



## **IHM School Newsletter** **March 27th, 2019**

Dear IHM Crusaders,

Last week I shared information about IHM's Crisis Response Team and some of the protocols we follow during a traumatic event. I also shared that for the past 4 years, we have used an evidence-based curriculum called **Signs of Suicide** to educate our junior high students on mental health such as depression and suicidal ideations. This program educates our students with information on mental health and what to do when they are concerned about the safety and/or welfare of themselves or others. This year we also implemented a parent education night on how to help children and adolescents who are at risk of suicide, self-harm, or who struggle with mental health.

Last October, our entire faculty and staff participated in a full day of training of Mental Health First Aide training. I began serving on the Archdiocesan Mental Health Committee for the Catholic Schools last school year. Collectively we understand how important this topic is to our community and are committed to doing anything we can to support our students and their families.

Tomorrow at 7 p.m., St. John Fisher Parish will host a nationally known LEADS for Youth (Linking Education and Awareness for Depression and Suicide) program. This curriculum links depression awareness and suicide prevention and is designed for **high schoolers and young adults**. LEADS for Youth is an informative and interactive opportunity for students to increase knowledge and awareness of depression and suicide.

I feel blessed by the support of the Forest Hills School District, as they continue to provide support whenever I call upon them. They have planned a **Community Forum on Wednesday, April 3, 2019 from 6:00-8:00 at Nagel Middle School (Cafetorium)**. This forum is an opportunity for parents and community members to ask questions and receive resources from direct service providers within our community and to learn from local experts about suicide and the process of grieving. Following the forum, they plan to provide a recorded video link for those interested. Dr. Jennifer Wright-Berryman (Assistant Professor of Social Work, University of Cincinnati and Grant Us Hope) will facilitate this forum. Jennifer is a mental health and suicide researcher with over eighteen years of experience in interpersonal clinical and community-based practices. She is the chair of the University of Cincinnati Mental Health and Suicide Prevention Task Force and is a member of the Ohio State Prevention Stakeholder Group through the Ohio Suicide Prevention Foundation. Additional experts from grief support organizations will also be supporting this important event.

Helpful Resources:

[Child Focus](#)

[Fernside](#)

[How to Talk to your Children about Suicide](#)

[Tips for Parents and Educators](#)

Please know you can contact myself, or Mrs. Turpening at any time with questions or needs you might have. We are willing to do all we can to support our students and their families.

In prayer,

Mrs. Devine

## **THIS WEEK'S EVENTS**

### **Wednesday, March 27<sup>th</sup>**

6:00pm          Family Art Night  
Heritage Hall/Cafeteria

### **Thursday, March 28<sup>th</sup>**

#### **Cincinnati Reds Opening Day Cincinnati Reds Top with Uniform Bottoms**

8:15am          All School Mass – 7C  
Church

3:00pm          Musical Practice  
Heritage Hall

7:00pm          Exposition of the Eucharist  
Church

7:00pm          Spring Band Concert  
Gymnasium

### **Friday, March 29<sup>th</sup>**

9:30am          Grade 5 Field Trip  
LaBortaux Woods Nature Center

### **Monday, April 1<sup>st</sup>**

**Students may begin to wear uniform shorts**

### **Tuesday, April 2<sup>nd</sup>**

1:00pm          Grade 6 Field Trip – India Day  
Heritage Hall

3:00pm          Musical Practice  
Heritage Hall

6:30pm          Reconciliation  
Lourdes Room – Church

### **Thursday, April 4<sup>th</sup>**

8:15am          All School Mass – Student Ambassadors  
Church

3:00pm Musical Practice  
Heritage Hall

### **Friday, April 5<sup>th</sup>**

#### **Spirit Wear Day**

Grade 2 Field Trip  
Cincinnati Museum Center

### **Saturday, April 6<sup>th</sup>**

Christ Renews Mens Retreat

### **Sunday, April 7<sup>th</sup>**

Christ Renews Mens Retreat

9:00am Confirmation Retreat Sign In  
Heritage Hall

## **IMPORTANT INFORMATION**

**2019-2020 Tentative IHM School Calendar is attached to this Newsletter.**

### **SAVE THE DATE**

#### **Vaping and Tobacco Awareness**

May 16, 2019

Student presentation: 1:30 pm Heritage / Parent Presentation: 6:00 pm Heritage

Robb Holladay will be visiting our students in Grade 5-8 and parents of all students to speak about Vaping and Tobacco Awareness. This assembly is motivational, interactive and will clear the fog on misconceptions students and parents have about vaping and smoking and the risks. Well known risks are discussed, along with facts and dangers that are not as well known about vaping.

