1 each quesadilla)	12	341.61	6.53	0.00	589.15
Cheese Pizza - CAR1390 (1 slice regu)	25	399.50	6.99	0.00	439.45
Pepperoni Pizza - CAR1547 (1 slice regu)	25	432.31	8.09	0.00	550.02
American Sub - CAR1156 (1 sandwich)	10	346.13	6.31	0.00	869.04
Beef Tacos - CAR1439 (2 tacos)	15	310.36	6.50	0.03	220.54
String Cheese Mozzarella - CAR1211 (1 ea.)	10	80.00	4.00	0.00	200.00
Spanish Rice - CAR1575 (1/2 c.)	15	156.88	0.00	0.00	297.33
Peaches in Pear Juice - CAR1235 (1/2 c.)	25	50.01	0.00	0.00	10.00
Diced Pears in Pear Juice - CAR1238 (1/2 c.)	25	60.00	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	25	47.62	0.03	0.00	0.92

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Aug- Sep Clubhouse Lunch Week 2 Day 2 - ServingDate: 09/10/2019					
Fresh Oranges - SR1171 (1 small (2-3))	25	45.12	0.01	0.00	0.00
Vegetarian Refried Beans - SR1070 (1/2 c.)	50	161.28	0.00	0.00	158.86
Mixed Salad Greens - SR1080 (1 c.)	50	11.15	0.02	0.00	23.13
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 2 Day 3 - ServingDate: 09/11/2019					
Chicken Patty Sandwich - CAR1148 (1 burger)	25	407.59	2.99	0.00	675.17
Turkey Sandwich - CAR1003 (1 sandwich)	25	276.13	4.81	0.00	702.38
Spicy Chicken Sandwich - CAR1149 (1 burger)	10	407.59	3.49	0.00	675.17
Chicken Caesar Salad - CAR1146 (1 salad)	20	284.60	5.00	0.00	682.20
String Cheese Mozzarella - CAR1211 (1 ea.)	20	80.00	4.00	0.00	200.00
Tater Tots with Chili and Cheese - CAR1186 (1 serving)	20	375.65	6.00	0.00	1032.61
Breadstick - CAR1040 (1 ea.)	40	140.00	0.00	0.00	160.00
Peaches in Pear Juice - CAR1235 (1/2 c.)	60	50.01	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	30	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3))	10	45.12	0.01	0.00	0.00
Caesar Side Salad - CAR1139 (1 c.)	50	169.83	3.27	0.00	477.57
Carrot Sticks - SR1606 (6 stick.)	25	24.80	0.02	0.00	41.73

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Aug- Sep Clubhouse Lunch Week 2 Day 3 - ServingDate: 09/11/2019					
Corn - CAR1359 (1/2 c.)	25	65.00	0.00	0.00	151.67
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 2 Day 4 - ServingDate: 09/12/2019					
Chicken Nuggets - CAR1555 (5 ea.)	25	258.27	2.48	0.00	397.33
Mini Cheeseburger - CAR1497 (1 pkg.)	10	320.00	6.00	0.50	599.99
Cheese Pizza - CAR1390 (1 slice regu)	20	399.50	6.99	0.00	439.45
Pepperoni Pizza - CAR1547 (1 slice regu)	25	432.31	8.09	0.00	550.02
Grilled Cheese Sandwich - CAR1144 (1 sandwich)	20	322.25	9.11	0.00	664.75
Strawberry Yogurt - CAR1036 (1 container)	20	70.00	0.00	0.00	60.00
Dinner Roll - CAR1021 (1 roll.)	25	160.00	0.00	0.00	270.00
Fruit Cocktail in Pear Juice - CAR1561 (1/2 c.)	25	65.00	0.00	0.00	10.83
Diced Pears in Pear Juice - CAR1238 (1/2 c.)	25	60.00	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	30	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3)	20	45.12	0.01	0.00	0.00
Mixed Salad Greens - SR1080 (1 c.)	40	11.15	0.02	0.00	23.13
Green Beans - CAR1013 (1/2 c.)	35	21.67	0.00	0.00	314.17
Tater Tots - CAR1373 (1/2 c.)	25	129.77	1.00	0.00	309.45

