



chartwells  
eat. learn. live.

Marlboro School District January 2019 Middle Menu  
Week 1 to view our new interactive menus and allergens  
info visit: [www.marlboro.nutrislice.com](http://www.marlboro.nutrislice.com)

\$2.90 Student Lunch- \$3.55 Premium Lunch- \$.40 Reduced Lunch  
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	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>			2 Burger Bar Lettuce & Tomato Baked Fries Green Beans	3 Herb Roasted Chicken Dinner Sweet Potato Breadstick Three Bean Salad	4 Pasta W/ Meat Sauce or Marinara Tossed Salad Garlic Bread Strawberry Cup
	<b>Pizza</b>				
<b>Pizza</b>	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
	Broccoli Calzone	Chicken Parmesan Calzone	Italian Stromboli	Garlic Chicken Pizza	Roasted Vegetable Pizza
	<b>GRILLED</b>				
<b>Grilled</b>	Classic Hamburger or Cheeseburger	Classic Hamburger or Cheeseburger	Classic Hamburger or Cheeseburger	Classic Hamburger or Cheeseburger	Classic Hamburger or Cheeseburger
	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich
	Tyson Chicken Basket	Tyson Chicken Basket	Tyson Chicken Basket	Tyson Chicken Basket	Tyson Chicken Basket
	<b>DELI</b>				
<b>Deli</b>	<i>Available Daily: Made to order a Variety of Boars Head Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
					
	Chicken Caesar Wrap	Ham & Cheese Panini	Turkey, Cheese & Romaine Wrap	Italian Hero	Tuna on a Multigrain
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Chef Salad	Turkey Cobb Salad	Grilled Chicken Salad	Caesar salad w/ Chicken	Garden salad w/Tuna
	Garden Salad w/ Cheese	Garden Salad w/ Cheese	Garden Salad w/ Cheese	Garden Salad w/ Cheese	Garden Salad w/ Cheese
	<b>EXTRA EXTRA</b>				
<b>extra extra</b>	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry
	Crispy Green salad	Crispy Green salad	Crispy Green salad	Crispy Green salad	Crispy Greensalad
	Red & Green Bell Pepper Strips	Red & Green Bell Pepper Strips	Fresh Baby Carrots	Red & Green Bell Pepper Strips	Fresh Baby Carrots
	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit

Any Question or Concern Please call 732-972-2000  
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	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	<b>7</b> Cinnamon French Toast Omelet Sausage Links Tater Tots	<b>8</b> Taco Tuesday Soft Shell Tacos Brown Rice Medley Salsa Cheddar Cheese Black Beans	<b>9</b> Texas Toast Grilled Cheese Tossed salad Sweet Potato Pie Fruit Crisp	<b>10</b> Chicken Fajita Peppers & Onions Over Pasta Corn & Salsa	<b>11</b> Ball Park Franks Sauerkraut Baked Beans Crispy Fries Sweet peas
<b>Pizza</b>	Cheese Pizza Pepperoni Broccoli Calzone	Cheese Pizza Pepperoni Pizza Chicken Parmesan Calzone	Cheese Pizza Pepperoni Pizza Italian Stromboli	Cheese Pizza Pepperoni Pizza Garlic Chicken Pizza	Cheese Pizza Pepperoni Pizza Roasted Vegetable Pizza
	<b>GRILLED</b>				
<b>Grilled</b>	Classic Hamburger & Cheese Burger Crispy Chicken Sandwich Tyson Chicken Basket	Classic Hamburger & Cheese Burger Crispy Chicken Sandwich Tyson Chicken Basket	Classic Hamburger & Cheese Burger Crispy Chicken Sandwich Tyson Chicken Basket	Classic Hamburger & Cheese Burger Crispy Chicken Sandwich Tyson Chicken Basket	Classic Hamburger & Cheese Burger Crispy Chicken Sandwich Tyson Chicken Basket
	<b>DELI</b>				
<b>Deli</b>	<i>Available Daily: Made to order a Variety of Boars Head Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i> 				
	Chicken Caesar Wrap	Ham & Cheese Panini	Turkey, Cheese & Romaine Wrap	Italian Hero	Tuna on a Multigrain
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Chef Salad Garden Salad w/ Cheese	Turkey Cobb Salad Garden Salad w/ Cheese	Grilled Chicken Salad Garden Salad w/ Cheese	Caesar salad w/ Chicken Garden Salad w/ Cheese	Garden salad w/Tuna Garden Salad w/ Cheese
	<b>EXTRA EXTRA</b>				
<b>extra extra</b>	1% White ,skim Chocolate or 1% strawberry Crispy Green salad Red & Green Bell Pepper Strips Chilled Fruit Fresh Whole Fruit	1% White ,skim Chocolate or 1% strawberry Crispy Green salad Red & Green Bell Pepper Strips Chilled Fruit Fresh Whole Fruit	1% White ,skim Chocolate or 1% strawberry Crispy Green salad Fresh Baby Carrots Chilled Fruit Fresh Whole Fruit	1% White ,skim Chocolate or 1% strawberry Crispy Green salad Fresh Baby Carrots Chilled Fruit Fresh Whole Fruit	1% White ,skim Chocolate or 1% strawberry Crispy Green salad Fresh Baby Carrots Chilled Fruit Fresh Whole Fruit

