

**2018
Castro Valley High School
Summer Football Camp**



The Castro Valley High School Football Program invites you to sign-up for our summer football camp. Daily camp activities include strength and conditioning work and position specific coaching all with an emphasis on character development and sportsmanship. The key values of a CVHS Trojan Football Player consist of accountability, commitment, discipline, pride, respect, sportsmanship, teamwork, and work ethic. Camp attendees will learn the significance of these values to the CVHS Football Program and the game of football. Attendees will also improve their football abilities by learning valuable skills, techniques and tactics. We look forward to seeing you there. **GO TROJANS!**

What:

Castro Valley High School
Summer Football Camp

Where:

CVHS (Weight Room/Fields)
Possible off site activities (I.E. run to Lake Chabot)

When:

Monday through Thursday
June 18th-July 27th
JV/VAR 6:30-9 AM, FR 9-11 AM
OFF- Week of July 3rd

What to Wear/Bring:

Athletic shorts, t-shirt, athletic shoes, cleats, a mouthpiece, water.

Suggested Donation: \$75.00



**Castro Valley Football
It's a GREAT day to be a Trojan!**

Summer Football Camp

Sign up for:	Price
<input type="checkbox"/> Suggested Donation	\$75.00

Total: _____

**All monies can be paid online through the CVHS finance office. Just visit the CVHS web page at www.cv.k12.ca.us and follow these instructions:

- 1) Click the link for STUDENT WEBSTORE
- 2) Click the link for ATHLETICS
- 3) Select SUMMER FOOTBALL CAMP

Name

Address

Phone

Method of Payment

- Check
 Cash

****Please be sure to include
the name of your child on
all correspondence
including payments****



CVHS Football

Castro Valley High School
Attn: Coach Molzen
19400 Santa Maria Ave.
Castro Valley, CA 94546

E-mail: dmolzen@cv.k12.ca.us

REGISTRATION

1. Complete the attached **REGISTRATION** and **PARENTAL RELEASE FORMS**.
2. Return **BOTH** with the camp donation of **\$75**.
3. Make Checks Payable To:
CVHS SUMMER FOOTBALL CAMP
*Please be sure to include the name of your child on all checks.
4. Send To:
CVHS FOOTBALL
19400 Santa Maria Ave.
Castro Valley, CA 94546
5. Any questions, please contact
Coach Denny Molzen
via email at the following:
dmolzen@cv.k12.ca.us



CVHS SUMMER FOOTBALL CAMP 2018 PARENTAL RELEASE FORM

(Please Print Clearly)

This form must be completed in **FULL** including signature of Parent or Guardian and delivered with registration form. Campers **WILL NOT BE ALLOWED** to participate without the **COMPLETED** Parental Release Form.

I, _____ give
(Parent or Guardian)
permission for _____
(Name of Camper)

to attend and participate in the CVHS Summer Football Camp at Castro Valley High School from June 18th to July 27th.

I authorize the staff of the camp to use their best judgment in allowing my child to receive emergency/medical or surgical treatment if necessary. I understand that every effort will be made to contact me prior to such action.

PLEASE BE ADVISED THAT IT IS IMPERATIVE THAT YOUR CHILD BE IN GOOD HEALTH WHEN ARRIVING AT CAMP. THE DUTIES OF CAMP PERSONNEL CANNOT INCLUDE PROVIDING MEDICAL CARE FOR CAMPERS ARRIVING AT CAMP WITH A PRE-EXISTING CONDITION.

I hereby:

1. Certify that, to the best of my knowledge, the medical information is complete and correct.
2. Agree to assume all risk of personal injury arising from participation in this camp, understanding that this sport does involve the potential for injury.
3. Agree to not hold the staff responsible for any injury sustained during camp participation.
4. Agree not to bring suit against Castro Valley High School, the Castro Valley Unified School District, or its staff for any injury sustained.
5. Agree to allow the staff to use sound judgment in obtaining necessary medical care, at the expense of the parent.
6. Agree to accept any decisions by the camp staff in terminating attendance due to unacceptable behavior.

I, _____ can be reached by phone at:

(DAY) _____

(EVE) _____

Insurance Company: _____

Policy Number: _____

Policy Holder's Name: _____

(Signature of Parent or Guardian)

(Date)

CVHS SUMMER FOOTBALL CAMP 2018 REGISTRATION FORM

(Please Print Clearly)

Name (Last) _____

(First) _____

Address _____

City _____ State _____ Zip _____

Cell Phone _____

Email _____

Year in School (Fall 2018) _____

Restrictions on Participation _____

Mail/Deliver
Release Form, Registration Form, & \$75 Camp
Donation To:

CVHS Football
19400 Santa Maria Ave.
Castro Valley, CA 94546

*The suggested donation can be paid online but the Release Form and Registration Form must be mailed or delivered to the school prior to the start of camp (students may bring on the first day of camp).

Online Instructions:

Just visit the CVHS web page at www.cv.k12.ca.us and follow these instructions:

- 1) Click the link for STUDENT WEBSTORE
- 2) Click the link for ATHLETICS
- 3) Select SUMMER FOOTBALL CAMP