









BPY February Menu 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pizza  Caesar Salad Fruit salad
4 Split Pea Soup Mac N Cheese Roasted Broccoli  Apples	5 Chicken Soup with Noodles Chicken Nuggets Roasted Potatoes Green Peas Oranges	6 Baked Ziti for ECC Plain Pasta Warm Marinara Parmesan Cheese Mixed Cauliflower/Broccoli /Carrots Apples	7 Shawarma Pita Steak fries Israeli salad Seed-Free Hummus Mixed Melon	8 Pizza  Caesar Salad Oranges
11 Cream of Asparagus Soup Cheese Lasagna Garlic Roasted Mushrooms Mixed Fruit	12 Meat Balls White Rice Sugar Snap Peas Oranges	13 Pancakes Home Fries Yogurt Nut Free Granola  Mixed Fruit	14 Egg Drop soup Chicken Lo Mein Chinese Vegetables Oranges	15 Pizza  Caesar Salad Apples
18 NO SESSIONS	19 Beef Tacos Hard Tacos Sautéed Mixed Peppers Yellow Rice Diced Tomato Diced Onion Shredded Lettuce Banana	20 Fish Sticks Herb Roasted Carrots Mash Potatoes Tater Sauce Apples	21 Hamburgers  Sliced Tomato Shredded Lettuce Sliced Onions French Fries Banana	22 Pizza  Caesar Salad Oranges
25 Baked Ziti Tomato Salad Garlic String Beans Banana	26 BBQ Chicken Legs Roasted Sweet Potato Green Peas Pears	27 Cauliflower Bisque Grilled Cheese Corn on the Cob Apples	28 Turkey Hoagies  Cole Slaw Mini Potato Knish Sliced Tomato Pears	

Available Daily

Bread Display

Assorted Seed Free Mini Bagels

Sliced whole wheat Bread

Sliced White Bread

Sliced Rye Bread

Cream Cheese, Butter, Sliced Cheese, and Jelly

Soy butter

Salad Bar

May Include

Greens

Romaine, Mesclun, Spinach, Arugula, Iceberg

Vegetables

Cucumbers, Tomatoes, Shredded Carrots, Assorted Peppers, Edamame, Cherry Tomatoes, Celery, Mushrooms, Roasted Sweet Potato, Roasted Zucchini, Roasted Squash, Roasted Mushrooms, Green Peas, Red Cabbage, Red Onion, Baby corn, Chick Peas, Black Beans, kidney Beans, Diced Beets, water Chestnuts, Pickles, Olives, Hearts of Palm,

Toppings

CROUTONS, Chinese Noodles, Terra Sticks, Quinoa, Craisins, Tuna, Hard Boiled Eggs, and Plain Pasta

Dressings

Italian, Creamy Italian, Balsamic Vinaigrette, French, Russian, Caesar, Raspberry Vinaigrette, Olive Oil, Lemon

Juice

Whole Fruit

Apples, Oranges, Bananas, Peaches, and Plums

Fresh Fruit Cups

Assorted Yogurt

ECC Daily Fruit

Cucumbers, Tomatoes, Baby Corn, Baby Carrots, Peppers