



October 2019 Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEAL PRICES: Bedford, Pardee & Polk Eat Free!	Beef Nachos Cheese Stuffed Breadsticks with Marinara Soy Butter Sandwich Mexican Style Refried Beans	Cheese or Pepperoni Pizza Soy Butter Sandwich Mashed Potatoes & Gravy	½ Day No Lunch!	Mashed Potato & Chicken Bowl Muffin & Goldfish Fun Lunch Soy Butter Sandwich Seasoned Broccoli & Cheese
Chicken Nuggets & Mozzarella Sticks Turkey Ham & Cheese Hoagie Soy Butter Sandwich Mashed Potatoes & Gravy	Whole Grain French Toast Sticks with Scrambled Eggs Cheese Stuffed Breadsticks with Marinara Soy Butter Sandwich Tater Tots	Cheese Or Pepperoni Pizza Soy Butter Sandwich Seasoned Mixed Vegetables	Soft Beef Taco Chicken Nuggets & Whole Grain Dinner Roll Soy Butter Sandwich Mexican Style Refried Beans	Spaghetti & Meat Sauce with Whole Grain Garlic Bread Muffin & Goldfish Fun Lunch Soy Butter Sandwich Savory Green Beans
Bacon Cheeseburger Turkey Ham & Cheese Hoagie Soy Butter Sandwich Seasoned Zucchini	Boneless Chicken Wings Cheese Stuffed Breadsticks with Marinara Soy Butter Sandwich Oven Baked Curly Fries	Cheese or Pepperoni Pizza Soy Butter Sandwich Mashed Potatoes & Gravy	BBQ Rib-B-Q Sandwich Chicken Nuggets & Whole Grain Dinner Roll Soy Butter Sandwich BBQ Baked Beans	Pepperoni Pizza Pasta Bake Muffin & Goldfish Fun Lunch Soy Butter Sandwich Savory Green Beans
Classic Cheeseburger Turkey Ham & Cheese Hoagie Soy Butter Sandwich BBQ Baked Beans	Chicken Tenders with a Whole Grain Roll Cheese Stuffed Breadsticks with Marinara Soy Butter Sandwich Curly Fries	Cheese or Pepperoni Pizza Soy Butter Sandwich Seasoned Corn	Macaroni & Cheese with Whole Grain Garlic Bread Chicken Nuggets with a Whole Grain Roll Soy Butter Sandwich Savory Green Beans	Whole Grain French Toast Sticks with Scrambled Eggs & Turkey Sausage Classic Chicken Sandwich Soy Butter Sandwich Tater Tots
Chicken Tenders with a Whole Grain Roll Turkey Ham & Cheese Hoagie Soy Butter Sandwich Curly Fries	Beef Nachos Cheese Stuffed Breadsticks with Marinara Soy Butter Sandwich Mexican Style Refried Beans	Cheese or Pepperoni Pizza Soy Butter Sandwich Mashed Potatoes & Gravy	½ Day No Lunch!	
		Fresh Fruit & Vegetables Available Daily!		

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

This institution is an equal opportunity provider.



CONTACT US:
 Christopher Simpson,
 Food Service Director
 313-203-3197