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	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	<b>14</b> BLT Burger Seasoned Peas & Carrots Potato Wedges	<b>15</b> Chicken & Cheese Quesadilla Shredded lettuce Salsa Three Bean salad	<b>16</b> Breaded Fish Sticks Waffle Fries Steamed Green Beans	<b>17</b> Cheese Ravioli Side Meatballs Caesar Salad Garlic Breadstick	<b>18</b>  One Session day No Lunch Served
	<b>PIZZA</b>				
<b>Pizza</b>	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
	Broccoli Calzone	Chicken Parmesan Calzone	Italian Stromboli	Garlic Chicken Pizza	Roasted Vegetable Pizza
	<b>GRILLED</b>				
<b>Grilled</b>	Classic Hamburger & Cheese Burger	Classic Hamburger & Cheese Burger	Classic Hamburger & Cheese Burger	Classic Hamburger & Cheese Burger	Classic Hamburger & Cheese Burger
	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich
	Tyson Chicken Basket	Tyson Chicken Basket	Tyson Chicken Basket	Tyson Chicken Basket	Tyson Chicken Basket
	<b>DELI</b>				
<b>Deli</b>	<i>Available Daily: Made to order a Variety of Boars Head Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
	Chicken Caesar Wrap	Ham & Cheese Panini	Turkey, Cheese & Romaine Wrap	Italian Hero	Tuna on a Multigrain
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Chef Salad	Turkey Cobb Salad	Grilled Chicken Salad	Caesar salad w/ Chicken	Gardensaladw/Tuna
	Garden Salad w/ Cheese	Garden Salad w/ Cheese	Garden Salad w/ Cheese	Garden Salad w/ Cheese	Garden Salad w/ Cheese
	<b>EXTRA EXTRA</b>				
<b>extra extra</b>	1% White, Skim. Chocolate or 1% Strawberry	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry
	Crispy Green salad	Crispy Green salad	Crispy Green salad	Crispy Green salad	Crispy Green salad
	Red & Green Bell Pepper Strips	Red & Green Bell Pepper Strips	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots
	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit

