



Desk Express

Floresville ISD Adult Lunch Menu

All meals are \$3.75

Fresh Daily Sides

LUNCH DUO

Choose any 2 items ~ Served with Chips and Whole Fresh Fruit

- ½ Sandwich, Wrap or Pita
- Soup of the Day (seasonal)
- Garden Salad

Email your Desk Express order to opacheco@fisd.us by 2:00 pm the day before.

Salad Creations

Salads served with Foccica Bread

Dressings: FF Ranch, Lite Italian, FF Caesar, Pan Asian

Chicken BLT Salad

Fresh Salad Greens, Chicken Breast, Turkey Bacon, Diced Tomatoes, Cheddar Cheese.

539 Calories 26.14g Fat
35.27g Carbs 3.28g Fiber

Chicken Caesar Salad

Fresh Crisp Romaine Lettuce, Grilled chicken Breast, parmesan cheese, Croutons and FF Caesar Dressing

467 Calories 17.80 g Fat
52.87g Cho 7.67g Fiber

Chef Salad

Fresh Salad Greens, Oven Roasted Turkey Breast, Turkey Ham, Cheddar Cheese, Tomato, Cucumber

467 Calories 17.80 g Fat
52.87g Cho 7.67g Fibe

Cool Wraps & Pitas

Wraps & Pitas are served with Chips and Whole Fresh Fruit

Turkey Club Wrap

Sliced Turkey Breast, Turkey Bacon, Shredded Lettuce, Diced Tomatoes, Cheddar Cheese, FF Ranch Dressing

425 Calories 13.15g Fat
51.12g Cho 5.79g Fiber

Asian Fusion Wrap

Chicken Breast, Shredded Lettuce, Shredded Carrots, Diced Celery, Diced Cucumber & Pan Asain Dressing

494 Calories 18.69g Fat
61.20g Cho 7.69g Fiber

Chicken Fajita Pita

Chicken Fajita Meat, Fresh Salad Greens, Sliced Tomatoes, Shredded Lite Cheese

408 Calories 13.21g Fat
51.19g Cho 8.38g Fiber

Sandwich Savvy

Create Your Own

Sandwiches are served with Chips and Whole Fresh Fruit

Includes Mustard & Mayo PC

Bread Choice: Sliced Wheat, Hoagie, or Fresh Baked Kaiser

Meat Choice: Turkey, Turkey Ham, Chicken Salad or Tuna Salad

Cheese Choice: Swiss, American or Provolone

Lettuce, Tomato, Sliced Red Onions, Banana Peppers, Pickles, Jalapenos

MONDAY

- **Whole Meat Crispy Chicken Sandwich**
on Whole Wheat Bun. Served with Chips and Whole Fresh Fruit.

TUESDAY

- **Bacon Cheeseburger**
on Whole Wheat Bun. Served with Chips and Whole Fresh Fruit.

WEDNESDAY

- **Fluffy Baked Potato, Plain, Broccoli & Cheese Or Chili**
with Butter, Sour Cream and Bacon bits & Breadstick.

THURSDAY

- **Breaded Chicken Fried Steak**
Low fat cream gravy, Mashed Potatoes, Hot Vegetable & Toast.

Ala Carte
Pricing

- **Soup & Crackers - \$2.00*** (seasonal)
 - Chips - \$1.00
 - Fresh Baked Cookie - \$0.75
- **Bottled Water 16.9oz - \$1.25**
 - Diet Soda - \$1.25
 - Tea - \$1.00
- **Fresh Fruit Cup - \$2.25**

Email your Desk Express order to opacheco@fisd.us by 2:00 pm the day before.

Menu is subject to change.



Lunch menu
Floresville Independent School District



Orders will be delivered to your school cafeteria
For pick up. Delivery for off campus orders.

Lunches are ordered the day before. Please e-mail your Desk Express order to opacheco@fisd.us by **2:00 pm the day before**. Lunches can be paid for by cash, check or taken from your school lunch account. **Lunch will be delivered to your campus cafeteria where you can pick it up.**

Desk Express meals are a non-charging item.

Name: _____

Campus/Department: _____ Extension: _____

Room Number: _____

Entrée Ordered: _____

Extras: _____

Delivered: _____ Time: _____

Total Due: _____