For more information please visit Robb's webpage:

<https://www.educationassemblyonvaping.live/index.html>

### **8<sup>th</sup> Grade Students**

**We are proud of all our graduating students and want to acknowledge every student's academic achievement.** If your student received a scholarship or admission award from a high school, please share this information with us. We include this information in the graduation ceremony speech and publish it in the bulletin, Heartbeat and various local media. Individual dollar amounts are held confidential and are never mentioned or published but a grand total for the class is published. Please forward your scholarship information to Mrs. Day at the School Office as soon as possible.

### **Cincinnati Cyclones Offer**

The Fan Appreciation Game is on Friday, April 5<sup>th</sup>. This will be the last regular season game prior to entering the 2019 Kelly Cup Playoffs. This day will also include **\$1 Pizza, Hot Dogs, Soda, and BEER!**

Feel free to take advantage of \$11 tickets by visiting the link below. Get your tickets early! Due to several large groups that night, the lower level is almost sold out already!

<https://fevo.me/group>

### **Customer Appreciation Days at Schoolbelles**

April 7<sup>th</sup> and 8<sup>th</sup> are Customer Appreciation Days at Schoolbelles. 20% off pants and 25% off monogrammed items.

See the flyer attached to the Newsletter.

### **Find IHM School On Facebook AND Twitter AND Instagram!**

We ask all our parents to "like" our school Facebook page (different than the IHM PTO Facebook page).

Our Facebook handle is **@immaculateheartofmaryschool**

We ask that you also follow our school on Twitter!

Our Twitter handle is **@ihm\_school**

You can also follow us on Instagram!

Our Instagram handle is **ihmschool**

### **Health Office News**

Current 6<sup>th</sup> grade parents: As your students are preparing for 7<sup>th</sup> grade, they will need to have 2 additional immunizations. Pursuant to sections 3701.13 and 3313.671 of the ORC issued by the Ohio Department of Health all students entering the 7<sup>th</sup> grade are required to have the following vaccines administered prior to entry; 1 dose Tdap and 1 dose MCV4. In order to save you from the summer rush of busy doctor offices, please provide an updated copy of your child's immunization record as soon as immunizations are complete.

### **IHM Booster Fall Sports Sign Ups**

It is now time to start planning our 2019 Fall Sports. **Online registration for all our 2019 Fall Sports is NOW OPEN at [www.ihomboosters.org](http://www.ihomboosters.org).** Please see below for the registration details and other info for each Fall Sport.

**6<sup>th</sup> Annual IHM Football Camp will be held June 24<sup>th</sup> thru 27<sup>th</sup>.** Cost is \$35 per child and includes a t-shirt. Camp is open to any athlete K-8<sup>th</sup> Grade. Online registration and waiver are available at [www.ihomboosters.org](http://www.ihomboosters.org)

<b>Sport</b>	<b>Grades<sup>#</sup></b>	<b>Fee*</b>	<b>Registration Open</b>	<b>Registration Closes</b>
Football	K-8	\$150	3/10/2019	<b>4/30/2019</b>
Girls Volleyball	3-8	\$80	3/10/2019	5/8/2019
Cheerleading	K-8	\$35	3/10/2019	7/15/2019
Golf (Boys & Girls)	6-8	\$200	3/10/2019	5/8/2019
Instructional Golf (Boys & Girls)	5	\$145	3/10/2019	5/8/2019
Cross Country (Boys & Girls)	6-8	\$75	3/10/2019	5/31/2019

# Grade for registration is the grade your Crusader(s) will be entering for the 2019-2020 school year.

\* The annual Booster fee per family of \$80 will also be added to each family's first registration for the 2019-2020 school year. For Grades K-2 the \$80 Annual Booster fee per family is waived.

### **Here are some Sport-specific notes:**

**Boys (& Girls!) Football (Grades K-8)** An earlier close date for football is necessary so IHM can notify the league how many teams we will be forming the 2019 GCYL season. **New for 2019, tackle football is now open to all girls and boys as a Co-Ed sport for all grades K-8.** Girls have been playing on a limited basis across the league for several years, and we are just formalizing the offering at IHM for this upcoming season. Please review the football Frequently Asked Questions (FAQ) document at the following link: [2019 Football FAQ](#)

**Girls Volleyball (Grades 3-8)** Information regarding the number of teams IHM will be placing for the GCCYS Fall season is due to the league during the summer. Similar to previous years, we will be holding evaluations/tryouts during the week of May 19 in order to gather the needed information prior to the end of school and not interfere with vacation plans. More details regarding tryouts will arrive after volleyball registration closes in early May.