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
Aug- Sep Clubhouse Lunch Week 2 Day 4 - ServingDate: 09/12/2019					
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 2 Day 5 - ServingDate: 09/13/2019					
Alaskan Pollock Nuggets - SR1045 (4 nuggets)	25	180.63	0.00	0.00	301.06
Cheesy Italian Dunkers - CAR1152 (2 ea.)	25	300.00	6.00	0.00	490.00
Nachos with Beans and Cheese - CAR1090 (1 ea.)	25	566.21	5.32	0.00	645.43
Deli Ham (turkey) & Cheddar Sandwich - CAR1153 (1 sandwich)	25	291.13	5.56	0.00	682.38
String Cheese Mozzarella - CAR1211 (1 ea.)	25	80.00	4.00	0.00	200.00
Dinner Roll - CAR1021 (1 roll.)	25	160.00	0.00	0.00	270.00
Peaches in Pear Juice - CAR1235 (1/2 c.)	25	50.01	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	25	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3)	50	45.12	0.01	0.00	0.00
Black Beans - CAR1030 (1/2 c.)	25	117.76	0.00	0.00	137.39
Caesar Side Salad - CAR1139 (1 c.)	25	169.83	3.27	0.00	477.57
Carrots - CAR1428 (1/2 c.)	25	34.01	0.00	0.00	54.16
Tater Tots - CAR1373 (1/2 c.)	25	129.77	1.00	0.00	309.45
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00

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Aug- Sep Clubhouse Lunch Week 1 Day 1 - ServingDate: 09/16/2019					
Bean and Cheese Burrito - CAR1378 (1 ea.)	25	291.11	3.62	0.01	478.94
Pasta Alfredo with Chicken - CAR2003 (2 #8 scoop)	13	286.09	5.07	0.01	638.88
Pasta Alfredo with Chicken - CAR1370 (2 #8 scoop)	12	279.39	5.25	0.01	638.88
Grilled Cheese Sandwich - CAR1144 (1 sandwich)	25	322.25	9.11	0.00	664.75
Turkey & Cheese Wrap - CAR2023 (1 ea.)	25	375.08	7.76	0.00	867.20
Strawberry Yogurt - CAR1036 (1 container)	25	70.00	0.00	0.00	60.00
Breadstick - CAR1040 (1 ea.)	25	140.00	0.00	0.00	160.00
Fruit Cocktail in Pear Juice - CAR1561 (1/2 c.)	25	65.00	0.00	0.00	10.83
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	25	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3)	50	45.12	0.01	0.00	0.00
Blanched Broccoli Florets - SR1272 (1/2 c.)	50	10.84	0.01	0.00	10.75
Caesar Side Salad - CAR1139 (1 c.)	20	169.83	3.27	0.00	477.57
Carrotes - CAR1429 (1/2 c.)	30	25.07	0.00	0.00	195.00
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
Aug- Sep Clubhouse Lunch Week 1 Day 2 - ServingDate: 09/17/2019					
Chicken Quesadilla - CAR2153 (1 each quesadilla)	10	381.61	8.53	0.00	789.15
Chicken Quesadilla - CAR1725 (1 each quesadilla)	10	341.61	6.53	0.00	589.15
Cheese Pizza - CAR1390 (1 slice regu)	20	399.50	6.99	0.00	439.45
Pepperoni Pizza - CAR1547 (1 slice regu)	20	432.31	8.09	0.00	550.02
American Sub - CAR1156 (1 sandwich)	20	346.13	6.31	0.00	869.04
Beef Tacos - CAR1439 (2 tacos)	20	310.36	6.50	0.03	220.54
String Cheese Mozzarella - CAR1211 (1 ea.)	20	80.00	4.00	0.00	200.00
Spanish Rice - CAR1575 (1/2 c.)	20	156.88	0.00	0.00	297.33
Diced Pears in Pear Juice - CAR1238 (1/2 c.)	50	60.00	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	25	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3)	25	45.12	0.01	0.00	0.00
Refried Beans - CAR1137 (1/2 c.)	50	127.35	0.00	0.00	573.06
Mixed Salad Greens - SR1080 (1 c.)	50	11.15	0.02	0.00	23.13
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 1 Day 3 - ServingDate: 09/18/2019					
Beef Rib on a Hoagie - CAR1042 (1 burger)	25	400.00	5.00	0.00	1130.00
Orange Chicken - CAR1104 (12 ea.)	25	319.99	2.50	0.00	514.98

