

BENTON COUNTY SCHOOLS

BREAKFAST MENU

March 1- March 29, 2019

Feb 19, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1 Manager's Choice
Mar - 4 Toasted Bagel Strawberry Cream Cheese Marshmallow Mateys Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk	Mar - 5 Fruit Flavor Cereal Bar Froot Loops Cereal String Cheese Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk	Mar - 6 Z Breakfast Bread Cheese Omelet Whole Wheat Toast Assorted Jellies Assorted Fruit Juices Chocolate Milk Fat Free Milk	Mar - 7 Ham Slice Southern Biscuit Assorted Muffin Loaves Fresh Fruit Bowl Assorted Fruit Juices Assorted Jellies Chocolate Milk Fat Free Milk	Mar - 8 Banana Muffin Assorted Cold Cereals Whole Wheat Toast Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk
Mar - 11 SPRING BREAK	Mar - 12 SPRING BREAK	Mar - 13 SPRING BREAK	Mar - 14 SPRING BREAK	Mar - 15 SPRING BREAK
Mar - 18 Strawberry Toaster Pastry Marshmallow Mateys Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk	Mar - 19 Assorted Muffin Loaves String Cheese Breakfast Sausage Pizza Assorted Fruit Juices Fresh Fruit Cup Chocolate Milk	Mar - 20 Manager's Choice	Mar - 21 Chicken Patty & Biscuit Bagel w/ Sausage & Gravy Strawberry Cream Cheese Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Fat Free Milk	Mar - 22 Assorted Cold Cereals Whole Wheat Toast Sausage and Biscuit Fresh Fruit Bowl Assorted Fruit Juices Assorted Jellies Chocolate Milk Fat Free Milk
Mar - 25 Cherry Frudel Bagel w/ Sausage & Gravy Sliced Strawberries Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk	Mar - 26 Banana Breakfast Bread Marshmallow Mateys Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk	Mar - 27 Sausage and Biscuit Assorted Jellies Hashbrown Potatoes Sausage Patty Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk	Mar - 28 French Toast Sticks Pancake Syrup Mini Spooners Cereal Fresh Fruit Cup Assorted Fruit Juices Chocolate Milk Fat Free Milk	Mar - 29 NO SCHOOL

In accordance with Federal Law and U.S. Department of Agriculture policy, the Benton County School District does not discriminate on the basis of race, sex, age, religion, disability, or national origin.

All menus are subject to change according to product availability.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.