**Boys & Girls Golf (Grades 5-8)** Based on the survey evaluations, the golf leadership is planning a collection of positive improvements for the golf program this year. We are continuing the popular 5th grade development program and adjusting the program format to include more practice dates/instruction during the season. More details and information regarding the golf program changes will be provided soon.

**Boys & Girls Cross Country (Grades 6-8)** This year Cross Country will be open for Grades 6-8. All interested in running are welcome and encouraged to register. Please see the following link for some Cross Country FAQs: [2019 Cross Country FAQ](#)

### **Running Club**

Running Club with Ms. Hardin and Ms. Friesner has resumed! Girls will meet in the cafeteria right after school and will be picked up at 430pm. If you have any questions please contact Ms. Hardin.

### **Summer Camp Opportunities**

**McNicholas High School** – Click [HERE](#) for Summer Camp Opportunities

**Elder High School** – Click [HERE](#) for Summer Football Strength and Conditioning Camp

**Mount Notre Dame High School** – Click [HERE](#) for Summer Camp Opportunities

**Ursuline Academy** – Click [HERE](#) for Summer Camp Opportunities

**St. Ursula Academy** – Click [HERE](#) for Summer Volleyball Camp Opportunities

**Turpin High School** – Click [HERE](#) for Summer Camp Opportunities

### **The Seam Team**

This sewing club is open to the first 15 registrants in Grades 4-8. The schedule and sign up for the remainder of the year is available at the link provided

<https://www.signupgenius.com/go/20f0b49a4a923a0fa7-seam>

### **High School Information**

#### **St. Ursula Academy**

6th and 7th grade girls are invited to Saint Ursula Academy's Girls' Night on Friday evening, May 3 from 5:00 until 9:00. Dinner is provided for girls as they tie-dye t-shirts, play games, meet girls from all over the city and much more! The event is free and parents are invited to a Q&A session from 5:15 to 6:00 with optional school tours following the session. Register at [www.saintursulaevents.com/girls-night](http://www.saintursulaevents.com/girls-night).

## **IHM PTO INFORMATION**

***CHECK IT OUT!*** A reader friendly version of this newsletter can be found on the PTO webpage under Parent Resources or you can click on this [Quick Link](#).

### **FUNDRAISING**

#### **PTO Tumbler Sale!**

Be sure to check out this online [Tumbler flyer!](#) 22oz insulated tumblers with school spirit! You can purchase online or on the app with MSA store or turn in the form! Sale ends TODAY!

#### **Boxtop Contest**

The Top 4 Homeroom classes that collect the most Box Tops will receive a Sweet reward at lunch! Attach your Box Tops to the [BT Collection Worksheet](#) and return to school by April 4th.

#### **Scene 75/ Skyzone Easter break Deal**

**Scene 75** - IHM PTO has once again teamed up with Scene 75 to offer you an amazing deal!

For only \$25 you will receive: \$20 for arcade play, a choice of 2 Attractions\*, PLUS a coupon for a game of laser tag to be used at a future date.

\*Choice of attractions includes Mini Golf (9 holes), Mini bowling, Chaos Room, Laser Tag, or Bounce House. This special is only being offered thru the IHM PTO, cards must be purchased from IHM. Cards are valid thru 4/30/19. Buy 4 cards get a free appetizer Coupon.

**SKY Zone 1-hour passes only \$16.**

Purchase both deals online at [myschoolanywhere.com](http://myschoolanywhere.com) or the convenient MSA app and shop our "Store" and pay with PayPal. Cards must be purchased through MSA.

Deadline to order is 4/4/19

For more information click [Scene 75/ Skyzone Easter Break Special](#)

**Win-It Wednesday Giveaway**

We are excited to announce the Win-It Wednesday \$50 Giveaway winner! For every \$100 donation to the Fall Fundraiser, the donor received an entry and the winning entry goes back into the pot each week. Thanks for your support.

And the winner of \$50 is Cameron Walsh. Congratulations!

