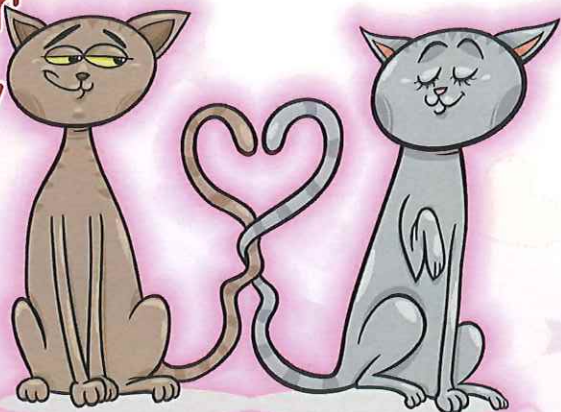


Menus for February 2019



Greeneville City Schools
Pre-K

This institution is an equal opportunity provider. Menus are subject to change.

The original value meal & still a fantastic deal!

_____ Breakfast _____ Lunch _____
\$1.60 **\$2.35**

Get in touch with us today to learn more about free and reduced-price meals in our district:

Friday, Febr. 1

Breakfast

Gravy & Biscuit
Fruit & Milk

Lunch

Turkey Wrap
Refried Beans
Carrots w/ Dip
Fruit & Milk

YEAR OF THE PIG

猪



The Chinese New Year begins with the new moon on February 5. 2019 is the Year of the Pig.

