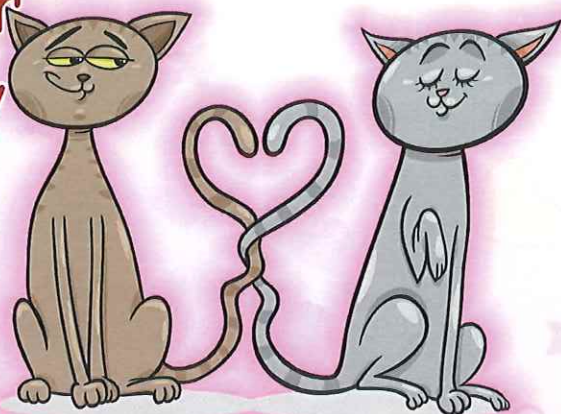


Menus for February 2019



Greeneville City Schools
9-12

This institution is an equal opportunity provider. Menus are subject to change.

The original value meal & still a fantastic deal!

_____ Breakfast _____ Lunch _____
\$1.60 **\$2.60**

Get in touch with us today to learn more about free and reduced-price meals in our district:

Friday, Febr. 1

Breakfast

Gravy & Biscuit
Fruit & Juice

Lunch

Tacos
Turkey Wrap
Refried Beans
Carrots w/ Dip
Fruit

YEAR OF THE PIG

猪



The Chinese New Year begins with the new moon on February 5. 2019 is the Year of the Pig.

Monday, Feb. 4

Breakfast

Breakfast Pizza
Fruit & Juice

Lunch

Popcorn Chicken
Hot Dog w/ Chili
Green Beans
Smiley Potatoes
Fruit

Tuesday, Feb. 5

Breakfast

Egg, Sausage, & Toast
Fruit & Juice

Lunch

Mashed Potato Bowl w/ Chicken
Lasagna Rollup
Carrots w/ Dip
Corn
WG Roll
Fruit

Wednesday, Feb. 6

Breakfast

French Toast Sticks
Fruit & Juice

Lunch

Meatloaf
BBQ Sandwich
Monster Mashed Potatoes
Cornbread
Baked Beans
Fruit

Thursday, Feb. 7

Breakfast

Chicken Biscuit
Fruit & Juice

Lunch

Spaghetti w/ Texas Toast
Breaded Chicken Sandwich w/ Trimmings
Peas
Mixed Greens Salad
Fruit

Friday, Feb. 8

Breakfast

Gravy & Biscuit
Fruit & Juice

Lunch

Pizza
Cheese Sticks w/ Marinara
Corn
Mixed Veggie Cup w/ Dressing
Fruit

Available Daily

Breakfast

Fruit and 100% Fruit Juice
Entrees 1. Cereal or Poptart
Or

2. Yogurt w/ Toast

Lunch

1. PB Sandwich w/ Turkey Stick
2. Cheese Sandwich w/ Turkey Stick

Monday, Feb. 11

Breakfast

Pancakes & Bacon
Fruit & Juice

Lunch

Hamburger w/ Trimmings
Chicken & Waffles
Baked Beans
Hash browns
Fruit

Tuesday, Feb. 12

Breakfast

Egg & Cheese Biscuit
Fruit & Juice

Lunch

General Tso's Chicken
Orange Chicken
Rice
Steamed Broccoli
Honey Glazed Carrots
Egg Roll
Fruit

