

Riverside Beaver School District High School Menu MARCH 2020

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USDA is an equal opportunity employer and provider

Lunch Prices

\$2.65

Reduced **\$.40**
Adult **\$3.50**
Milk **\$.70**

MENU SUBJECT TO CHANGE

Please Choose at least 3 of the 5 items for the school lunch price! Entrée, Choice of Two Fruits (to include juice, and/or Two Vegetables,



***Fresh Veggies: Will include AT LEAST one Red/Orange, one Dark Green and one Other Veggie every day**

Fruits:

At least 1 fresh fruit available per day

**Milk Choices:
Assorted non-fat Variety**

MENU SUBJECT TO CHANGE !

Mon	Tue	Wed	Thu	Fri
2 WG Belgium Waffles Sausage Patty Potatoes Fresh Fruit Blue Raspberry Juice Choice of Milk	3 Chicken Smackers Cheese Sauce/ Hot Pretzel Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	4 Bacon Cheeseburger Emoji Fries Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	5 Walking Taco (Meat, Cheese and Salsa) Refried Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	6 Assorted Pizzas OR Chicken Sandwich Oven Fries Steamed Broccoli Side Salad/ Fruit Choices Choice of Milk Chocolate Pudding (3 OZ)
9 Bosco Sticks(3) Green Beans Side Salad Assorted Fruit Choices Choice of Milk	10 Chicken Tenders/Roll M. Potatoes/Gravy Steamed Corn Fresh Veggies Assorted Fruit Choices Choice of Milk	11 Mini Corn Dogs Mac N Cheese Steamed Carrots **Fresh Veggies Assorted Fruit Choices Choice of Milk Happy Birthday Cupcake*	12 Chicken Parmesan Breadstick Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	13 Pizza, Taco Pizza OR Chicken Sandwich Oven Fries Steamed Broccoli Side Salad Assorted Fruit Choices Choice of Milk
16 Pulled Pork Sandwich Oven Fries Fresh Veggies Assorted Fruit Choices Choice of Milk Frozen Juice Bar	17 Chicken Nuggets Cheese Sauce/ Hot Pretzel Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	18 Teriyaki Beef Dipper/Roll Mashed Potatoes/ Gravy Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	19 Nachos Grande (Meat, Cheese and Salsa) Refried Beans/ Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	20 
23 	24 Chicken Tenders/Roll Mashed Potatoes/Gravy Steamed Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk	25 Spaghetti w/ Meat sauce Bread Stick (1) Green Peas *Fresh Veggies Assorted Fruit Choices Choice of Milk	26 General Tso Chicken Veggie Egg Roll(1) Brown Rice Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	27 Chicken Patty OR Bosco Sticks(3) Oven Fries Green Beans/Side Salad Assorted Fruit Choices Choice of Milk Vanilla Pudding(3 oz)
30	31			

Fruit & Vegetable Choices May Include:
Apples, Oranges, Bananas, Pears, Applesauce, Peaches, Fruit Cocktail, Pineapple, Fruit Juices, Tossed Salad, Vegetable Salad, Carrots, Celery, Cucumber, Tomato, Broccoli, Cauliflower.

WRAPS

**Mon- Crispy Chicken
Tues- Buffalo Chicken
Wed- General Tso
Thurs- Fajita Chicken
Fri- BBQ Chicken**

All snacks are Healthy Choice!

Additional Daily Choices

Peanut Butter and Jelly

Deli Baskets

Steak Salad

OR

Chicken Salad

Toppings Bar