



California School for the Deaf



Middle School Menu

May 27 -31, 2019

Closed	Fresh Fruit Bar Applesauce Wholegrain Assorted Cereal Toasted Assorted Wholegrain Bagel Cream Cheese Jelly Chocolate Milk Non-fat Milk Low-fat Soy Milk	Fresh Fruit Bar Banana Wholegrain Coco Puffs Scrambled Egg Low-sodium Catsup Wholegrain Toast Jelly Margarine Chocolate Milk Non-fat Milk Low-fat Soy Milk	Fresh Fruit Bar Apple Juice Wholegrain Assorted Cereal Breakfast Pizza Chocolate Milk Non-fat Milk Low-fat Soy Milk Wholegrain Tortilla with Melted Cheese	Fresh Fruit Bar Assorted Juice Wholegrain Assorted Cereal Hash Brown Wholegrain Toast Low-sodium Catsup Chocolate Milk Non-fat Milk Low-fat Soy Milk
Closed	Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Fruit Cocktail Chicken Fillet Sand On Wholegrain Bun Sautéed Green Bean Italian Blend French Fries Lettuce Tomato Ls Sodium Catsup Mayo Mustard Milk Low-fat, Non-fat Chocolate Non-fat Milk Veggie Chicken Breast	No Middle School Lunch	Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Grape Juice Caesar Salad Pizza Parmesan Cheese Red Pepper Flakes Low-fat Milk Non-fat Chocolate Milk Soy Milk Cheese Pizza	Super Greens Salad Bar Low-fat/Fat-free Dressing Fresh Fruit Bar Applesauce Cup Hot Dogs Wholegrain Hot Dog Buns Red Potato Salad Carroteenie Non-fat Chocolate Low-fat Milk Soy Milk Veggie Dogs
Closed	Super Greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Canned Fruit Roast Pork Broccoli Potato Wedges Bread Margarine Milk, Low-fat, Soy Chocolate Non-fat Milk Veggie Burger	No Middle School Dinner	Super Greens Salad Bar Low-fat, Fat-free Dressings Fresh Fruit Bar Peaches Beef Enchilada Spanish Rice Sour Cream Salsa Ice Cream Cup Milk Low-fat, Soy Cheese Tamale	