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Aug- Sep Clubhouse Lunch Week 1 Day 3 - ServingDate: 09/18/2019					
Cheese Quesadilla - CAR2154 (1 each quesadilla)	10	430.00	13.50	0.00	819.99
Cheese Quesadilla - CAR2018 (1 each quesadilla)	10	430.00	11.50	0.00	799.99
Quesadilla - CAR1487 (1 each quesadilla)	5	362.25	7.59	0.00	655.25
Chicken Corn Dog - CAR1452 (1 corn dog)	25	240.00	2.50	0.00	390.00
Steamed Brown Rice - SR1098 (1/2 c.)	25	117.19	0.00	0.00	2.03
Peaches in Pear Juice - CAR1235 (1/2 c.)	20	50.01	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	35	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3))	45	45.12	0.01	0.00	0.00
Caesar Side Salad - CAR1139 (1 c.)	20	169.83	3.27	0.00	477.57
Baby Carrots - SR1016 (1/2 c.)	50	25.40	0.02	0.00	56.61
Corn - CAR1359 (1/2 c.)	30	65.00	0.00	0.00	151.67
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 1 Day 4 - ServingDate: 09/19/2019					
Chicken Nuggets - CAR1555 (5 ea.)	12	258.27	2.48	0.00	397.33
Cheese Pizza - CAR1390 (1 slice regu)	8	399.50	6.99	0.00	439.45
Pepperoni Pizza - CAR1547 (1 slice regu)	8	432.31	8.09	0.00	550.02
American Sub - CAR1156 (1 sandwich)	25	346.13	6.31	0.00	869.04
Peanut Butter & Jelly Sandwich - CAR2155 (1 sandwich)	45	301.54	2.51	0.00	301.54

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Aug- Sep Clubhouse Lunch Week 1 Day 4 - ServingDate: 09/19/2019					
String Cheese Mozzarella - CAR1211 (1 ea.)	45	80.00	4.00	0.00	200.00
Dinner Roll - CAR1021 (1 roll.)	12	160.00	0.00	0.00	270.00
Fruit Cocktail in Pear Juice - CAR1561 (1/2 c.)	50	65.00	0.00	0.00	10.83
Diced Pears in Pear Juice - CAR1238 (1/2 c.)	10	60.00	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	20	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3)	20	45.12	0.01	0.00	0.00
Mixed Salad Greens - SR1080 (1 c.)	45	11.15	0.02	0.00	23.13
Green Beans - CAR1013 (1/2 c.)	45	21.67	0.00	0.00	314.17
Tater Tots - CAR1373 (1/2 c.)	12	129.77	1.00	0.00	309.45
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 1 Day 5 - ServingDate: 09/20/2019					
Cheesy Italian Dunkers - CAR1152 (2 ea.)	25	300.00	6.00	0.00	490.00
Hot Ham (Turkey) & American Cheese on Sliced Bread - CAR1745 (1 sandwich)	25	300.00	6.00	0.00	940.00
Chicken Corn Dog - CAR1452 (1 corn dog)	25	240.00	2.50	0.00	390.00
String Cheese Mozzarella - CAR1211 (1 ea.)	25	80.00	4.00	0.00	200.00
Teriyaki Beef Dippers - CAR1018 (4 ea.)	25	160.00	3.50	0.50	440.00