Wednesday, Feb. 13

Breakfast

Egg, Turkey Bacon, & Toast
Fruit & Juice

Lunch

Beef Pot Pie
Chicken Fajita Wrap
WG Roll
Green Beans
Mixed Green Salad
Fruit

Thursday, Feb. 14

Breakfast

Sausage & Egg Biscuit
Fruit & Juice

Lunch

Managers Choice

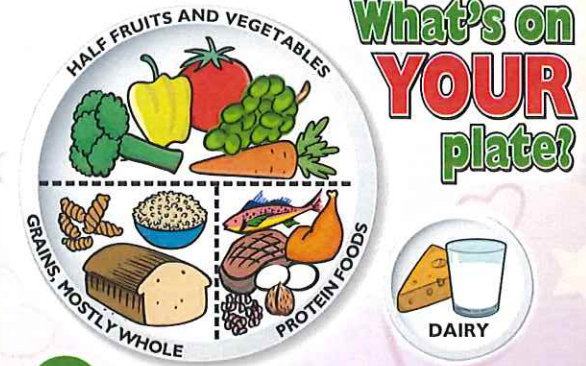
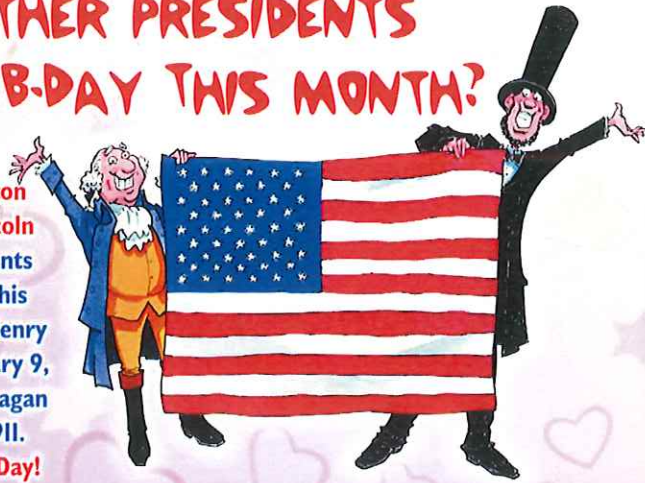


Friday, Feb. 15



WHAT OTHER PRESIDENTS HAVE A B-DAY THIS MONTH?

Other than George Washington and Abraham Lincoln two other Presidents have a birthday this month – William Henry Harrison on February 9, 1773 and Ronald Reagan on February 6, 1911.
Happy Presidents Day!



Q • Why is fish often prepared and served with lemon?



A: Nowadays, it's mostly for flavor. But legend has it that people first served lemon with fish because they believed it would dissolve any fish bones they might swallow! With or without lemon, salmon filets like these are high in heart-healthy omega-3 fatty acids. Not to mention that they're also scrumptious!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, Feb. 18

PRESIDENTS DAY

NO SCHOOL TODAY

Tuesday, Feb. 19

No School

Wednesday, Feb. 20

Breakfast
Breakfast Pizza or Muffin
Fruit & Juice

Lunch
Vegetable Soup w/ Grilled Cheese
Chili, Chips, & Cheese
California Blend
Mixed Green Salad w/ Cherry Tomatoes
Fruit

Thursday, Feb. 21

Breakfast
Cinnamon Rolls or Frudel
Fruit & Juice

Lunch
Egg Omelet w/ Biscuit
Turkey Bacon Hash Browns
Carrots w/ Dip
Fruit

Friday, Feb. 22

Breakfast
Gravy & Biscuit
Fruit & Juice

Lunch
Pizza
Grilled Chicken Sandwich w/ Trimmings
Pinto Beans
Broccoli & Cheese
Fruit

Monday, Feb. 25

Breakfast
Egg, Bacon & Toast
Fruit & Juice

Lunch
Corndog Nuggets
Hotdog w/ Chili
Baked Beans
Baked Chips
Coleslaw
Fruit

Tuesday, Feb. 26

Breakfast
Pancakes & Bacon
Fruit & Juice

Lunch
Parmesan Chicken
Cheese Sticks w/ Marinara
Honey Glazed Carrots
Mixed Green Salad
Fruit

Wednesday, Feb. 27

Breakfast
Sausage & Egg & Cheese Biscuit
Fruit & Juice

Lunch
Chicken Pot Pie
Lasagna Rollup
Mashed Potatoes
Peas
WG Roll
Fruit

Thursday, Feb. 28

Breakfast
Breakfast Pizza or Muffin
Fruit & Juice

Lunch
Chicken Nuggets
Pizza
Crinkle Fries
Corn
WG Breadstick
Fruit

STRANGE BUT TRUE!

DID YOU MISS HIM? WELL, HE'S BACK! LAST YEAR, THERE WAS NO FULL MOON IN THE ENTIRE MONTH OF FEBRUARY. THAT CAN ONLY HAPPEN IN THE MONTH THAT HAS JUST 28 DAYS!