

# JANUARY 2019 BREAKFAST MENU

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

*2019*

**1**

**2**

**3**

**4**

HOLIDAY BREAK

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Whole Grain Cereal Kit **7**  
Applesauce Cup (14)  
100% Fruit Juice & Milk  
(54-59)

NEW\* SUPERSTIX **8**  
Whole Grain (30)  
Pretzel Cinnamon Stick  
Apple  
Milk

NEW\* Whole Grain Frudel **9**  
Apple Strudel (36)  
Apple  
Milk

Whole Grain **10**  
Fruit Muffin (24)  
Apple  
Milk

EGGO Mini **11**  
Blueberry Pancakes (41)  
Syrup Cup (20)  
Fruit- Apple  
Milk

Whole Grain Cereal Kit **14**  
Applesauce Cup (14)  
100% Fruit Juice & Milk  
(54-59)

\*NEW Pillsbury **15**  
Cinna Mini's (39)  
Whole Grain  
Cinnamon Rolls  
Apple & Milk

BAGEL-FULS (29) **16**  
Original Cream Cheese Filled  
Whole Grain Bagel Bar  
Apple  
Milk

Pillsbury Whole Grain **17**  
Blueberry Waffle (36)  
Minis  
Apple  
Milk

EGGO Mini **18**  
Maple Pancakes (41)  
Syrup Cup (20)  
Fruit- Apple  
Milk

School Closed **21**  
No Breakfast Served  
MLK Day

Honey Wheat **22**  
Bagel (25)  
Cream Cheese Cup (2)  
Apple  
Milk

NEW\* **23**  
Whole Grain Frudel  
Cherry Strudel (37)  
Apple  
Milk

Whole Grain Cinnamon **24**  
Twist Breakfast Bar (45)  
Apple  
Milk

NW\* EGGO Mini **25**  
Confetti Pancakes (36)  
Syrup Cup (20)  
Fruit- Apple  
Milk

Whole Grain Cereal Kit **28**  
Applesauce Cup (14)  
100% Fruit Juice & Milk  
(54-59)

Whole Grain Guava **29**  
Strawberry Turnover (45)  
Apple  
Milk

Pillsbury Whole Grain **30**  
French Toast (37)  
Mini Cinnamon Squares  
Apple  
Milk

UBR The Ultimate **31**  
Breakfast Round (44)  
Cinnamon Granola  
Apple & Milk

This institution is an equal opportunity employer and provider  
CARB COUNTS are added to each main entrée.

Carbs for milk and fruits as follows: 1% White Milk (12) Fat Free Chocolate Milk (22)

Daily Milk Offerings: 1% White Milk and Fat Free Chocolate Milk WG= Whole Grain Fresh Fruit - Apple, Banana, Orange (20-24)

