

ACTIVE PARENTING PROGRAM

Increase your family's communication skills
Prevent problem behaviors in your children
Improve your relationship with your children

The **Active Parenting Program (APP)** is an exciting program for parents with children ages 5 - 12...*and it's totally free!*

Participating families are treated to a free meal each week and free child care is provided for children under the age of 5 and over 12.

Plus, there will be an opportunity to receive weekly prizes/incentives for attendance and participation!

Active Parenting incorporates information about how **Adverse Childhood Experiences (ACES)**, sometimes referred to as trauma, affect brain development and behaviors - which can often have a lifelong impact.



**For Parents &
Children Ages 5 - 12**

*Open to any
interested families in
Radford!*

WHEN
Wednesdays from 6 - 8 p.m.
February 6 - March 13, 2019

WHERE
NRVCS Radford Center
401 W. Main Street, Radford

Offered by

NRVCS

**NEW RIVER VALLEY
COMMUNITY SERVICES**
www.nrvcs.org

While there is no charge for participating in the Active Parenting Program, pre-registration is required.

To sign up, or to learn more, contact Leslie Beasley at 540-250-1814 or lbeasley@nrvc.org.