

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

**Chef's Choice** **7**
**Fajitas** **8**
**Hot Dog w/Chili** **9**
**Minestrone Soup & Grilled** **10**
**Grilled Chicken Sandwiches** **11**

 Refried Beans  
Chips & Salsa  
Canned Pears

 Potato Wedges  
Watermelon Wedges

 Cheese  
Garden Green Salad w/  
vinaigrette dressing  
Grapes  
Salad Bar

 Pasta Salad  
Carrot Sticks  
Honeydew

Salad Bar

Salad Bar

Salad Bar

**Cheeseburgers** **14**
**Beef Stroganoff** **15**
**Baked Potato Bar** **16**
**Pork Roast** **17**
**Fish Sticks** **18**

 Chili  
Coleslaw  
Honeydew Melon

 Green Beans  
Garlic Bread Sticks  
Cantaloupe

 or Sub Sandwiches  
Oranges

 Mashed Potatoes and Gravy  
Whole Wheat Roll  
Broccoli  
Applesauce  
Salad Bar

 Macaroni and Cheese  
Peas  
Canned Peaches

Salad Bar

Salad Bar

Salad Bar

Salad Bar

Salad Bar

**Taco Salad** **21**
**Spaghetti & Garlic Bread** **22**
**Chicken Strips** **23**
**Chicken Parm or Cuban** **24**
**Meatball Subs** **25**

 Refried Beans  
Pico de Gallo  
Spanish Rice  
Grapes  
Salad Bar

 Zucchini  
Caesar Salad  
Cantaloupe

 Mashed Potato Bowl  
Corn  
Watermelon

 Panini  
Hummus and Veggies  
Honeydew Melon

 Caprese Salad  
Broccoli  
Orange Wedges

Salad Bar

Salad Bar

Salad Bar

**Bean Burritos or Tamales** **28**
**Spicy Asian Chicken and** **29**
**Pepperoni Pizza or** **30**
**Baked Chicken** **31**

 Chips and Salsa  
Cowboy Caviar  
Mandarin Oranges  
Salad Bar

 Noodles  
Rice  
Broccoli  
Peaches  
Salad Bar

 Cheese Pizza  
Carrot Sticks  
Caesar Salad  
Peaches  
Salad Bar

 Honey Glazed Carrots  
Potato Salad  
Whole Wheat Roll  
Pears  
Salad Bar

Applications are available for the Free and Reduced Breakfast and Lunch Program. Applications may be picked up in the school office or are available to fill out online on the district website.

**Breakfast Price:** Paid \$2.25 Reduced \$0.30

**Lunch Price:** Paid \$3.00 Reduced \$0.40

Contact the Food Service Department to resolve any issues with your child's lunch account at 707-725-4461 ext. 3095 or e-mail Regina Salmon: rsalmon@fuhdsdistrict.net