



CAIRO ELEMENTARY SCHOOL: K-8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3. No School	4. Taco Tuesday Beef Nachos Tater Tots Spicy Garbanzo Bean Fruit Punch Juice	5. Salisbury Steak Dinner Roll Mashed Potatoes Green Beans Chilled Peaches	6. Cheeseburger Flatbread Oven Curly Fries Fresh Carrots Baked Apple Slices	7. Spaghetti / Italian Meat sauce w/ Breadstick Seasoned Broccoli Fresh Grape Tomatoes Blue Raspberry Sidekick
10. Hotdog on Bun Macaroni & Cheese Curly Fries Fresh Carrots Baked Apple Slices	11. Taco Tuesday Soft Shell Taco Tater Tots Fresh Cherry Tomatoes Pineapple Tidbits	12 Pulled Pork Sandwich Boston Baked Beans Fresh Broccoli Chilled Peaches	13 Chicken Nuggets W/ Ranch / Roll Mashed Potatoes Broccoli w/ Cheese Orange Juice	14. Classic Cheese Pizza Baked Oven Fries Marinated Cucumbers Rosy Applesauce
17 Popcorn Chicken Dinner Roll Mashed Potatoes Fresh Carrots Baked Apple Slices	18 Taco Tuesday Beef Taco Nachos Tater Tots Refried Beans Chilled Peaches	19. Mini Corn Dogs Oven Curly Fries Fresh Broccoli Florets Mandarin Oranges & Pineapples	20. Sloppy Joe on Bun Hash Brown Patty Fresh Grape Tomatoes Fruit Cocktail	21. Classic Pepperoni Pizza Oven Fries Marinated Cucumbers Rosy Applesauce
24. Chicken Parmesan / Dinner Roll Baked Fries Fresh Broccoli Chilled Peaches	25. Taco Tuesday Soft Shell Taco Tater Tots Seasoned Black Beans Mixed Fruit Cocktail	26. Cheese Stuffed Breadstick Spaghetti Sauce Seasoned Corn Fresh Carrots Pears w/ Strawberries	27. Meatloaf Dinner Roll Garlic Mashed Potatoes Marinated Cucumbers Fresh Red Grapes	28. Brooklyn Style Flatbread Savory Green Beans Carrot & Celery Sticks Ranch Dressing Blue Raspberry Sidekick
		<u>Daily Alternatives</u>		
Monday	Tuesday	Wednesday	Thursday	Friday
Three Cheese Pretzel Bun	Cheeseburger on Bun	Crispy Chicken Patty	Blueberry Parfait w/ Granola	Corn Dog



Vegetarian

Locally Grown



USDA is an equal opportunity employer and provider.



This month
we're celebrating
tomatoes



Please update the bottom of each menu with the Food Focus of the Month as applicable to your menus:



This month
we're celebrating
cranberries



This month
we're celebrating
tomatoes



This month
we're celebrating
berries



This month
we're celebrating
autumn squash