**EVENTS & NEWS**

**ATTENTION: KINDERGARTEN and 7th GRADE PARENTS!!!**

The Staff Appreciation Lunch hosted by the kindergarten and 7th grade parents will be on Wednesday, April 10th. We are looking for your favorite potluck dishes and desserts to fill the buffet table. The teachers so love and appreciate your donations! If you can't contribute a food item, we have a cash donation option available and we will purchase items to complete the buffet. Please click the link at [Sign Up Genius - StaffAppreciationApril](#) to sign up! We also need volunteers for set up and clean up. The teachers and staff really look forward to these events and truly appreciate the effort, support, and hard work. [Staff Appreciation April Luncheon Flyer](#)

**Don't miss out! REGISTER NOW FOR FAMILY OBSTACLE COURSE - Saturday 4/13/19.** Fun for kids (5 and over) and adults of ALL FITNESS LEVELS. Start times begin at 9:00 am. Around 20 obstacles including a brand new Ninja Warrior Scaffolding unit. Race shirt for all participants. PREFERRED REGISTRATION: ONLINE - Go to [myschoolanywhere.com](http://myschoolanywhere.com) or the app (All day school families already have an account. If you need your login information, contact [jhmpto@gmail.com](mailto:jhmpto@gmail.com)). Or turn in the [FOC Registration Flyer](#) with cash/check. REGISTRATION DEADLINE HAS BEEN EXTENDED TO 4/3/19

Questions? Please email [cariemasoner@gmail.com](mailto:cariemasoner@gmail.com) or [chstautberg@gmail.com](mailto:chstautberg@gmail.com). You can also volunteer to help at the awesome event [Sign Up Genius - Family](#)

**PTO Roles and Volunteer Opportunities** – Thanks to those who turned in the Volunteer Response Card...we will be contacting you! If you haven't responded and are interested, we would love to hear from you. Let's talk about your interests and what might be a good fit for you. For Board positions next year, we are looking for: Vice President, Secretary, and Co-Treasurer and Board Leads for Volunteers, Fundraising, Services/Spiritual and Jr. High Social. We are also in search of volunteers to fill various Chairperson roles for some of our awesome events and activities. See the [Open Roles flyer](#) for a list of some of the open roles for next year. Please contact Tracey Barszczewski at [tbarszczewski@outlook.com](mailto:tbarszczewski@outlook.com) or 203-767-9199 for more information.

**VOLUNTEER OPPORTUNITIES**

**The Family Obstacle Course is scheduled for 4/13!** Lots of volunteers are needed to help with this awesome event! 3 volunteers are needed to assist with set up from 6-8:15, 17 volunteers are needed to help with the first shift from 8:15-11:30, 19 volunteers are needed to help with the second shift from 11:15-2:30 and 3 volunteers are needed to assist with closing the event from 2:30-4:30. Please click on the following link to volunteer: [Sign Up](#)

[Genius - Family](#) or contact [cariemasoner@gmail.com](mailto:cariemasoner@gmail.com) or [chstautberg@gmail.com](mailto:chstautberg@gmail.com) with any questions!

**Christ Communities Volunteers** - 15 volunteers are needed to lead small groups in the 6th, 7th, and 8th grade Christ Community groups on April 16th from 1- 2:50 pm. Please consider volunteering! The 6th, 7th and 8th grade has been having a wonderful youth rally during Christ Communities called "The Underground." We have four missionary guests from Damascus Catholic mission campus. During the rally, the students will be breaking into small groups to further discuss the topic. If you are available to volunteer please click on the following link to volunteer: [Sign Up Genius - School](#)

**The Spring Book Fair** will be here before we know it! Set up is scheduled for 4/28 from 5-6 pm and the sale is running from 4/29 to 5/3. There are still some volunteer slots available! Please consider helping out if your schedule allows! Please click on the following link: [Sign Up Genius - BookFair](#) to volunteer or contact Sarah Georgin at [georgic.s@ihomschool.org](mailto:georgic.s@ihomschool.org) with any questions!

#### **IMPORTANT UPCOMING DATES:**

4/3 - Extended FOC Registration deadline  
4/4 - Last day to order Scene 75/ Skyzone Deal  
4/8 - PTO Meeting, 7pm St. Matthews Room  
4/10 - April Staff Appreciation, K & 7<sup>th</sup> Grade  
4/13 - Family Obstacle Course  
4/29 - 5/3 Spring Book Fair

\*\*Missing a flyer or need another form? Flyers and forms for current events and contests can be found by following this [Quick Link](#) to the Parent Resources tab on the PTO Webpage.

