

DECEMBER 2018 - Conover School - Breakfast / Lunch Menu

NEWTON-CONOVER CITY SCHOOLS

Students are offered 5 components which make a regular lunch. Students may decline up to two component, however one of their choices must be a vegetable or a fruit to be considered a regular lunch. **Students taking only 1 or 2 items, or taking 3 items without a vegetable or fruit will be charged a la carte prices.**

Available Daily at Breakfast - × Assorted Cereal × Toast w/Jelly × Cinnamon Grahams × Yogurt × Juice × Fruit × Milk ×

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Breakfast Chicken Biscuit 35 Lunch Hot Dog 30 Cr. Chicken Salad w/Brdstick 38 Potato Wedges 18 Baked Beans 39 Sliced Peaches 14 Applesauce 15	4 Breakfast Cinnamon Roll 53 Lunch Soft Taco 22 Country Chicken & Biscuit 30 Vegetable Medley 4 Seasoned Corn 21 Mixed Fruit 19 Pineapple Tidbits 21	5 Breakfast SSG Breakfast Pizza 24 Lunch Turkey Tetrizzini w/roll 58 Corn Dog 30 Roasted Baby Carrots 7 Seasoned Green Beans 6 Raisins 34 Applesauce 15	6 Breakfast Breakfast Muffin IW 41 Lunch Southwest Beef Fiestada 43 Pork Carnitas 23 Steamed Broccoli 5 Refried Beans 22 Apple Crisp 57 Fruit Punch 14	7 Breakfast Sausage & Chz Croissant 16 Lunch Domino's Pizza 29 Teriyaki Ckn w/rice & roll 49 Glazed Carrots 17 Chicken Tortilla Soup Sliced Pears 14 Apple Juice 14
10 Breakfast Pork Biscuit 36 Lunch Spaghetti w/Brdstick 69 Deli Turkey Sandwich 30 Veggie Ranch Salad 3 Steamed Green Peas 22 Baked Apples 28 Mixed Fruit 19	11 Breakfast Fr. Tst Sticks w/syrup 52 Lunch Chicken Fillet Sandwich 43 Macaroni & Cheese 65 Glazed Sweet Potatoes 45 Baked Beans 39 Sliced Peaches 14 Apple Juice 14	12 Breakfast Breakfast Pizza 26 Lunch Breakfast for Lunch 14 Ckn & Chz Quesadilla 24 Potato Tots 16 Gold Rush Juice Box 10 Raisins 34 Sliced Pears 14	13 Breakfast Dutch Waffle 51 Lunch Country Style Steak w/roll 19 Chicken Alfredo w/roll 41 Lima Beans 18 Mashed Potatoes 15 Mandarin Oranges 26 Mixed Fruit 19	14 Breakfast Pancake & Sausage Sandwich 23 Lunch Pepperoni Pizza 30 Beanie Weinies w/roll 48 Broccoli Soup 93 Glazed Carrots 17 Applesauce 15 Fruit Punch 14

Breakfast Prices 2018-2019

Grades K to 12 - \$1.25
 Reduced Rate - \$0.00
 Entrée Only - \$1.00
 Milk Only - \$0.50

Lunch Prices 2018-2019


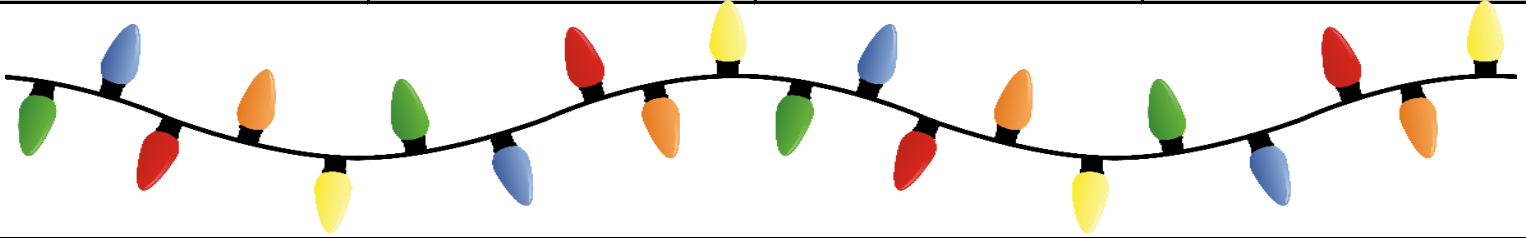
Grades K to 5 - \$2.50
 Grades 6 to 12 - \$2.75
 Reduced Rate - \$0.40
 Entrée Only - \$1.75 to \$2.00
 Milk Only - \$0.50



Cost of Meals for December 2018 - (13 days)

Breakfast
 Grades K to 12 - \$16.25
 Reduced Rate - \$0.00

Lunch
 Grades K to 5 - \$32.50
 Grades 6 to 12 - \$35.75
 Reduced Rate - \$5.20

<p>17</p> <p>Breakfast Flapstick w/syrup 37</p> <p>Lunch Lasagna w/breadstick 56 Hot Ham & Chz Croissant 30 Glazed Sweet Potatoes 45 Pinto Beans 15 Sliced Peaches 14 Applesauce 15</p>	<p>18</p> <p>Breakfast WG Breakfast Donut 41</p> <p>Lunch Hamburger 29 Chicken Fajita 26 Baked Beans 39 Spiral Fries 17 Mixed Fruit 19 Baked Apples 28</p>	<p>19</p> <p>Breakfast Fr. Tst Sticks w/syrup 52</p> <p>Lunch Pepperoni Pizza 30 Manager's Choice Entrée Steamed Broccoli 5 Glazed Carrots 17 Fruit Punch 14 Sliced Pears 14</p>	<p>20</p> <p>WORKDAY NO SCHOOL</p>	<p>21</p> <p>ANNUAL LEAVE NO SCHOOL</p>
<p>24</p> <p>HOLIDAY NO SCHOOL</p>	<p>25</p> <p>HOLIDAY NO SCHOOL</p>	<p>26</p> <p>HOLIDAY NO SCHOOL</p>	<p>27</p> <p>ANNUAL LEAVE NO SCHOOL</p>	<p>28</p> <p>ANNUAL LEAVE NO SCHOOL</p>
 				
<p>31</p> <p>ANNUAL LEAVE NO SCHOOL</p>				
<p>Menus, Nutrition, and Allergen Information can be found on our system website: www.newton-conover.org - Menus are subject to change - Notice is given when possible</p>				
<p>USDA is an equal opportunity provider and employer'</p>				