

Planned Menu Spreadsheet

Weighted Values

Sep 6, 2019 thru Sep 6, 2019

Menu Name: HIGH SCHOOL LINE 1 Revolving
Site: 5 - WAXAHACHIE HIGH SCHOOL GRADES 9-12

Include Cost: No
Report Style: Detailed

Friday - 09/06/2019

Reimbursable Meal Total 260

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Protn (g)
990171 Buffalo Wings	Wings (5)	130	120	434	1.50	8.00
990170 BBQ Chicken Wings	Wings (5)	130	155	288	10.15	8.00
000953 Bread stick WG 7" 2oz.	each	260	140	190	27.00	5.00
001202 Garden Salad w/Ranch	each	120	41	115	2.07	0.86
990146 Roasted Corn	1/2 Cup	76	35	38	6.43	0.88
001514 Cucumber and Baby Carrots	1/2 cup	0	0	0	0.00	0.00
001477 Baked Beans	1/2 cup	80	43	114	9.23	1.54
000064 Fresh Apple	apple	40	11	0	2.93	0.06
001476 Banana	each	40	23	0	5.96	0.28
000648 Orange	each	40	7	0	1.74	0.14
000526 Pears, fresh	each	40	15	0	3.89	0.09
000588 Chocolate Milk	each	250	106	96	18.27	7.69

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	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Carb (g)	Protn (g)
000589 White Milk	each	100	38	48	4.62	3.08
Weighted Daily Average			734	1325	93.79	35.61
% of Calories					51.1%	19.4%
Weekly Nutrient Guideline			750 - 850	1420		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.