



# Watts Learning Center

## Breakfast and Lunch Menu August 2019

Monday

Tuesday

Wednesday

Thursday

Friday

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Non-fat and 1% milk are available at each meal. Fruit is offered at breakfast and Lunch. Veggies are served with lunch.

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No School

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|      |  |                  |            |                                    |                |
|------|--|------------------|------------|------------------------------------|----------------|
| COLD | Toasted Cinnamon Twists with Graham Crackers | Breakfast Muffin | Cereal Bar | Mateys Cereal with Graham Crackers | Buttermilk Bar |
|------|--|------------------|------------|------------------------------------|----------------|

|     |                                       |   |                                |                                      |                                     |
|-----|---------------------------------------|---|--------------------------------|--------------------------------------|-------------------------------------|
| HOT | Spaghetti Bolognese with Garden Salad | <i>Brunch for Lunch</i><br>Sausage Cheese Biscuit with Country Potatoes | Ham Mac & Cheese with Zucchini | Turkey Picadillo with Rice and Beans | Chicken Patty Sandwich with Carrots |
|-----|---------------------------------------|---|--------------------------------|--------------------------------------|-------------------------------------|

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BREAKFAST

|                                    |           |                    |                      |                |
|------------------------------------|-----------|--------------------|----------------------|----------------|
| Mateys Cereal with Graham Crackers | Pan Dulce | Chicken and Waffle | Pancakes and Sausage | Yogurt Parfait |
|------------------------------------|-----------|--------------------|----------------------|----------------|

LUNCH

|  |   |   |  |                          |
|--|---|---|--|--------------------------|
| Teriyaki Chicken with Rice and Carrots | Penne Pasta with Marinara with Garden Salad | BBQ Chicken Sandwich with Mashed Potato | Bean, Rice, and Cheese Burrito with Coleslaw | Hot Dog with Chili Beans |
|--|---|---|--|--------------------------|

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BREAKFAST

|  |                  |                           |                               |                |
|--|------------------|---------------------------|-------------------------------|----------------|
| Toasted Cinnamon Twists with Graham Crackers | Breakfast Muffin | French Toast with Sausage | Ham and Cheese English Muffin | Buttermilk Bar |
|--|------------------|---------------------------|-------------------------------|----------------|

LUNCH

|                                       |   |                                |                                      |                                     |
|---------------------------------------|---|--------------------------------|--------------------------------------|-------------------------------------|
| Spaghetti Bolognese with Garden Salad | <i>Brunch for Lunch</i><br>Sausage Cheese Biscuit with Country Potatoes | Ham Mac & Cheese with Zucchini | Turkey Picadillo with Rice and Beans | Chicken Patty Sandwich with Carrots |
|---------------------------------------|---|--------------------------------|--------------------------------------|-------------------------------------|

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