

PCM Schools

**Prairie City Elementary**  
 309 E. Plainsmen Road Box 490 Prairie City, Iowa 50228  
 Ph. 515-994 2377 Fax. 515-994-3342

**Monroe Elementary**  
 400 N. Jasper Box 610 Monroe, Iowa 50170  
 Ph 641-259-2314 Fax 641-259 2944

Student \_\_\_\_\_

Female Male Date of birth \_\_\_\_\_

**Medical and Health History**

| History                  | Date | Comments   |
|--------------------------|------|--|
| Prenatal/Birth           |      |  |
| Allergies                |      | To Medication _____<br>To Food _____ To Latex _____<br><b>Epi-pen</b> <input type="checkbox"/> Yes <input type="checkbox"/> No |
| Asthma                   |      |  |
| Medications              |      |  |
| Illness, serious         |      |  |
| Chickenpox               |      | <input type="radio"/> Immunization <input type="radio"/> Natural disease   |
| Injury, serious          |      |  |
| Hospitalization/ Surgery |      |  |
| Immunizations            |      | Attach current immunization record   |
| Other                    |      |  |

**Parent's Statement on Sharing of Information:**

Information on this form is confidential and will be filed in the school nurse's office. I acknowledge that the information noted on this form will be shared with school staff members only on a need-to-know basis for the safety and well-being of my child.

Parent/Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

**Physical Exam and Assessment**

By Physician, Nurse Practitioner or Physician Assistant

Date of exam: \_\_\_\_\_  
 Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood pressure \_\_\_\_\_  
 Vision: Both 20/\_\_\_\_ Right 20/\_\_\_\_ Left 20/\_\_\_\_

| System                              | WNL | Comments  |
|-------------------------------------|-----|---|
| Skin                                |     |   |
| Eyes                                |     | Referred?                                       |
| Ears/Hearing                        |     |   |
| Mouth                               |     |   |
| Speech                              |     |   |
| Neck                                |     |   |
| Heart                               |     |   |
| Lungs                               |     |   |
| Abdomen                             |     |   |
| Genitourinary                       |     |   |
| Musculoskeletal                     |     |   |
| Spinal                              |     | <b>Scoliosis Screening</b> WNL____ Referred____ |
| Neurologic                          |     |   |
| Emotional/social                    |     |   |
| <b>Lead screening (required)</b>    |     | <b>Date:</b> _____ <b>Results:</b> _____        |
| <b>Dental screening (required):</b> |     | <b>Referred? State Dental Form Required</b>     |
| Labs if indicated                   |     |   |
| TB risk                             |     | Mantoux if indicated                            |

**Health conditions requiring intervention/modification at school:**

\_\_\_\_\_

**Physical Education Program:** Full \_\_\_\_\_ Limited \_\_\_\_\_ None \_\_\_\_\_  
**Reason**

**Examined by (print)** \_\_\_\_\_  
**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_  
**Clinic** \_\_\_\_\_ **Phone** \_\_\_\_\_