

This is for high school volleyball only.

We start our 2-a-day practices on August 1, 2019.

They must have a current physical and all UIL paperwork completed in order to participate.

Please contact Coach Thornton if you have any questions or concerns.

August 1, 2019

7:00a - 10:00a - EVERYONE

12:00p-2:00p - Freshman Only

2:00p - 4:00p Upperclassmen

August 2, 2019

6:30a - 9:30a EVERYONE

11:30a-1:30p - Freshman Only

12:30p-2:30p JV only

1:30p-3:30p Varsity only

August 3, 2019

**WE WILL LEAVE THE HS AT 7:00AM FOR OUR
SCRIMMAGE IN GROVETON**