Monday, Feb. 4

Breakfast

Breakfast Pizza
Fruit & Milk

Lunch

Popcorn Chicken
Green Beans
Smiley Potatoes
Fruit & Milk

Tuesday, Feb. 5

Breakfast

Egg, Sausage, &
Toast
Fruit & Milk

Lunch

Mashed Potato Bowl
w/ Chicken
Carrots w/ Dip
Corn
WG Roll
Fruit & Milk

Wednesday, Feb. 6

Breakfast

French Toast Sticks
Fruit & Milk

Lunch

Meatloaf
Monster Mashed
Potatoes
Cornbread
Baked Beans
Fruit & Milk

Thursday, Feb. 7

Breakfast

Chicken Biscuit
Fruit & Milk

Lunch

Spaghetti w/ Texas
Toast
Peas
Mixed Greens Salad
Fruit & Milk

Friday, Feb. 8

Breakfast

Biscuit
Fruit & Milk

Lunch

Pizza
Corn
Mixed Veggie Cup
w/ Dressing
Fruit & Milk

Available Daily

Breakfast

Fruit and 100% Fruit Juice
Entrees 1. Cereal or Poptart
Or

2. Yogurt w/ Toast

Lunch

1. PB Sandwich w/ Turkey Stick
2. Cheese Sandwich w/ Turkey Stick

Monday, Feb. 11

Breakfast

Pancakes & Bacon
Fruit & Milk

Lunch

Chicken & Waffles
Baked Beans
Hash browns
Fruit & Milk

Tuesday, Feb. 12

Breakfast

Egg & Cheese
Biscuit
Fruit & Milk

Lunch

Orange Chicken
Rice
Steamed Broccoli
Honey Glazed
Carrots
Egg Roll
Fruit & Milk

Wednesday, Feb. 13

Breakfast

Egg, Turkey Bacon,
& Toast
Fruit & Milk

Lunch

Beef Pot Pie
WG Roll
Green Beans
Mixed Green Salad
Fruit & Milk

Thursday, Feb. 14

Breakfast

Sausage & Egg
Biscuit
Fruit & Milk

Lunch

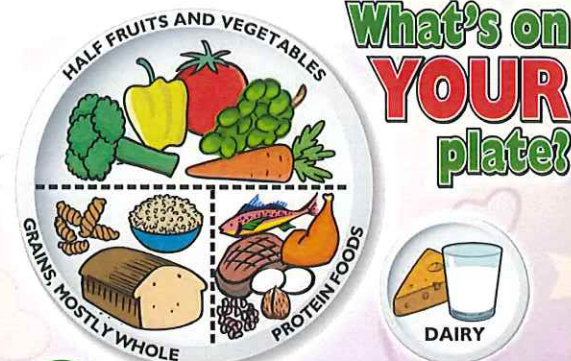
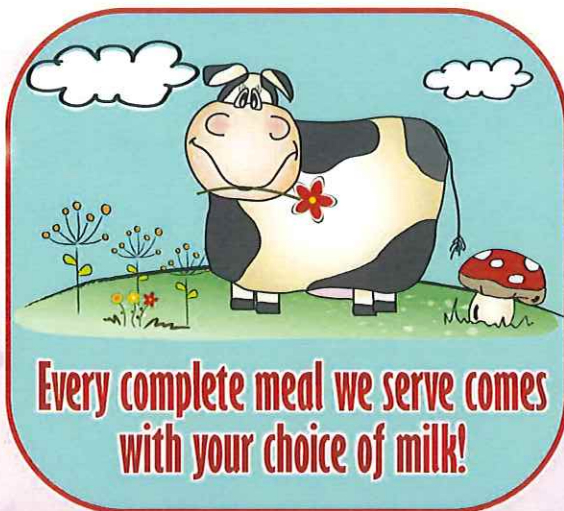
PB & J
Turkey Stick
Carrots w/ Dip
Fruit & Milk

Friday, Feb. 15



WHAT OTHER PRESIDENTS HAVE A B-DAY THIS MONTH?

Other than George Washington and Abraham Lincoln two other Presidents have a birthday this month – William Henry Harrison on February 9, 1773 and Ronald Reagan on February 6, 1911.
Happy Presidents Day!



What's on YOUR plate?

Q: Why is fish often prepared and served with lemon?



A: Nowadays, it's mostly for flavor. But legend has it that people first served lemon with fish because they believed it would dissolve any fish bones they might swallow! With or without lemon, salmon filets like these are high in heart-healthy omega-3 fatty acids. Not to mention that they're also scrumptious!

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, Feb. 18

PRESIDENTS DAY

NO SCHOOL TODAY

Tuesday, Feb. 19

NO SCHOOL

Wednesday, Feb. 20

Breakfast
Cereal
Fruit & Milk

Lunch
Vegetable Soup w/ Grilled Cheese
California Blend
Mixed Green Salad w/ Cherry Tomatoes
Fruit & Milk

Thursday, Feb. 21

Breakfast
Frudel
Fruit & Milk

Lunch
Egg Omelet w/ Biscuit
Turkey Bacon Hash Browns
Carrots w/ Dip
Fruit & Milk

Friday, Feb. 22

Breakfast
Biscuit
Fruit & Milk

Lunch
Pizza
Pinto Beans
Broccoli & Cheese
Fruit & Milk

Monday, Feb. 25

Breakfast
Poptart
Fruit & Milk

Lunch
PB & J
Baked Beans
Baked Chips
Coleslaw
Fruit & Milk

Tuesday, Feb. 26

Breakfast
Pancakes
Fruit & Milk

Lunch
Parmesan Chicken
Honey Glazed Carrots
Mixed Green Salad
Fruit & Milk

Wednesday, Feb. 27

Breakfast
French Toast Sticks
Fruit & Milk

Lunch
Chicken Pot Pie
Mashed Potatoes
Peas
WG Roll
Fruit & Milk

Thursday, Feb. 28

Breakfast
Waffles
Fruit & Milk

Lunch
Chicken Nuggets
Crinkle Fries
Corn
WG Breadstick
Fruit & Milk

STRANGE BUT TRUE!

DID YOU MISS HIM? WELL, HE'S BACK! LAST YEAR, THERE WAS NO FULL MOON IN THE ENTIRE MONTH OF FEBRUARY. THAT CAN ONLY HAPPEN IN THE MONTH THAT HAS JUST 28 DAYS!