



December 2018 - Menus

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Grades 9-12 Lunch

MENUS ARE SUBJECT TO CHANGE

12-3

- ★★ Bean & Cheese Bowl - **V**
- ★ Crunchy Tortilla Chips - **S**
- ★★ Toasted Cheese Sandwich - **V**
- ★★ Yogurt Parfait Wholesome Granola - **V**
- ★ Sweet Corn
- ★ Salsa Cup
- ★ Fruit - **S**
- ★ Fruit Juice
- ★ Got Milk

12-4

- ★ Oven Fried Chicken Drumstick
- ★ Artisan Roll - **S**
- ★★ Yellow Submarine Sandwich
- ★★ Tuna Salad Plate
- ★ Pretzel Roll
- ★ Roasted Potato Wedges
- ★ Fresh Garden Salad
- ★ Fruit Juice
- ★ Frozen Fruit Cup
- ★ Got Milk

12-5

- ★★ Philly Cheese Steak Sandwich
- ★★ Pastrami & Cheese Croissant
- ★★ Chicken Caesar & Cheesy Bread
- ★ Fiesta Pinto Beans
- ★ Petite Baby Carrots - **S**
- ★ Fruit Cup
- ★ Fruit Juice
- ★ Got Milk

12-6

- ★★ Whole Grain Rich Pepperoni Pizza
- ★★ California Chicken Wrap
- ★★ Chinese Chicken Salad
- ★ Aloha Roll - **S**
- ★ Fresh Garden Salad
- ★ Asian Cucumber Salad
- ★ Fruit
- ★ Fruit Juice
- ★ Got Milk

12-7

- ★★ Turkey Burger
- ★★ Classic Tuna Sandwich
- ★★ Chicken Caesar & Cheesy Bread
- ★ Crinkle Cut Potatoes
- ★ Petite Baby Carrots - **S**
- ★ Fruit - **S**
- ★ Frozen Juice Cup
- ★ Got Milk

12-10

- ★★ Whole Grain Deep Dish Cheese Pizza - **V**
- ★★ Yogurt Parfait Wholesome Granola - **V**
- ★ Golden Hash Brown Patties
- ★ Petite Baby Carrots - **S**
- ★ Fruit - **S**
- ★ Fruit Juice
- ★ Got Milk

12-11

- ★★ Crispy Chicken Filet Sandwich
- ★★ Deli Turkey & Cheese Sandwich
- ★ Sweet Corn
- ★ Fresh Garden Salad
- ★ Fruit Juice
- ★ Frozen Fruit Cup
- ★ Got Milk

12-12

- ★★ All Star Turkey Hot Dog
- ★★ Pastrami & Cheese Croissant
- ★ Crinkle Cut Potatoes
- ★ Petite Baby Carrots - **S**
- ★ Fruit
- ★ Fruit Juice
- ★ Got Milk

12-13

- ★ Sliced Turkey and Gravy with Stuffing
- ★ Artisan Roll - **S**
- ★★ California Chicken Wrap
- ★ Creamy Mashed Potatoes
- ★ Celery Sticks
- ★ Fruit Cup
- ★ Fruit Juice
- ★ Got Milk

12-14

- ★★ Manager's Choice
- ★★ Classic Tuna Sandwich
- ★ Fiesta Pinto Beans
- ★ Petite Baby Carrots - **S**
- ★ Fruit - **S**
- ★ Frozen Juice Slush
- ★ Got Milk

12-17

- ★★ Whole Grain Deep Dish Cheese Pizza - **V**
- ★ Fresh Garden Salad
- ★ Petite Baby Carrots - **S**
- ★ Fruit - **S**
- ★ Fruit Juice
- ★ Got Milk

12-18

- ★★ Chicken Tenders
- ★ Corn Muffin
- ★ Roasted Potato Wedges
- ★ Cucumber Coins
- ★ Fruit Juice
- ★ Frozen Fruit Cup
- ★ Got Milk

12-19

- ★ Salisbury Steak with Gravy
- ★ Artisan Roll
- ★ Creamy Mashed Potatoes
- ★ Petite Baby Carrots - **S**
- ★ Fruit - **S**
- ★ Fruit Juice
- ★ Got Milk

12-20

- ★★ Turkey Burger
- ★ Fiesta Pinto Beans
- ★ Fresh Garden Salad
- ★ Fruit Cup
- ★ Fruit Juice
- ★ Got Milk

12-21

- ★ Oven Fried Chicken Drumstick
- ★ Artisan Roll - **S**
- ★ Waffle Fries
- ★ Petite Baby Carrots - **S**
- ★ Fruit - **S**
- ★ Frozen Juice Cup
- ★ Got Milk



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12-24

12-25

12-26

12-27

12-28

WINTER RECESS – Happy Holiday Season!

Posted 11/29/18

 **All of the Grain/Bread items served are Whole Grain Rich.**
Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat
★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit or vegetable
S: Items with an **(S)** can be saved for later
V: Vegetarian items
**Farm Fresh Fruits: Apple, Orange, Banana
Daily Options: Yogurt & Granola, Deli Cheese Sandwich, Toasted Cheese Sandwich, Vegan Burrito

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