



HEALTH SERVICES & PROGRAMS

POMONA UNIFIED SCHOOL DISTRICT

800 So. Garey Avenue, P.O. Box 2900, Pomona, California 91766 Phone: (909) 397-4648, ext. 28352

Date _____

Dear Parents,

Today a student in your child's classroom was diagnosed as having Fifth Disease (Erythema Infectiosum).

Fifth Disease

Definition - A mild viral rash usually in children 2 to 12 yrs. old.

Symptoms:

1. Rash appears on face resembling a "Slapped Cheek" and usually fades in 4 days.
2. Blotchy rash appears on arms and legs and spread over body.
3. As rash fades it has a lacelike appearance lasting for 5-10 days.
4. Rash may re-appear with exposure to sunlight, exercise, temperature changes and trauma.

Transmission:

Respiratory secretions which are most communicable before onset of rash.

Treatment:

Disease is self-limiting – usually no treatment necessary.

Return to School:

Excluded only when ill with fever or other symptoms.

DO NOT EXCLUDE FOR RASH ALONE!

Additional Information:

Fifth Disease is considered a mild, non-threatening illness for children. However, those people who are immunosuppressed, those with chronic hemolytic anemia's, and pregnant women are considered at risk.

School Nurse

SECTION 6