

You're invited to attend

Active Parenting of Teens: Families in Action

For Parents AND Teens

There's no denying it: parents and teens are often at odds. But in today's society where children seem to become adults overnight and where they often make decisions about drugs, sexuality, and violence before they understand the consequences, it's more important than ever that parents and teens build strong relationships and learn skills to handle the challenges that lie ahead. So how can you ensure that your teens develop the skills and character they need to not only survive but to thrive as they become more independent?

Active Parenting of Teens: Families in Action can help. This unique video and discussion program is developed around the premise that parents and teens are more likely to learn successfully when they learn together. Both parents and teens attend this program's six dynamic and fun sessions. You and your teen will spend part of each session in separate groups learning complementary skills. Then parents and teens come together for activities and discussion—a powerful learning experience for both of you.

The program is designed to break down barriers of communication, promote cooperation, and address challenges head-on. The time you and your teen spend in your groups will be packed with video examples, opportunities to practice new skills, and feedback from your group leaders. You'll learn skills that you can start using right away to put your family on a path towards greater harmony and stability.

Come together to learn how to:

- communicate without fighting.
 - develop real skills for real life.
 - avoid the risks today's teens face.
 - enjoy the journey to adulthood—together.
- ... and much more.

Join us at the next session and see the difference!



Active Parenting
of Teens
third edition



SIGN UP NOW!

When: Thursdays - January 16th - 20th, April 9th - May 14th, July 9th - August 13th, October 1st - November. 5th

Time: 5:30-7:30 p.m.

Where: The Rutherford County Juvenile Services Center ; 1710 South Church St. Murfreesboro, TN

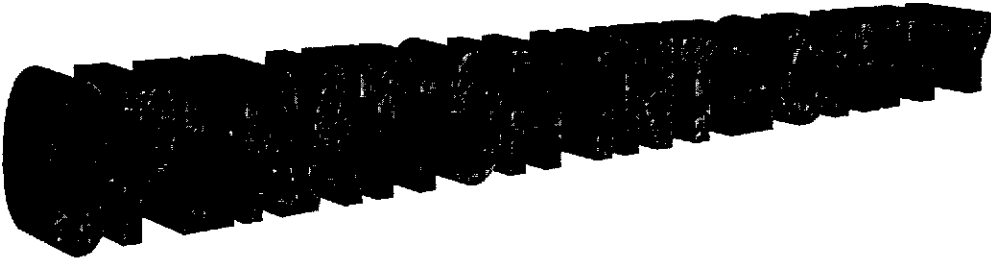
This is a **FREE** series for Parents and their children. (Ages 11-18)
This is a **SIX SESSION** program. Please plan to attend all of the sessions.

Call Garland Henley at 615-898-7954 to reserve your spot today.

Childcare for younger children is **NOT** provided.
Some of the topics are not appropriate for young children.

Wednesday
Walk-in

Wednesdays at 9am
JDC
Bring teen receive
support



RUTHERFORD COUNTY SHERIFF'S DEPARTMENT

Operation Integrity is a highly structured intervention program for Rutherford County youth who are exhibiting behavioral problems at home and/or at school or may be showing signs of drug use or experimentation. This is a performance-based program that emphasizes the values of personal accountability, team achievement and relationships, interpersonal skills, self-esteem, self-confidence, victim restitution, respect and empathy for others, and a positive work ethic. This camp is run one Saturday a month from 6:00 am - 5:00 pm, with additional follow-up sessions.

REQUIREMENTS:

- **Age requirement: 12-16 years of age**
- **No prior delinquent offense convictions**
- **Less than three status convictions**
- **An intake must be done prior to entering program to ensure appropriate placement**
- **No prior suicide attempts or suicidal ideation**
- **Parent/Guardian MUST attend parent component**
- **\$25 non-refundable registration fee**

CONTACT INFORMATION

**Sgt. Irvin Turner
Rutherford County Sheriff's Department
615-904-3066
Monday-Friday 7:30 am-3:30 pm**