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
Aug- Sep Clubhouse Lunch Week 1 Day 5 - ServingDate: 09/20/2019					
Steamed Brown Rice - SR1098 (1/2 c.)	25	117.19	0.00	0.00	2.03
Peaches in Pear Juice - CAR1235 (1/2 c.)	70	50.01	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	20	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3))	10	45.12	0.01	0.00	0.00
Black Beans - CAR1030 (1/2 c.)	50	117.76	0.00	0.00	137.39
Caesar Side Salad - CAR1139 (1 c.)	25	169.83	3.27	0.00	477.57
Carrots - CAR1428 (1/2 c.)	25	34.01	0.00	0.00	54.16
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 2 Day 1 - ServingDate: 09/23/2019					
Buffalo Chicken Wrap - CAR2000 (1 wrap)	13	528.08	7.26	0.00	1582.20
Buffalo Wrap - CAR1999 (1 wrap)	12	498.08	6.26	0.00	1372.20
Cheeseburger - CAR1080 (1 ea.)	25	355.56	8.78	0.00	461.19
Italian Pasta Bake - CAR1503 (2 #6 scoop)	13	410.76	7.09	0.00	568.48
Italian Pasta Bake - CAR2084 (2 #6 scoop)	12	426.26	7.34	0.00	786.95
Protein Pack with Sunflower Seeds - CAR1159 (1 pkg.)	25	561.00	5.04	0.00	597.38
Fruit Cocktail in Pear Juice - CAR1561 (1/2 c.)	40	65.00	0.00	0.00	10.83
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	30	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3))	30	45.12	0.01	0.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
Aug- Sep Clubhouse Lunch Week 2 Day 1 - ServingDate: 09/23/2019					
Blanched Broccoli Florets - SR1272 (1/2 c.)	20	10.84	0.01	0.00	10.75
Caesar Side Salad - CAR1139 (1 c.)	30	169.83	3.27	0.00	477.57
Carrotes - CAR1429 (1/2 c.)	25	25.07	0.00	0.00	195.00
Tater Tots - CAR1373 (1/2 c.)	25	129.77	1.00	0.00	309.45
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 2 Day 2 - ServingDate: 09/24/2019					
Chicken Quesadilla - CAR2153 (1 each quesadilla)	13	381.61	8.53	0.00	789.15
Chicken Quesadilla - CAR1725 (1 each quesadilla)	12	341.61	6.53	0.00	589.15
Cheese Pizza - CAR1390 (1 slice regu)	25	399.50	6.99	0.00	439.45
Pepperoni Pizza - CAR1547 (1 slice regu)	25	432.31	8.09	0.00	550.02
American Sub - CAR1156 (1 sandwich)	10	346.13	6.31	0.00	869.04
Beef Tacos - CAR1439 (2 tacos)	15	310.36	6.50	0.03	220.54
String Cheese Mozzarella - CAR1211 (1 ea.)	10	80.00	4.00	0.00	200.00
Spanish Rice - CAR1575 (1/2 c.)	15	156.88	0.00	0.00	297.33
Peaches in Pear Juice - CAR1235 (1/2 c.)	25	50.01	0.00	0.00	10.00
Diced Pears in Pear Juice - CAR1238 (1/2 c.)	25	60.00	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	25	47.62	0.03	0.00	0.92

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
Aug- Sep Clubhouse Lunch Week 2 Day 2 - ServingDate: 09/24/2019					
Fresh Oranges - SR1171 (1 small (2-3))	25	45.12	0.01	0.00	0.00
Vegetarian Refried Beans - SR1070 (1/2 c.)	50	161.28	0.00	0.00	158.86
Mixed Salad Greens - SR1080 (1 c.)	50	11.15	0.02	0.00	23.13
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 2 Day 3 - ServingDate: 09/25/2019					
Chicken Patty Sandwich - CAR1148 (1 burger)	25	407.59	2.99	0.00	675.17
Turkey Sandwich - CAR1003 (1 sandwich)	25	276.13	4.81	0.00	702.38
Spicy Chicken Sandwich - CAR1149 (1 burger)	10	407.59	3.49	0.00	675.17
Chicken Caesar Salad - CAR1146 (1 salad)	20	284.60	5.00	0.00	682.20
String Cheese Mozzarella - CAR1211 (1 ea.)	20	80.00	4.00	0.00	200.00
Tater Tots with Chili and Cheese - CAR1186 (1 serving)	20	375.65	6.00	0.00	1032.61
Breadstick - CAR1040 (1 ea.)	40	140.00	0.00	0.00	160.00
Peaches in Pear Juice - CAR1235 (1/2 c.)	60	50.01	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2))	30	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3))	10	45.12	0.01	0.00	0.00
Caesar Side Salad - CAR1139 (1 c.)	50	169.83	3.27	0.00	477.57
Carrot Sticks - SR1606 (6 stick.)	25	24.80	0.02	0.00	41.73