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	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	21 M.L. King Jr.'s Birthday School Closed	22 Italian Meat Ball Sub Three Bean Salad Crinkle Cut Fries	23 Philly Cheese Steak Peppers & Onions Melted Cheese Waffle Fries	24 Roasted Turkey Dinner Gravy Sweet Potatoes Dinner Roll Blueberry Crisp	25 Rotini Pasta w/ Meat sauce or Marinara Savory Green Beans Garlic Toast Celery Sticks w/ Ranch
	<b>PPP</b>				
<b>Pizza</b>	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
	Broccoli Calzone	Chicken Parmesan Calzone	Italian Stromboli	Garlic Chicken Pizza	Roasted Vegetable Pizza
	<b>GRILLED</b>				
<b>Grilled</b>	Classic Hamburger & Cheese Burger	Classic Hamburger & Cheese Burger	Classic Hamburger & Cheese Burger	Classic Hamburger & Cheese Burger	Classic Hamburger & Cheese Burger
	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich
	Tyson Chicken Basket	Tyson Chicken Basket	Tyson Chicken Basket	Tyson Chicken Basket	Tyson Chicken Basket
	<b>DELI</b>				
<b>Deli</b>	<i>Available Daily: Made to order a Variety of Boars Head Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
					
	Chicken Caesar Wrap	Ham & Cheese Panini	Turkey, Cheese & Romaine Wrap	Italian Hero	Tuna on a Multigrain
	<b>ON THE GO</b>				
<b>ON THE GO</b>	Chef Salad	Turkey Cobb Salad	Grilled Chicken Salad	Caesar salad w/ Chicken	Garden salad w/Tuna
	Garden Salad w/ Cheese	Garden Salad w/ Cheese	Garden Salad w/ Cheese	Garden Salad w/ Cheese	Garden Salad w/ Cheese
	<b>EXTRA EXTRA</b>				
<b>extra. extra</b>	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry
	Crispy Green Salad	Crispy Green salad	Crispy Green salad	Crispy Green salad	Crispy Green salad
	Marinated Tomato & Cucumber	Red & Green Bell Pepper Strips	Fresh Baby Carrots	Fresh Baby Carrots	Fresh Baby Carrots
	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit

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	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CREATE</b>				
<b>create</b>	28	29	30	31	
	Mini Corn Dogs Roasted Vegetables Cheese Fries Soft Baked Pretzel	Classic Burger Bar Lettuce & Tomato Turkey Bacon Crispy Fries	Macaroni & Cheese Breadstick Spinach Romaine Salad Fruit Crisp	Boneless BBQ Wings Buttermilk Biscuit Tomato & Cucumber Salad Hash Brown	
	<b>PPP</b>				
	<b>Pizza</b>	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Pepperoni Pizza		Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	
Broccoli Calzone		Chicken Parmesan Calzone	Italian Stromboli	Garlic Chicken Pizza	
<b>Grilled</b>	Classic Hamburger & Cheese Burger	Classic Hamburger & Cheese Burger	Classic Hamburger & Cheese Burger	Classic Hamburger & Cheese Burger	
	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	Crispy Chicken Sandwich	
	Tyson Chicken Basket	Tyson Chicken Basket	Tyson Chicken Basket	Tyson Chicken Basket	
<b>Deli</b>	<b>DELI</b>				
	<i>Available Daily: Made to order a Variety of Boars Head Meats, Cheeses, Whole Grain Bread or Wraps, Vegetable Toppings, and Condiments</i>				
					
	Chicken Caesar Wrap	Ham & Cheese Panini	Turkey, Cheese & Romaine Wrap	Italian Hero	
<b>ON THE GO</b>	<b>ON THE GO</b>				
	Chef Salad	Turkey Cobb Salad	Grilled Chicken Salad	Caesar salad w/ Chicken	
	Garden Salad w/ Cheese	Garden Salad w/ Cheese	Garden Salad w/ Cheese	Garden Salad w/ Cheese	
<b>extra. extra.</b>	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry	1% White ,skim Chocolate or 1% strawberry	
	Crispy Green Salad	Crispy Green salad	Crispy Green salad	Crispy Green salad	
	Marinated Tomato & Cucumber	Red & Green Bell Pepper Strips	Fresh Baby Carrots	Fresh Baby Carrots	
	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	

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