



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.

GO CATS



MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY	Avg Nutrients Target
3	4	5	6	7	
	Sloppy Joe	Beef Taco & Chips	Country Fried Steak	Corn dog	Calories... 684
	Fish Sandwich	Hot Dog & Bun	Pork Roast w/Gravy	Chicken Sandwich	Cholesterol...71 mg
	Potato Rounds	French Fries	Mashed Potatoes	Baked Beans	Sodium.1040 mg
	Popeye Salad	Lettuce & Tomato	Turnips	French Fries	Sugar 32.9 g
	Rip Tide Slushie	Peach Cup	Cornbread	Peaches	Carbohydrates 95.1 g
	Fresh Fruit	Pineapple	Fresh Fruit	Juice	
	Rice Krispies Treat		Diced Pears	Cup Cake	
10	11	12	13	14	
Meatloaf	Spaghetti	Chicken Teriyaki Nuggets	Oven Baked Chicken	Chicken Sandwich	Calories...698
Chicken Chunks	Bread Sticks	Fish	Salisbury Steak	BBQ Pork Sandwich	Cholesterol...66 mg
Mac & Cheese	Pizza	Scalloped Potato	Mashed Potatoes w/Gravy	French Fries	Sodium. 1117 mg
Blackeyed Peas	Lettuce & Tomato	Steamed Broccoli & Cheese	Seasoned Green Beans	Dill Spear	Sugar 37 g
Carrots	Corn	Roll	Rip Tide Slushie	Baked Beans	Carbohydrates 101.1 g
Roll	Diced Pears	Fresh Fruit	Fresh Fruit	Mandarin Oranges	
Fruit Cocktail	Fresh Fruit	Peaches	Roll	Juice	
Applesauce cup					
17	18	19	20	21	
Grilled Chicken Sandwich	Sloppy Joe	Beef Taco & Chips	Country Fried Steak	Pizza	Calories...721
Hamburger	Fish Sandwich	Hot Dog & Bun	Pork Roast w/Gravy	Corndog	Cholesterol...69 mg
French Fries	Potato Rounds	French Fries	Mashed Potatoes	Baked Beans	Sodium. 1133 mg
Lettuce & Tomato	Popeye Salad	Lettuce & Tomato	Turnips	French Fries	Sugar 31.2 g
Fruit Cocktail	Peach Cup	Rip Tide Slushie	Cornbread	Peaches	Carbohydrates 100.5 g
Applesauce cup	Fresh Fruit	Pineapple	Fresh Fruit	Juice	
	Rice Krispies Treat		Diced Pears	Cup Cake	
24	25	26	27	28	
Meatloaf	Spaghetti	Chicken Teriyaki Nuggets	Oven Baked Chicken	Chicken Sandwich	Calories...700
Chicken Chunks	Bread Sticks	Fish	Salisbury Steak	BBQ Pork Sandwich	Cholesterol...66 mg
Mac & Cheese	Pizza	Scalloped Potato	Mashed Potatoes w/Gravy	French Fries	Sodium. 1106 mg
Roll	Lettuce & Tomato	Steamed Broccoli & Cheese	Seasoned Green Beans	Dill Spear	Sugar 37.7 g
Blackeyed Peas	Corn	Roll	Rip Tide Slushie	Baked Beans	Carbohydrates 101.7 g
Carrots	Diced Pears	Fresh Fruit	Fresh Fruit	Mandarin Oranges	
Fruit Cocktail	Fresh Fruit	Peaches	Roll	Juice	
Applesauce cup					

Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.

Georgia Grown

Menu subject to change based on availability.

Locally Grown