## **IHM PARISH INFORMATION**

### **Altar Server Training**

The next training session for Altar Servers at IHM will be held May 14 at 6:30PM in the church. This training is for all students 5<sup>th</sup> grade and older, or students that will enter 5<sup>th</sup> grade in the Fall. We also welcome adults that would like to become an Altar Server.

At the completion of the training, the new Altar Servers and those who are currently serving that wish to become a Captain will be commissioned. Current Altar Servers wishing to become Captains should contact us prior to the training.

During the training, you will have the opportunity to identify a weekend Mass time you prefer to be scheduled. Please understand we may occasionally ask that you serve at a different Mass time. While we look to grow this ministry for service during all our Mass celebrations, we have most critical needs for Altar Servers for 5PM Mass Saturday, 7:30AM and 6PM Masses Sunday.

Please RSVP by emailing Ed Bayliss or Gloria Ann Castleman at [ihomsservers@gmail.com](mailto:ihomsservers@gmail.com). You can also call the Parish Office if you have questions, or to reserve your place at the training, at 388-4466.

Parents: at the start of the training session, we will share important information with you. You are welcome to stay with us during the session, or return later to pick up your child(ren).

### **IHM Festival**

The IHM Festival was recently voted "Best of the East" in the "Best Festival" Category! This title is possible due to all the amazing support of our parish families! The sign up genius is LIVE to pick your favorite place to volunteer for the IHM Festival this summer, July 19<sup>th</sup> thru 21<sup>st</sup>. Don't miss out! Sign up today and THANK YOU for your support!

To view the Group SignUp(s), please click the link below:

[2019 IHM FESTIVAL](#)

### **Lenten Speaker Series**

**The Topic This Year: Your Personal Relationship With Jesus Through Prayer**

6:25pm Rosary in the Church, followed by 7:00pm Stations of the Cross, followed by 7:30pm Speaker in the Church

**March 29- Prayer: Am I Doing it Right? St. Ignatius' Examine Prayer-** Fr. Pat. Fairbanks

**April 5- When Prayer Doesn't Seem to Work: St. John of the Cross on Dryness and Darkness in Prayer** by Fr. Jacob Willig

**April 12- Live Stations of the Cross** presented by the 6<sup>th</sup> grade school students.

**Save the Date for Summer Love Ed**

June 24<sup>th</sup> - Parent meeting

June 26<sup>th</sup> - Level 1

June 27<sup>th</sup> - Level 2

**Novena for Life**

The Knights of Columbus are having a Novena for Life starting April 24th through May 2nd. The event will take place at 7:00pm in the Blessed Mother's room (second floor) at the Parish Center. Please join us in prayer as we celebrate life for our 9 day Novena. If you have any questions please contact Michael Miller at 513.405.5749 or [lizabeth1@cinci.rr.com](mailto:lizabeth1@cinci.rr.com).

**Shop\$mart**

COMING TO SHOP\$MART

Red Lobster, Michaels & Disney

Gift cards in \$25 denominations.

Fridays in Lent, can't make the fish fry? How about a night out at Red Lobster.

For your Easter/spring decorations, crafts, and other Pinterest adventures visit Michaels for the supplies.

Summer Disney vacations planned? Get these gift cards for your trip!

We get 3 - 8 % returns from these vendors and that means extra funds for our school.

You can get these and many more gift cards when you visit us in the Fatima Room after all weekend masses or in the Parish Office during regular business hours. You can also send your orders in through your kids in school in the Wednesday envelope.

**Interfaith Hospitality Network (IHN) Hosting at Comboni**

Sat Apr 27, 2019 – Sun May 5, 2019

The Interfaith Hospitality Network (IHN) is a group of churches, who take turns hosting homeless families who are part of the network. Families sleep and eat breakfast and dinner at the host churches for a period of one week before moving on to another host congregation. During the day, children go to school. Adults go to work or search for work or housing with the assistance of IHN staff. Each host congregation is responsible for providing meals, evening activities, and sleeping accommodations for the guests. All of this work is done by volunteers from the host parishes. IHN will be participating in hosting families April 27-May 5 at Comboni, 1318 Nagel Rd. Cincinnati, OH 45255. Various volunteer spots are available on the sign up link,

<https://signup.com/client/invitation2/secure/2748620/false?fbclid=IwAR2NO7CI9FVF3Toh9s8TkmeBDjzDWeWi3hdxDBcTqgY8jdJOM72MC10fjXA#/invitation>