

**Santa Clarita Trauma Informed Therapists**  
(Updated 12/9/19)

Karen Malbon, LMFT

661-992-4711

[kmmalbon@gmail.com](mailto:kmmalbon@gmail.com)

EMDR

Pro Bono 2 sessions then sliding scale or insurance (Cigna, Aetna, Optum, Tricare, Blue shield)

Erin Hickman, LMFT

661-760-2745

[erinhickman.lmft@gmail.com](mailto:erinhickman.lmft@gmail.com)

EMDR, Mindfulness

Pro Bono for 3 sessions then sliding scale

Sally Jo Liljedahl

661-857-0234

[Sallyjo\\_lcsw@yahoo.com](mailto:Sallyjo_lcsw@yahoo.com)

Accepts Optum and Cigna, PPO plans and Victims of Crime comp.

Brenna Burke, LMFT

[brennaburke@brennaburketherapy.com](mailto:brennaburke@brennaburketherapy.com)

TF-CBT, Trauma Informed Care

First 5 sessions free with a discussion of reduced services for those in need.

Lara Murphy, LMFT

661-212-3510

[murphytherapycorner@gmail.com](mailto:murphytherapycorner@gmail.com)

EMDR, certified child and adolescent trauma professional

First 3 sessions free and have availability on Fridays at 4:30pm and 5:30pm After that, I will provide a reduced rate to continue. I also take Cigna and Kaiser. I'm out of network with pretty much everyone else and can provide superbills if needed.

Maureen Donahue, LCSW

661-373-1465

[maureenlcsw@ymail.com](mailto:maureenlcsw@ymail.com)

EMDR

1 to 2 sessions pro bono and then sliding scale

Emily Skelton, LMFT

818-277-1848

[Emily@emilyskeltontherapy.com](mailto:Emily@emilyskeltontherapy.com)

Art Therapy and TF-CBT

Anthem BC, Cigna, Kaiser, MHN, TriCare West, as well as out-of-network PPOs. For those who are not covered by these insurance companies I can offer the first three sessions pro-bono, and after that at a reduced rate.

Leisha Borja, LMFT

661-673-3782

[leishaborja.lmft@gmail.com](mailto:leishaborja.lmft@gmail.com)

CCTP (clinical competent trauma professional) by IATP, CBT, mindfulness, seeking safety.

Free 30 minute consultation with fee discussed by therapist and client

Melissa Jinariu

[Melissajinariu@gmail.com](mailto:Melissajinariu@gmail.com)

EMDR, TFCBT, Psychological First Aid

The first few sessions free then sliding scale is available

Betty Sotomayor-Castro, LMFT

661-347-6886

Grief Specialist

3 sessions pro-bono then sliding scale

Jen Alenzy

[jenniferalenzy@yahoo.com](mailto:jenniferalenzy@yahoo.com)

Tia Brisco, LMFT

[Briscotia@gmail.com](mailto:Briscotia@gmail.com)

Megan Zuzevich

[Meganzuzevichlmft@gmail.com](mailto:Meganzuzevichlmft@gmail.com)

EMDR

Sliding scale; \$60 for 60 minutes and \$90 for 90 minutes.

Chelsea Spangler, LMFT

[scvmft@gmail.com](mailto:scvmft@gmail.com)

EMDR, TF-CBT, CPT

Able to provide a limited number of sessions pro bono (1-2) then will charge a reduced fee of \$90/session (Reg. Fee is \$135)

Regina Isias, LMFT - Bilingual (Spanish Speaking)

[Regina@emft.com](mailto:Regina@emft.com)

EMDR, CRM Teacher (Community Resiliency Model)

Bobbi Stone, LMFT

[Bobistone6@gmail.com](mailto:Bobistone6@gmail.com)

TF-CBT

A few pro bono sessions

Dr. Janet Stier  
[Janetstier.phd@gmail.com](mailto:Janetstier.phd@gmail.com)

Priscilla Benites, LMFT  
[Plsbenites@gmail.com](mailto:Plsbenites@gmail.com)  
TFCBT, EMDR  
Pro bono services offered

Chelsea Reid, AMFT  
[Chelseareid2@yahoo.com](mailto:Chelseareid2@yahoo.com)  
TFCBT  
Pro Bono

Jessica La Roca, LMFT  
519-828-7816  
[jessilarocca@yahoo.com](mailto:jessilarocca@yahoo.com)

Early Life child Psychology and Education Center  
385-900-4020  
[info@earlylifepsych.com](mailto:info@earlylifepsych.com)  
Free support group on Tuesday and Thursday Evenings  
Early Life also takes most insurance plans. Clients could also call our office and we can provide individual support on a case by case basis (free if needed).

Lindsay Heber, PsyD  
741-234-2916  
[parkerlindsay@gmail.com](mailto:parkerlindsay@gmail.com)

Lynda Yniguez, LMFT  
TF-CBT  
(661) 367-1110  
[info@lyndalmft.com](mailto:info@lyndalmft.com)

Twyla Brown-Barbosa, LMFT  
4 pro bono sessions for 1 or 2 individuals impacted by this and then I will offer services at a sliding scale.  
661- 666.0661