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
Aug- Sep Clubhouse Lunch Week 2 Day 3 - ServingDate: 09/25/2019					
Corn - CAR1359 (1/2 c.)	25	65.00	0.00	0.00	151.67
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 2 Day 4 - ServingDate: 09/26/2019					
Chicken Nuggets - CAR1555 (5 ea.)	25	258.27	2.48	0.00	397.33
Mini Cheeseburger - CAR1497 (1 pkg.)	10	320.00	6.00	0.50	599.99
Cheese Pizza - CAR1390 (1 slice regu)	20	399.50	6.99	0.00	439.45
Pepperoni Pizza - CAR1547 (1 slice regu)	25	432.31	8.09	0.00	550.02
Grilled Cheese Sandwich - CAR1144 (1 sandwich)	20	322.25	9.11	0.00	664.75
Strawberry Yogurt - CAR1036 (1 container)	20	70.00	0.00	0.00	60.00
Dinner Roll - CAR1021 (1 roll.)	25	160.00	0.00	0.00	270.00
Fruit Cocktail in Pear Juice - CAR1561 (1/2 c.)	25	65.00	0.00	0.00	10.83
Diced Pears in Pear Juice - CAR1238 (1/2 c.)	25	60.00	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	30	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3)	20	45.12	0.01	0.00	0.00
Mixed Salad Greens - SR1080 (1 c.)	40	11.15	0.02	0.00	23.13
Green Beans - CAR1013 (1/2 c.)	35	21.67	0.00	0.00	314.17
Tater Tots - CAR1373 (1/2 c.)	25	129.77	1.00	0.00	309.45

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
 Date: 09/01/2019 - 09/30/2019

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)
Aug- Sep Clubhouse Lunch Week 2 Day 4 - ServingDate: 09/26/2019					
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00
Aug- Sep Clubhouse Lunch Week 2 Day 5 - ServingDate: 09/27/2019					
Alaskan Pollock Nuggets - SR1045 (4 nuggets)	25	180.63	0.00	0.00	301.06
Cheesy Italian Dunkers - CAR1152 (2 ea.)	25	300.00	6.00	0.00	490.00
Nachos with Beans and Cheese - CAR1090 (1 ea.)	25	566.21	5.32	0.00	645.43
Deli Ham (turkey) & Cheddar Sandwich - CAR1153 (1 sandwich)	25	291.13	5.56	0.00	682.38
String Cheese Mozzarella - CAR1211 (1 ea.)	25	80.00	4.00	0.00	200.00
Dinner Roll - CAR1021 (1 roll.)	25	160.00	0.00	0.00	270.00
Peaches in Pear Juice - CAR1235 (1/2 c.)	25	50.01	0.00	0.00	10.00
Ready-to-Serve Apples - SR1216 (1 kiddie (<2)	25	47.62	0.03	0.00	0.92
Fresh Oranges - SR1171 (1 small (2-3)	50	45.12	0.01	0.00	0.00
Black Beans - CAR1030 (1/2 c.)	25	117.76	0.00	0.00	137.39
Caesar Side Salad - CAR1139 (1 c.)	25	169.83	3.27	0.00	477.57
Carrots - CAR1428 (1/2 c.)	25	34.01	0.00	0.00	54.16
Tater Tots - CAR1373 (1/2 c.)	25	129.77	1.00	0.00	309.45
Chocolate Milk - CAR1014 (1 Half Pint)	70	120.00	0.00	0.00	190.00
Milk - CAR1015 (1 Half Pint)	30	130.00	1.50	0.00	160.00

Menu Calendar Nutrient Analysis Report - September, 2019

Site: ALL
Date: 09/01/2019 - 09/30/2019

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: The Clubhouse
Menu Line: CH-Main Event
Serving Group: K-8
Nutrients Option: Simplified

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.